



News Release

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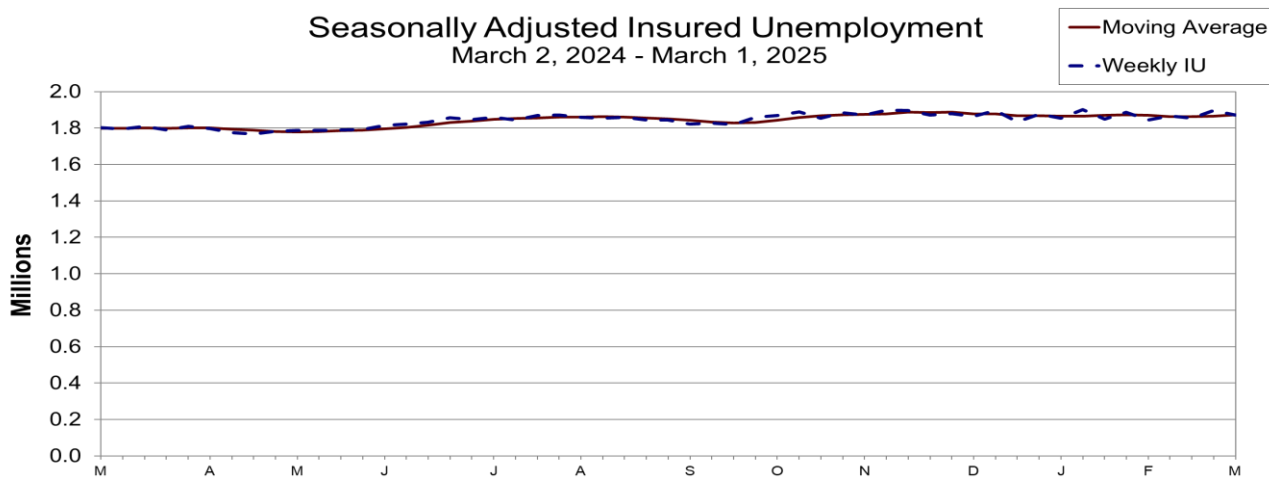
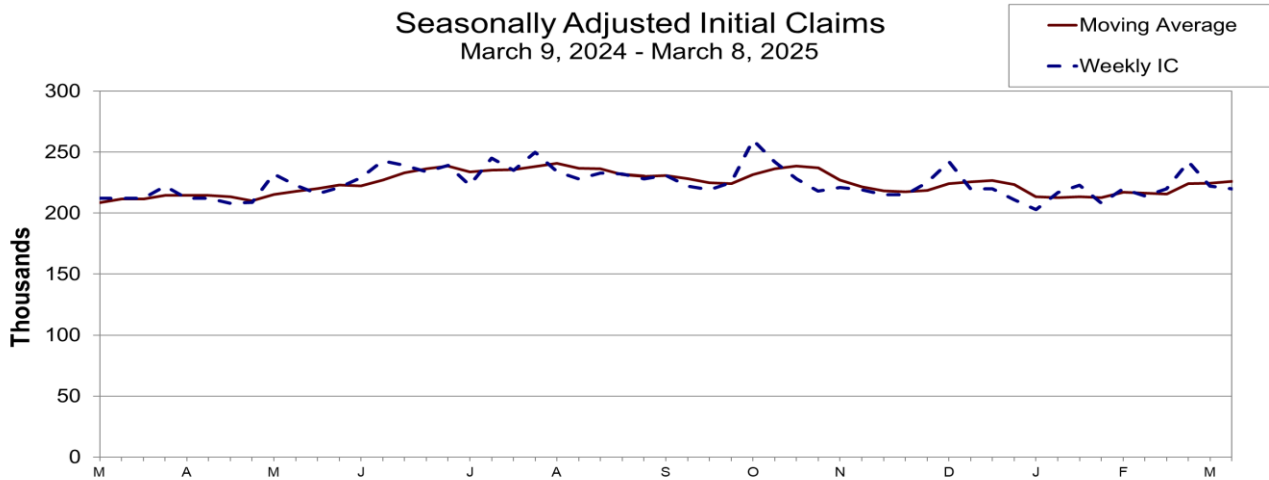
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8:30 A.M. (Eastern) Thursday, March 13, 2025

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending March 8, the advance figure for seasonally adjusted **initial claims** was 220,000, a decrease of 2,000 from the previous week's revised level. The previous week's level was revised up by 1,000 from 221,000 to 222,000. The 4-week moving average was 226,000, an increase of 1,500 from the previous week's revised average. The previous week's average was revised up by 250 from 224,250 to 224,500.

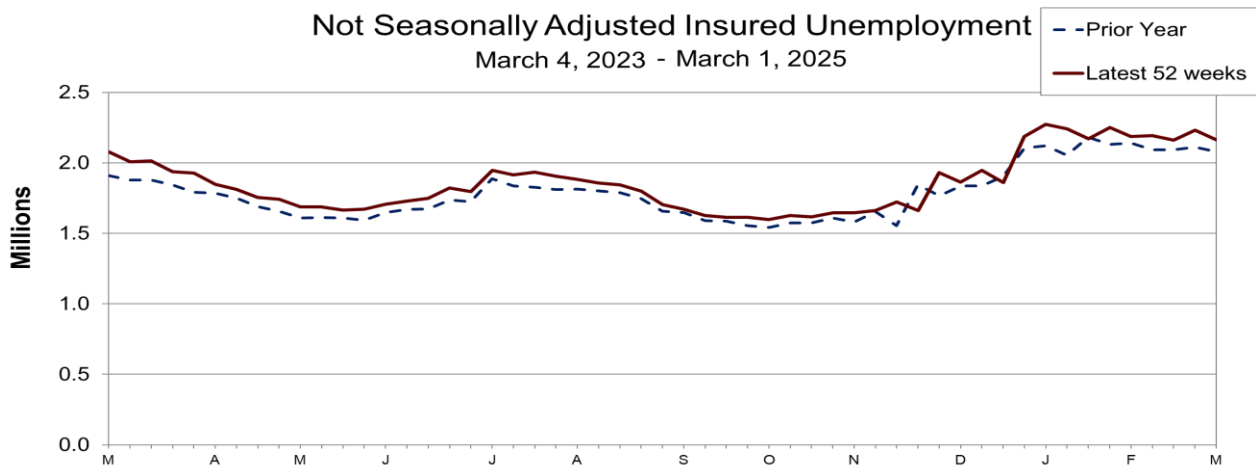
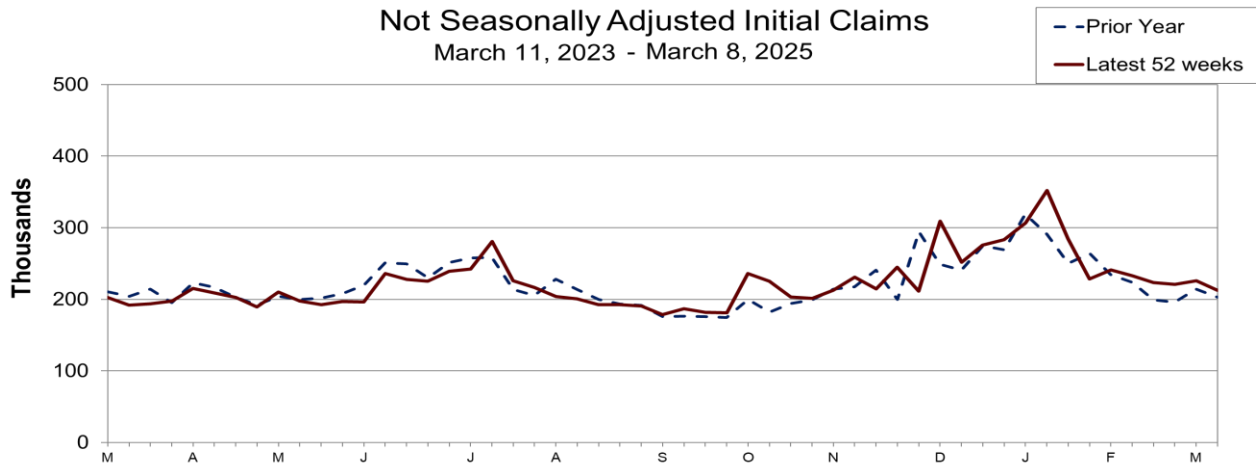
The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending March 1, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending March 1 was 1,870,000, a decrease of 27,000 from the previous week's unrevised level of 1,897,000. The 4-week moving average was 1,872,250, an increase of 6,250 from the previous week's unrevised average of 1,866,000.



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 212,817 in the week ending March 8, a decrease of 13,202 (or -5.8 percent) from the previous week. The seasonal factors had expected a decrease of 10,890 (or -4.8 percent) from the previous week. There were 202,722 initial claims in the comparable week in 2024.

The advance unadjusted insured unemployment rate was 1.4 percent during the week ending March 1, a decrease of 0.1 percentage point from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 2,163,394, a decrease of 67,600 (or -3.0 percent) from the preceding week. The seasonal factors had expected a decrease of 36,045 (or -1.6 percent) from the previous week. A year earlier the rate was 1.4 percent and the volume was 2,078,605.



The total number of continued weeks claimed for benefits in all programs for the week ending February 22 was 2,265,318, an increase of 70,555 from the previous week. There were 2,143,876 weekly claims filed for benefits in all programs in the comparable week in 2024.

No state was triggered "on" the Extended Benefits program during the week ending February 22.

Initial claims for UI benefits filed by former Federal civilian employees totaled 1,580 in the week ending March 1, a decrease of 54 from the prior week. There were 364 initial claims filed by newly discharged veterans, an increase of 52 from the preceding week.

There were 8,215 continued weeks claimed filed by former Federal civilian employees the week ending February 22, an increase of 803 from the previous week. Newly discharged veterans claiming benefits totaled 4,376, an increase of 70 from the prior week.

The highest insured unemployment rates in the week ending February 22 were in Rhode Island (3.4), New Jersey (2.9), Massachusetts (2.6), Minnesota (2.6), California (2.4), Illinois (2.4), Montana (2.4), Washington (2.4), Connecticut (2.1), and New York (2.1).

The largest increases in initial claims for the week ending March 1 were in New York (+15,513), Texas (+1,774), Kentucky (+891), Arkansas (+603), and New Hampshire (+573), while the largest decreases were in Massachusetts (-3,885), Rhode Island (-1,984), Michigan (-1,933), Illinois (-1,051), and Iowa (-982).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	March 8	March 1	Change	February 22	Prior Year¹
Initial Claims (SA)	220,000	222,000	-2,000	242,000	212,000
Initial Claims (NSA)	212,817	226,019	-13,202	220,856	202,722
4-Wk Moving Average (SA)	226,000	224,500	+1,500	224,000	208,750

WEEK ENDING	March 1	February 22	Change	February 15	Prior Year¹
Insured Unemployment (SA)	1,870,000	1,897,000	-27,000	1,855,000	1,803,000
Insured Unemployment (NSA)	2,163,394	2,230,994	-67,600	2,162,487	2,078,605
4-Wk Moving Average (SA)	1,872,250	1,866,000	+6,250	1,863,250	1,797,250
Insured Unemployment Rate (SA) ²	1.2%	1.2%	0.0	1.2%	1.2%
Insured Unemployment Rate (NSA) ²	1.4%	1.5%	-0.1	1.4%	1.4%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	March 1	February 22	Change	Prior Year¹
Federal Employees (UCFE)	1,580	1,634	-54	393
Newly Discharged Veterans (UCX)	364	312	+52	407

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	February 22	February 15	Change	Prior Year¹
Regular State	2,222,132	2,154,630	+67,502	2,105,599
Federal Employees	8,215	7,412	+803	6,869
Newly Discharged Veterans	4,376	4,306	+70	4,298
Extended Benefits ³	122	56	+66	298
State Additional Benefits ⁴	2,851	2,791	+60	2,758
STC / Workshare ⁵	27,622	25,568	+2,054	24,054
TOTAL	2,265,318	2,194,763	+70,555	2,143,876

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 152,086,893 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended March 8			Insured Unemployment For Week Ended March 1		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,790	1,824	-34	7,977	9,010	-1,033
Alaska	700	455	245	5,197	5,277	-80
Arizona	3,528	3,137	391	21,278	22,450	-1,172
Arkansas	1,150	1,473	-323	7,044	8,329	-1,285
California	46,807	42,062	4,745	431,319	431,112	207
Colorado	3,214	3,003	211	34,509	33,771	738
Connecticut	2,987	2,936	51	33,974	35,270	-1,296
Delaware	192	195	-3	6,676	6,636	40
District of Columbia	1,612	1,405	207	11,195	10,264	931
Florida	5,734	5,566	168	29,097	33,348	-4,251
Georgia	4,717	4,775	-58	28,587	30,159	-1,572
Hawaii	952	872	80	5,499	5,404	95
Idaho	1,204	1,269	-65	10,665	11,914	-1,249
Illinois	10,033	10,015	18	138,154	139,781	-1,627
Indiana	2,800	2,963	-163	27,746	26,542	1,204
Iowa	1,686	1,909	-223	22,830	24,701	-1,871
Kansas	1,173	1,490	-317	12,196	15,226	-3,030
Kentucky	2,092	2,914	-822	13,580	13,555	25
Louisiana	1,280	1,404	-124	9,875	11,535	-1,660
Maine	591	616	-25	9,480	9,312	168
Maryland	2,704	2,585	119	26,377	26,453	-76
Massachusetts	5,403	5,371	32	89,181	92,766	-3,585
Michigan	6,502	5,626	876	76,758	80,520	-3,762
Minnesota	3,924	4,349	-425	75,337	73,890	1,447
Mississippi	828	776	52	5,875	6,633	-758
Missouri	2,580	3,486	-906	22,201	27,147	-4,946
Montana	619	680	-61	11,041	11,698	-657
Nebraska	604	1,246	-642	7,647	8,068	-421
Nevada	2,580	2,320	260	24,940	26,338	-1,398
New Hampshire	326	973	-647	4,420	4,264	156
New Jersey	8,935	9,227	-292	121,937	121,290	647
New Mexico	899	853	46	10,783	10,859	-76
New York	15,086	30,051	-14,965	184,696	196,268	-11,572
North Carolina	3,716	3,341	375	25,519	26,851	-1,332
North Dakota	301	332	-31	6,501	6,502	-1
Ohio	5,853	6,549	-696	66,114	68,480	-2,366
Oklahoma	1,211	1,257	-46	9,678	10,347	-669
Oregon	4,601	4,101	500	36,284	34,616	1,668
Pennsylvania	10,763	11,189	-426	113,697	119,694	-5,997
Puerto Rico	963	1,125	-162	13,354	16,433	-3,079
Rhode Island	864	1,006	-142	14,488	16,151	-1,663
South Carolina	1,969	1,929	40	13,866	14,929	-1,063
South Dakota	181	200	-19	3,090	3,220	-130
Tennessee	2,855	2,735	120	17,204	17,516	-312
Texas	17,753	16,315	1,438	139,781	152,580	-12,799
Utah	1,557	1,542	15	14,938	15,394	-456
Vermont	387	671	-284	4,193	3,813	380
Virgin Islands	17	49	-32	272	286	-14
Virginia	3,470	2,881	589	18,975	17,671	1,304
Washington	6,065	5,990	75	88,480	85,449	3,031
West Virginia	804	970	-166	10,152	10,507	-355
Wisconsin	3,926	5,668	-1,742	35,593	37,817	-2,224
Wyoming	329	343	-14	3,144	2,948	196
US Total	212,817	226,019	-13,202	2,163,394	2,230,994	-67,600

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from		Insured Unemployment	Change from		IUR
		Prior Week	4-Week Average		Prior Week	4-Week Average	
March 2, 2024	210	-3	208.50	1,803	9	1,797.25	1.2
March 9, 2024	212	2	208.75	1,795	-8	1,799.25	1.2
March 16, 2024	212	0	211.75	1,810	15	1,800.50	1.2
March 23, 2024	212	0	211.50	1,789	-21	1,799.25	1.2
March 30, 2024	222	10	214.50	1,810	21	1,801.00	1.2
April 6, 2024	212	-10	214.50	1,797	-13	1,801.50	1.2
April 13, 2024	212	0	214.50	1,774	-23	1,792.50	1.2
April 20, 2024	208	-4	213.50	1,768	-6	1,787.25	1.2
April 27, 2024	209	1	210.25	1,781	13	1,780.00	1.2
May 4, 2024	232	23	215.25	1,786	5	1,777.25	1.2
May 11, 2024	223	-9	218.00	1,787	1	1,780.50	1.2
May 18, 2024	216	-7	220.00	1,790	3	1,786.00	1.2
May 25, 2024	221	5	223.00	1,791	1	1,788.50	1.2
June 1, 2024	229	8	222.25	1,813	22	1,795.25	1.2
June 8, 2024	243	14	227.25	1,821	8	1,803.75	1.2
June 15, 2024	239	-4	233.00	1,832	11	1,814.25	1.2
June 22, 2024	234	-5	236.25	1,856	24	1,830.50	1.2
June 29, 2024	239	5	238.75	1,847	-9	1,839.00	1.2
July 6, 2024	223	-16	233.75	1,860	13	1,848.75	1.2
July 13, 2024	245	22	235.25	1,844	-16	1,851.75	1.2
July 20, 2024	235	-10	235.50	1,869	25	1,855.00	1.2
July 27, 2024	250	15	238.25	1,871	2	1,861.00	1.2
August 3, 2024	234	-16	241.00	1,859	-12	1,860.75	1.2
August 10, 2024	228	-6	236.75	1,855	-4	1,863.50	1.2
August 17, 2024	233	5	236.25	1,860	5	1,861.25	1.2
August 24, 2024	232	-1	231.75	1,845	-15	1,854.75	1.2
August 31, 2024	228	-4	230.25	1,843	-2	1,850.75	1.2
September 7, 2024	231	3	231.00	1,821	-22	1,842.25	1.2
September 14, 2024	222	-9	228.25	1,827	6	1,834.00	1.2
September 21, 2024	219	-3	225.00	1,819	-8	1,827.50	1.2
September 28, 2024	225	6	224.25	1,858	39	1,831.25	1.2
October 5, 2024	260	35	231.50	1,869	11	1,843.25	1.2
October 12, 2024	242	-18	236.50	1,888	19	1,858.50	1.2
October 19, 2024	228	-14	238.75	1,853	-35	1,867.00	1.2
October 26, 2024	218	-10	237.00	1,884	31	1,873.50	1.2
November 2, 2024	221	3	227.25	1,872	-12	1,874.25	1.2
November 9, 2024	219	-2	221.50	1,898	26	1,876.75	1.3
November 16, 2024	215	-4	218.25	1,897	-1	1,887.75	1.3
November 23, 2024	215	0	217.50	1,871	-26	1,884.50	1.2
November 30, 2024	225	10	218.50	1,879	8	1,886.25	1.2
December 7, 2024	242	17	224.25	1,864	-15	1,877.75	1.2
December 14, 2024	220	-22	225.50	1,897	33	1,877.75	1.3
December 21, 2024	220	0	226.75	1,834	-63	1,868.50	1.2
December 28, 2024	211	-9	223.25	1,877	43	1,868.00	1.2
January 4, 2025	203	-8	213.50	1,853	-24	1,865.25	1.2
January 11, 2025	217	14	212.75	1,900	47	1,866.00	1.2
January 18, 2025	223	6	213.50	1,850	-50	1,870.00	1.2
January 25, 2025	208	-15	212.75	1,886	36	1,872.25	1.2
February 1, 2025	220	12	217.00	1,845	-41	1,870.25	1.2
February 8, 2025	214	-6	216.25	1,867	22	1,862.00	1.2
February 15, 2025	220	6	215.50	1,855	-12	1,863.25	1.2
February 22, 2025	242	22	224.00	1,897	42	1,866.00	1.2
March 1, 2025	222	-20	224.50	1,870	-27	1,872.25	1.2
March 8, 2025	220	-2	226.00				

STATE NAME	INITIAL CLAIMS FILED DURING WEEK ENDED MARCH 1					INSURED UNEMPLOYMENT FOR WEEK ENDED FEBRUARY 22						
	STATE	CHANGE FROM		UCFE ¹	UCX ¹	STATE	(%) ²	CHANGE FROM		UCFE ¹	UCX ¹	TOTAL INSURED UNEMPLOYMENT
		LAST WEEK	AGO YEAR					LAST WEEK	AGO YEAR			
Alabama	1,824	-11	-127	15	7	9,010	0.4	-148	-141	31	22	9,063
Alaska	455	-93	-300	2	0	5,277	1.7	-376	-452	85	2	5,364
Arizona	3,137	334	-122	5	3	22,450	0.7	-27	103	128	32	22,610
Arkansas	1,473	603	219	0	1	8,329	0.7	958	-1,410	27	7	8,363
California	42,062	-296	-4,698	229	67	431,112	2.4	24,522	2,710	1,436	1,157	433,705
Colorado	3,003	-225	271	5	4	33,771	1.2	-14	1,553	224	141	34,136
Connecticut	2,936	-64	-26	1	1	35,270	2.1	3,302	463	42	33	35,345
Delaware	195	-62	-20	4	2	6,636	1.4	383	516	5	4	6,645
District of Columbia	1,405	-488	853	115	0	10,264	1.8	1,094	4,647	693	4	10,961
Florida	5,566	-347	-233	61	26	33,348	0.4	-35	-2,931	99	72	33,519
Georgia	4,775	-332	66	277	17	30,159	0.6	-144	-307	109	64	30,332
Hawaii	872	-13	-201	4	7	5,404	0.9	-18	-1,776	49	48	5,501
Idaho	1,269	-116	141	9	3	11,914	1.4	-177	1,057	236	6	12,156
Illinois	10,015	-1,051	1,892	6	3	139,781	2.4	4,220	9,977	266	125	140,172
Indiana	2,963	-99	512	9	4	26,542	0.8	-2,366	1,388	26	23	26,591
Iowa	1,909	-982	310	5	0	24,701	1.6	1,300	5,249	17	9	24,727
Kansas	1,490	-258	439	4	1	15,226	1.1	1,244	9,605	14	0	15,240
Kentucky	2,914	891	1,488	3	0	13,555	0.7	-1,861	3,541	37	30	13,622
Louisiana	1,404	-264	-147	13	1	11,535	0.6	145	286	31	11	11,577
Maine	616	-4	0	1	1	9,312	1.5	300	503	34	9	9,355
Maryland	2,585	-199	238	129	3	26,453	1.0	201	1,996	235	85	26,773
Massachusetts	5,371	-3,885	-63	32	14	92,766	2.6	6,908	727	109	80	92,955
Michigan	5,626	-1,933	-317	9	3	80,520	1.9	-794	8,955	166	13	80,699
Minnesota	4,349	-631	675	14	6	73,890	2.6	-125	4,822	101	58	74,049
Mississippi	776	-10	-111	5	0	6,633	0.6	-217	445	36	9	6,678
Missouri	3,486	-229	973	3	2	27,147	1.0	2,333	3,738	58	24	27,229
Montana	680	-178	110	3	1	11,698	2.4	-329	1,756	423	7	12,128
Nebraska	1,246	369	690	5	2	8,068	0.8	99	1,247	9	4	8,081
Nevada	2,320	-155	46	1	4	26,338	1.7	-626	515	125	50	26,513
New Hampshire	973	573	7	8	0	4,264	0.6	117	269	9	0	4,273
New Jersey	9,227	-534	199	42	19	121,290	2.9	-1,075	2,576	227	204	121,721
New Mexico	853	58	110	2	3	10,859	1.3	87	711	118	23	11,000
New York	30,051	15,513	722	43	11	196,268	2.1	16,618	-6,986	225	168	196,661
North Carolina	3,341	50	436	9	3	26,851	0.6	-318	6,253	51	87	26,989
North Dakota	332	-55	74	17	2	6,502	1.6	-38	993	13	0	6,515
Ohio	6,549	-101	900	22	5	68,480	1.3	87	12,072	97	84	68,661
Oklahoma	1,257	33	73	15	5	10,347	0.6	205	642	55	32	10,434
Oregon	4,101	-259	1,301	7	5	34,616	1.8	-902	1,245	557	34	35,207
Pennsylvania	11,189	-696	739	66	12	119,694	2.0	706	2,235	241	129	120,064
Puerto Rico	1,125	70	27	10	1	16,433	1.8	522	526	119	59	16,611
Rhode Island	1,006	-1,984	256	3	0	16,151	3.4	2,079	1,611	30	18	16,199
South Carolina	1,929	-89	146	6	3	14,929	0.7	-144	939	39	39	15,007
South Dakota	200	-19	59	9	2	3,220	0.7	-67	374	41	0	3,261
Tennessee	2,735	-373	-67	2	1	17,516	0.6	-1,641	733	37	35	17,588
Texas	16,315	1,774	1,081	139	82	152,580	1.1	8,492	11,680	373	801	153,754
Utah	1,542	50	307	99	3	15,394	0.9	14	357	278	17	15,689
Vermont	671	256	69	0	0	3,813	1.3	134	175	1	0	3,814
Virgin Islands	49	11	9	0	0	286	0.8	64	-20	2	0	288
Virginia	2,881	408	707	70	5	17,671	0.5	-508	1,844	136	64	17,871
Washington	5,990	141	596	23	16	85,449	2.4	1,358	17,795	564	408	86,421
West Virginia	970	165	90	1	1	10,507	1.6	1,136	1,083	31	19	10,557
Wisconsin	5,668	-19	1,193	15	2	37,817	1.3	1,870	1,269	65	23	37,905
Wyoming	343	-82	2	3	0	2,948	1.1	-41	255	55	3	3,006
Totals	226,019	5,163	11,594	1,580	364	2,230,994	1.5	68,507	117,413	8,215	4,376	2,243,585

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED MARCH 1, 2025

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
NY	+15,513	Layoffs in transportation and warehousing, accommodation and food services, and public administration industries.
TX	+1,774	Layoffs in retail trade and in transportation and warehousing industries.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
MA	-3,885	Fewer layoffs in educational services industry.
RI	-1,984	Fewer layoffs in educational services industry.
MI	-1,933	Fewer layoffs in management of companies and enterprises industry.
IL	-1,051	No comment.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#)
[Weekly Claims Data](#)

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