DEEOIC & Home Health Care

An overview of the FAB review process for HHC decisions

Home Health Care

- Medically appropriate health care services given in the home due to work related illness
 - RN/LPN (a/k/a Skilled Nursing Care)
 - Home Health Aid (HHA), Personal Care Attendant (PCA), Certified Nursing Asst. (CNA)
 - Hospice (In-Home)

Skilled vs. Unskilled

Skilled

- Wound care
- Intravenous drugs/feeding
- Injections
- Serious illness
- Unstable condition
- Vitals

Unskilled

- Bathing/toiletry
- Preparing meals
- Housekeeping
- Monitoring
- Hazard avoidance
- Mobility

REQUESTS FOR CARE

- All requests for HHC require CE preauthorization
 - Requests evaluated on 6-month intervals
- Evaluation for home care
 - Initial Nursing Assessment
 - Face to face examination
 - Letter of Medical Necessity (LMN) from the treating physician

Review of LMN

- Links service needs to effect of accepted work related illness
- 2. Correlation to initial nursing assessment and prior medical evidence
- 3. Type of care required
 - Skilled vs non-skilled
- 4. Medical justification is rationalized for recommended level of care

FREQUENCY & DURATION OF SERVICES

- Prescribing physician has to differentiate frequency and duration of care by appropriate service type for effect of accepted illness. For example:
 - RN/LPN 1 day per week for 8 hours.
 - HHA daily for 12 hours per day.
 - RN/LPN daily, 4 hours per day, and HHA, 12 hours per day.
 - Hospice services, daily.

Development Outcomes

- Development can occur at discretion of CE if evidence supporting care is clearly deficient
 - Services for non-accepted condition
 - Unclear distinction between nursing and personal care assistant.
 - Vague, generalized, or overly broad service descriptions.
- CE seeks clarification from treating physician or Second Opinion Exam

Issuing a Decision

- Authorization at requested level is sent to claimant/AR with cc to provider
- Any decision addressing service at level
 LESS THAN requested requires a letter decision
 - Plan of care assigned weight of medical evidence
 - Effected period of time
 - Right to recommended decision

Recommended Decision

- Communicates specific defect(s) that prevents authorization at the requested level
 - Initial care decisions vs. re-authorization
- Assigns weight of medical evidence to a physician's opinion on appropriate medical services
 - Conflict between treating physician and Second Opinion

Handling Objections

- Same process for review of written record or hearing
- May submit new medical evidence for consideration
- FAB HR/CE analysis
 - Change in weight of medical evidence?
 - Addresses period of time under contention
 - New authorizations are referred to CE

Issues for Discussion

- Template medical reports
- Nursing notes and Plan of Care
- Complex medical situations i.e. agerelated problems + accepted illness
- SECOP/Referee process
- Proper role of provider
- Change of treating physician
- Death of employee
- Emergency care requests