



# Wounded Warrior and Caregiver Resource Guide

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# Introduction

Welcome!

This guide was created as an information resource that consolidates various government and civilian organizations and the types of support services they offer. It supports the Department of Labor Veterans' Employment and Training Service Transition Assistance Program's employment workshop series. The training modules this guide supports can be found at [www.TAPEvents.mil](http://www.TAPEvents.mil).

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***NOTE: The services listed in this guide have been reviewed by the Department of Labor as possible sources of veteran support services.***

***> Inclusion in this guide does not indicate endorsement of services.***

***> Veterans are not charged any fees for the basic services offered by the sites or organizations included in this guide.***

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## Where do I begin?

Presumably, you have come to this guide looking for answers to a specific need and this is a good place to begin. We recommend you start by finding an official government organization that addresses your specific need.

## What resources are available?

The resources listed in this guide are organized into five major categories:

1. Active-Duty Resources and Opportunities
2. Government agencies
3. Non-Profit Organizations
4. Partners who provide services useful to Veterans who are disabled and/or seeking employment
5. Veteran Service Organizations

Each resource listed include a web address and contact information with a description of the services they offer.

**Cover Photo:** Sgt. Alex Woodsmall, a recruiter for the Indiana National Guard, demonstrates how he puts his combat boots on while in uniform at the Shelbyville National Guard Armory, Oct. 6, 2020. Woodsmall has to make sure his boots are the correct type for his prosthetic. He also must watch his sodium intake and what altitude he is at to make sure his prosthetic fits properly. (Photo by National Guard Sgt. Joshua Syberg)

# Active-Duty Resources and Opportunities

## AmeriCorps

- AmeriCorps positions and profiles of Veterans who served in AmeriCorps.  
[www.AmeriCorps.gov/veterans](http://www.AmeriCorps.gov/veterans)

## American Job Center

- **CareerOneStop**, <https://www.careeronestop.org/>
- To find your nearest local office, select the tab **Find Local Help**. Select **American Job Centers**, then search by location.
- Veterans.gov website no longer exists. Use the Veterans' Employment and Training Service (VETS), <https://www.dol.gov/agencies/vets>
- To Search for jobs in your area, select **Find a Job**, select the link, **CareerOneStop: American Job Center Finder**, then search by location.

## Apprenticeships

- Apprenticeship USA Toolkit answers to FAQs about apprenticeships:  
[www.dol.gov/apprenticeship/toolkit/toolkitfaq.htm](http://www.dol.gov/apprenticeship/toolkit/toolkitfaq.htm)
- CareerOneStop apprenticeship finder:  
[www.careeronestop.org/Toolkit/Training/find-certifications.aspx](http://www.careeronestop.org/Toolkit/Training/find-certifications.aspx)
- Department of Labor Employment and Training Administration general information about apprenticeships and access to contact information for regional and local state apprenticeship agencies: [www.apprenticeship.gov/](http://www.apprenticeship.gov/)

## Assessment

- CareerScope®: <https://dol-vets.careerscope.net/assessment>
- O\*NET Interest Profiler: [www.mynextmove.org/explore/ip](http://www.mynextmove.org/explore/ip)

## Career Exploration

- Bureau of Labor Statistics Occupational Outlook Handbook provides occupation descriptions: [www.bls.gov/ooh/](http://www.bls.gov/ooh/)
- O\*NET military-to-civilian occupation translator: [www.onetonline.org/crosswalk/MOC/](http://www.onetonline.org/crosswalk/MOC/)
- My Next Move for Veterans search by keyword, industry, MOS:  
[www.mynextmove.org/vets/](http://www.mynextmove.org/vets/)
- Veteran Readiness and Employment (VR&E):  
[www.va.gov/careers-employment/vocational-rehabilitation/](http://www.va.gov/careers-employment/vocational-rehabilitation/)

## Certification

- The CareerOneStop Certification Finder tool can identify available certifications by keyword or by occupation.

[www.careeronestop.org/Toolkit/Training/find-certifications.aspx](http://www.careeronestop.org/Toolkit/Training/find-certifications.aspx)

### Community College of the Air Force

- [www.airuniversity.af.mil/Barnes/CCAF/](http://www.airuniversity.af.mil/Barnes/CCAF/)

### Credentialing Opportunities On-Line

(for active-duty Service Members by branch of service):

- U.S. Army credentialing opportunities online website  
<https://www.cool.osd.mil/army/index.htm>
- Department of the Navy credentialing opportunities online website  
[www.cool.navy.mil/usn/](http://www.cool.navy.mil/usn/)
- U.S. Marine Corps credentialing opportunities online website  
[www.cool.navy.mil/usmc/](http://www.cool.navy.mil/usmc/)
- U.S. Air Force credentialing opportunities online website  
<https://afvec.us.af.mil/afvec/Public/COOL/>
- Coast Guard credentialing opportunities online website  
<https://www.cool.osd.mil/uscg/>
- Voluntary Education - information related to attending college while still on active duty: [www.dantes.doded.mil](http://www.dantes.doded.mil)
- DoD SkillBridge overview of program requirements and eligibility:  
[www.dodskillbridge.com](http://www.dodskillbridge.com)
- United Services Military Apprenticeship Program (USMAP) information and instructions: <https://usmap.netc.navy.mil/usmapss/static/index.htm>

### Free online classes:

Coursera: [www.coursera.org](http://www.coursera.org)

edX: <http://www.edx.org/>

LinkedIn Learning (free with premium subscription): [www.linkedin.com/learning](http://www.linkedin.com/learning)

### Hire Veterans

- [www.hirevets.gov](http://www.hirevets.gov)
- Employers recognized for hiring veterans.

## Homelessness

Homeless Veterans' Reintegration Program (HVRP) helps Veterans experiencing homelessness gain meaningful employment via services that include job placement, career counseling, workshops, and resume writing assistance: [www.nvtac.org/grantees](http://www.nvtac.org/grantees)

- VA crisis line at 800-273-8255, press 1.
- The United Way's search page: [www.211.org](http://www.211.org)
- The National Coalition for Homeless Veterans' list of community-based organizations: [www.nchv.org/index.php/help/help/locate\\_organization](http://www.nchv.org/index.php/help/help/locate_organization)
- The National Community Action Partnership site. Click on the Find Your CAA link at the top of the page, then click on Community: <https://communityactionpartnership.com>
- Action Agency Directory: <https://communityactionpartnership.com/>
- The Department of Housing and Urban Development Exchange site. Resources for Homeless Veterans and Homeless Veteran Service Providers: [www.hudexchange.info/veterans/](http://www.hudexchange.info/veterans/)
- The Department of Health and Human Services Resources: <https://www.hhs.gov/programs/social-services/homelessness/index.html>
- State and County Veterans Affairs (VA) Offices: [va.gov/](http://va.gov/)

## Internships

- AmeriCorps program descriptions and application for national community service opportunities: [www.nationalservice.gov/programs/ameriCorps](http://www.nationalservice.gov/programs/ameriCorps)
- USAJOBS Pathways for federal government internships: [www.usajobs.gov/StudentsAndGrads](http://www.usajobs.gov/StudentsAndGrads)
- U.S. Chamber of Commerce internship opportunities: [www.uschamber.com/about-us/careers/internship-opportunities](http://www.uschamber.com/about-us/careers/internship-opportunities)

## Job Search Engines

- U.S. Department of Labor online portal for Veterans; Veterans' Employment and Training Service (VETS), <https://www.dol.gov/agencies/vets>
  - Select **Find a Job**. Select the link, **CareerOneStop: American Job Center Finder**, then search by location.
- The National Labor Exchange (NLx) database of job openings in public, private, and nonprofit sector organizations: <https://usnlx.com/>
  - The National Labor Exchange (NLx) Virtual Job Search: <https://virtualjobs.usnlx.com/>
- CareerOneStop, a great resource for career exploration, training and jobs: [www.careeronestop.org/JobSearch/job-search.aspx](http://www.careeronestop.org/JobSearch/job-search.aspx)
- USAJOBS houses most federal job vacancy announcements: [www.usajobs.gov/](http://www.usajobs.gov/)

## Joint Services Transcript (JST)

- Joint Services Transcript information and access: <https://jst.doded.mil/jst/>

## Labor Market Information

- Bureau of Labor Statistics site for comprehensive and up to date LMI; provides deep dive into current economic situation in the United States: [www.bls.gov/](http://www.bls.gov/)
- Bureau of Labor Statistics resources for jobseekers: [www.bls.gov/audience/jobseekers.htm](http://www.bls.gov/audience/jobseekers.htm)
- CareerOneStop links to up-to-date industry trends, career trends, occupation profiles, business finder and job finder tools: [www.careeronestop.org/](http://www.careeronestop.org/)
- O\*NET data on emerging careers; including descriptions, outlook, wages and relevant in-demand technologies: [www.onetonline.org/](http://www.onetonline.org/)

## Licensing

The CareerOneStop License Finder tool can help you determine if an occupation is licensed in a state and provide links to the state agency website for information on requirements and how to apply: [www.careeronestop.org/Toolkit/Training/find-licenses.aspx](http://www.careeronestop.org/Toolkit/Training/find-licenses.aspx)

Transfer of professional licensing information and interstate license recognition can be found at: <https://www.dol.gov/agencies/vets/veterans/military-spouses/license-recognition>

## Small Business Administration

- Resources for Veterans who want to start their own businesses. [www.SBA.gov/bootstobusiness](http://www.SBA.gov/bootstobusiness)

## Technology

- CareerOneStop alphabetical list of “hot” technologies: [www.onetonline.org/search/hot\\_tech/](http://www.onetonline.org/search/hot_tech/)

## Transition Assistance Program (TAP)

- TAP Virtual Curriculum: <https://tapevents.mil/courses>

## Unemployment Resources

The Unemployment Compensation for Ex-servicemembers (UCX) program provides benefits for eligible ex-military personnel: [www.servicelocator.org/OWSLinks.asp](http://www.servicelocator.org/OWSLinks.asp)

Reemployment Services and Eligibility Assessment (RESEA) Program assists Veterans to find training, jobs or services needed to prepare for employment: [rc.workforcegps.org/](http://rc.workforcegps.org/)

## United Services Military Apprenticeship Program (USMAP)

- United Services Military Apprenticeship Program (USMAP) information and instructions: <https://usmap.netc.navy.mil/usmapss/static/index.htm>
- U.S. Department of Labor Employment and Training Administration link for USMAP: [www.apprenticeship.gov/service-members-and-veterans](http://www.apprenticeship.gov/service-members-and-veterans)

## U.S. Department of Veterans Affairs (VA) Benefits and Programs

- Veterans Benefits Administration information about G.I. Bill and Veterans' benefits, including education and training: [www.va.gov/education/](http://www.va.gov/education/)
- Comparison tool for finding estimated benefits by school or program: [www.va.gov/gi-bill-comparison-tool](http://www.va.gov/gi-bill-comparison-tool)
- Summary of GI Bill benefits, eligibility, and links to payment rates: [www.va.gov/education/about-gi-bill-benefits/](http://www.va.gov/education/about-gi-bill-benefits/)
- Explanation of work-study program: [www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/work-study/](http://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/work-study/)
- GI Bill benefits for licensing and certification: [www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/test-fees/](http://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/test-fees/)
- Information about the Yellow Ribbon program. Includes links to see participating schools and current payment rates: [www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/](http://www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/)
- GI Bill benefits for apprenticeships or OJT: [www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/on-the-job-training-apprenticeships/](http://www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/on-the-job-training-apprenticeships/)
- GI Bill information for degree granting institutions: [www.benefits.va.gov/gibill/higher\\_learning.asp](http://www.benefits.va.gov/gibill/higher_learning.asp)
- GI Bill information for vocational/technical training: [www.benefits.va.gov/gibill/non\\_college\\_degree.asp](http://www.benefits.va.gov/gibill/non_college_degree.asp)

## Government Agencies

### Equal Employment Opportunity Commission (EEOC)

- [www.eeoc.gov](http://www.eeoc.gov)

#### ADA Information Line

- 800-669-4000 (Voice) or 800-669-6820 (TTY)

#### EEOC guides and fact sheet links:

- [Understanding Your Employment Rights Under the Americans with Disabilities Act: A Guide for Veterans | U.S. Equal Employment Opportunity Commission \(eeoc.gov\)](http://www.eeoc.gov/laws/guidance/understanding-your-employment-rights-under-americans-disabilities-act-guide-veterans)  
[www.eeoc.gov/laws/guidance/understanding-your-employment-rights-under-americans-disabilities-act-guide-veterans](http://www.eeoc.gov/laws/guidance/understanding-your-employment-rights-under-americans-disabilities-act-guide-veterans)

## Age Discrimination

- <https://www.eeoc.gov/laws/guidance/fact-sheet-age-discrimination>

## Deafness and Hearing Impairments in the Workplace and the Americans with Disabilities Act

- [http://www.eeoc.gov/eeoc/publications/qa\\_deafness.cfm](http://www.eeoc.gov/eeoc/publications/qa_deafness.cfm)
- <https://www.eeoc.gov/laws/guidance/deafness-and-hearing-impairments-workplace-and-americans-disabilities-act>

## Disability Discrimination

- <https://www.eeoc.gov/laws/guidance/fact-sheet-disability-discrimination>

## National Origin Discrimination

- <https://www.eeoc.gov/laws/guidance/fact-sheet-national-origin-discrimination>

## Religious Discrimination

- <https://www.eeoc.gov/laws/guidance/fact-sheet-religious-discrimination>

## Job Accommodation Network (JAN)

- <https://askjan.org/>
- 800-526-7234 (Voice) or 877-781-9403 (TTY)
- Accommodation and Compliance Series by Disability  
<https://askjan.org/publications/index.cfm>  
Topics include Dos and Don'ts of Disclosure, Disability Statistics, Federal Employment, Job Coaches and Job Seeking, Veterans and Service Members.
- ADA Library <https://askjan.org/ADA-Library.cfm>  
Various links describing the Americans with Disabilities Act (ADA) of 2008.
- Rehabilitation Act of 1973 (Rehabilitation Act)  
<https://askjan.org/topics/Rehabilitation-Act.cfm>
- Workplace Accommodations or The Americans with Disabilities Act (ADA) and related legislation. For Employees, job seekers, and entrepreneurs. Download the 10-page Employees' Practical Guide to Requesting and Negotiating Reasonable Accommodation Under the Americans with Disabilities Act:  
[https://askjan.org/publications/individuals/employee-guide.cfm?csSearch=3393793\\_1](https://askjan.org/publications/individuals/employee-guide.cfm?csSearch=3393793_1).

## Internal Revenue Service (IRS)

- <https://www.irs.gov/>

### **Architectural and Transportation Barrier Removal Deduction**

- <https://www.irs.gov/businesses/small-businesses-self-employed/tax-benefits-for-businesses-who-have-employees-with-disabilities#:~:text=The%20Architectural%20Barrier%20Removal%20Tax,that%20normally%20must%20be%20capitalized>

### **Disabled Access Credit (DAC)**

- <https://www.irs.gov/businesses/small-businesses-self-employed/tax-benefits-for-businesses-who-have-employees-with-disabilities#:~:text=The%20Disabled%20Access%20Credit%20provides,access%20to%20persons%20with%20disabilities>

### **Work Opportunity Tax Credit (WOTC) program**

- <https://www.irs.gov/businesses/small-businesses-self-employed/work-opportunity-tax-credit>

### **National Institute for Occupational Safety and Health (NIOSH)**

- <https://www.cdc.gov/niosh/index.htm>

### **National Labor Relations Board**

- <https://www.nlrb.gov/>

### **National Resource Directory (NRD)**

- <https://nrd.gov/>

### **Occupational Safety and Health Administration (OSHA)**

- <https://www.osha.gov/>

### **Office of Federal Contract Compliance Programs (OFCCP)**

- <https://www.dol.gov/agencies/ofccp>
- Section 503 Regulations FAQ <https://www.dol.gov/agencies/ofccp/faqs/section-503>
- Vietnam Era Veterans' Readjustment Assistance Act (VEVRAA) <https://www.dol.gov/agencies/ofccp/vevraa>

### **State and local healthcare and mental health services**

Search by State, County and then City. Usually, you can locate a new residents guide which will identify local industry for employment, hospitals/healthcare, etc.

<http://www.statelocalgov.net/>

## **U.S. AbilityOne Commission**

- <https://www.abilityone.gov>
- 703-603-2100
- [info@abilityone.gov](mailto:info@abilityone.gov)

Provides referrals to other organizations, supportive programs, and resources to qualifying veterans or other individuals who are blind or have a significant disability.

More than 42,000 AbilityOne employees, including more than 3,200 veterans, work at more than 1,000 locations nationwide to manufacture and deliver almost \$4 billion products and services to the Federal Government.

## **U.S. Department of Labor (DoL)**

- <https://www.dol.gov/>

### **Bureau of Labor Statistics (BLS)**

- <https://www.bls.gov/ors>

The BLS Occupational Requirements Survey (ORS) provides job-related information regarding physical demands; environmental conditions; education, training, and experience; as well as cognitive and mental requirements for jobs in the U.S. economy.

### **Civil Rights Center (CRS)**

- <https://www.dol.gov/agencies/oasam/centers-offices/civil-rights-center>

### **Employee Rights**

- <https://www.dol.gov/general/topic/disability/employeerights>

### **Transition Assistance Program**

- <https://www.dol.gov/agencies/vets/programs/tap>

### **Veterans' Employment & Training Service**

- <https://www.dol.gov/agencies/vets>

### **Wage and Hour Division**

- <https://www.dol.gov/agencies/whd>

### **Family and Medical Leave Act (FMLA)**

- <https://www.dol.gov/agencies/whd/fmla>
- Workers' Compensation  
<https://www.dol.gov/general/topic/workcomp>

## **U.S. Department of Labor's Office of Disability Employment Policy (ODEP)**

- <https://www.dol.gov/agencies/odep>

## U.S. Equal Employment Opportunity Commission (EEOC)

- <https://www.eeoc.gov/>
  - 800-669-4000
  - 800-669-6820 (TTY, Deaf/Hard of Hearing callers)
  - 844-234-5122 (ASL Video Phone)

### EEOC Fact Sheets:

#### DISABILITY DISCRIMINATION

- <https://www.eeoc.gov/laws/guidance/fact-sheet-disability-discrimination>

#### SECTION 504 OF THE REHABILITATION ACT, TITLE I OF THE AMERICANS WITH DISABILITIES ACT (ADA)

- <https://www.eeoc.gov/laws/guidance/fact-sheet-disability-discrimination>
- [Employer-Provided Leave and the Americans with Disabilities Act](#)
- [Recruiting, Hiring, Retaining, and Promoting People with Disabilities: A Resource Guide for Employers](#)
- [Pandemic Preparedness in the Workplace and the Americans with Disabilities Act](#)
- [Your Employment Rights as an Individual with a Disability](#)
- [Understanding Your Employment Rights Under the ADA: A Guide for Veterans](#)
- [Obtaining and Using Employee Medical Information as Part of Emergency Evacuation Procedures](#)
- [Employer Best Practices for Workers with Caregiving Responsibilities](#)

#### VETERANS WITH DISABILITIES

- [EEOC Efforts for Veterans with Disabilities](#)
- [Understanding Your Employment Rights Under the Americans with Disabilities Act: A Guide for Veterans](#)
- [Veterans and the Americans with Disabilities Act: A Guide for Employers](#)
- [Hiring Veterans with Disabilities in the Federal Government](#)
- [Tips for Applicants with Disabilities Applying for Federal Jobs](#)

#### THE QUESTIONS AND ANSWERS SERIES

- [Deafness and Hearing Impairments in the Workplace and the Americans with Disabilities Act](#)
- [Blindness and Vision Impairments in the Workplace and the ADA](#)
- [Diabetes in the Workplace and the ADA](#)
- [Epilepsy in the Workplace and the ADA](#)
- [Persons with Intellectual Disabilities in the Workplace and the ADA](#)
- [Cancer in the Workplace and the ADA](#)

## MEDIATION AND THE ADA

- [Questions and Answers for Mediation Providers: Mediation and the Americans with Disabilities Act \(ADA\)](#)
- [Questions and Answers for Parties to Mediation: Mediation and the Americans with Disabilities Act \(ADA\)](#)

## U.S. Department of Veterans Affairs (VA)

- <https://www.va.gov/>

### Directory of Veterans Service Organizations (VSO)

- <https://www.va.gov/vso/>

### Service-Disabled Veterans Insurance (S-DVI)

- <http://benefits.va.gov/insurance/s-dvi.asp>

### VA Health Administration, Veterans Affairs

- <http://www.va.gov/health/default.asp>

### VA Vet Center

- 877-WAR-VETS or 877-927-8387
- <http://www.vetcenter.va.gov/>

### Veterans' Employment & Training Service

- <https://www.dol.gov/agencies/vets>

### Uniformed Services Employment & Reemployment Rights Act-(USERRA)

- <https://www.dol.gov/agencies/vets/programs/userra>

### General Overview of USERRA, Job Rights for Veterans and Reserve Component Members

- [https://www.dol.gov/agencies/vets/programs/userra/userra\\_fs](https://www.dol.gov/agencies/vets/programs/userra/userra_fs)

### Specific USERRA Issues

- [https://webapps.dol.gov/elaws/vets/userra/empent\\_2.asp](https://webapps.dol.gov/elaws/vets/userra/empent_2.asp)

Link to the USERRA Advisor, where you will be asked a series of questions.

Does not link to fact sheets or informational pages.

Topics covered include:

- Being released to perform service
- Advance notice of service
- Frequency and duration of leave
- Type of leave
- Health Benefits
- Reemployment after service
- Prompt reemployment
- Reemployment position
- Disabled during service

## **USAJOBS**

- <https://www.usajobs.gov/>

Offers legal and regulatory guidance for the following:

- Financial Suitability  
<https://www.usajobs.gov/Help/working-in-government/fair-and-transparent/financial-suitability/>
- New Employee or Supervisor Probationary Period  
<https://www.usajobs.gov/Help/working-in-government/fair-and-transparent/probationary-period/>

## **Veteran Readiness and Employment (VR&E)**

Formerly known as VA Vocational Rehabilitation and Employment

<http://www.vba.va.gov/bln/vre/index.htm>

## **Workforce Innovation and Opportunity Act (WIOA)**

Section 188 Nondiscrimination and Equal Opportunity Regulations

<https://www.dol.gov/agencies/oasam/centers-offices/civil-rights-center/statutes/section-188-workforce-innovation-opportunity-act/guide>

## **Non-Profits**

There is no single, comprehensive directory for locating non-profit or private organizations.

Non-profit organizations are created for charitable purposes and do not operate primarily to make a profit. Instead, the organization's mission focuses on furthering a social cause or a shared goal or mission, such as supporting veterans and/or caregivers or transition and career services.

Many common non-profit organizations are also listed in the NRD at [www.NRD.gov](http://www.NRD.gov)

## **Elizabeth Dole Foundation**

- <https://www.elizabethdolefoundation.org/>

Founded by Senator Elizabeth Dole in 2012, the Foundation adopts a comprehensive approach in its advocacy, working with leaders in the public, private, nonprofit and faith communities to recognize military caregivers' service and promote their well-being.

The foundation defines caregivers as any family member or spouse or friend, who provides care to a wounded pre- or post-9/11 veteran. The disability does not have to be service-connected and can include diseases such as diabetes or cancer.

## **Employer Assistance and Resource Network on Disability Inclusion (EARN)**

EARN offers information and resources to help employers recruit, hire, retain and advance people with disabilities. <https://askearn.org/>

### **SECTION 501 OF THE REHABILITATION ACT**

- <https://askearn.org/topics/federal-state-government-employment/federal-government-employment/section-501/>

## **Goodwill**

- <https://www.goodwill.org/category/blog/career-and-financial-advice/>

The target population is Active-Duty National Guard and Reservists and their family members (caregiver, spouse, dependent child). Veterans can have a SCD (service-connected disability), self-identify as having a disability, or provide medical documentation. The service member cannot have a dishonorable discharge.

Job and Career Advice articles include:

- Disabilities and the Job Interview
- Finding a Job with a Disability: Explaining Workplace Accommodation Needs
- How to Effectively Highlight Your Job Experience
- How to Explain Gaps in Employment
- Top 3 Challenges for Veterans Transitioning to the Corporate World

## **National Resource Directory (NRD)**

- <https://nrd.gov/>

NRD is a resource website that connects wounded warriors, Service Members, Veterans, their families, and caregivers to programs and services that support them. The NRD provides access to services and resources at the national, state, and local levels to support recovery, rehabilitation, and community reintegration.

Search by city or state, or select a category:

- American Red Cross
- Benefits
- Education & Training
- Employment
- Homeless Assistance
- Portfolio of Veterans Benefits (PVB)

## NSITE

- [NSITE.org](http://NSITE.org)
- 703-789-3035. 3000 Potomac Avenue, Alexandria, VA 22305
- Billy Parker, Director Business Development - [bparker@nsite.org](mailto:bparker@nsite.org)

Focus on individuals who are legally blind, disabled veterans and veterans. Offers employment services (job and career advice), assistance with obtaining reasonable accommodations, and skills development.

NSITE works with employers to identify potential candidates who are blind, visually impaired, and/or veterans. NSITE assists with accessibility needs, onboarding, and training, then prepares both parties for job placement. Also offers ongoing support to accommodate changes in accessible technology and employer requirements.

## SourceAmerica

- [www.SourceAmerica.org](http://www.SourceAmerica.org)
- 888-411-8424. 8401 Old Courthouse Rd, Vienna, VA 22182.
- [customerservice@sourceamerica.org](mailto:customerservice@sourceamerica.org)

Established in 1974, SourceAmerica supports the employment of workers with disabilities, including veterans with disabilities, but also provides employment opportunities for all people, including veterans and their spouses and families. There are no membership requirements or fees to access these services.

SourceAmerica currently partners with more than 400 AbilityOne nonprofit agencies that employ nearly 40,000 workers with disabilities to produce goods and services through federal and commercial contracts.

## Social Media

- Build and engage with a professional network. Access knowledge, insights, and opportunities: [www.linkedin.com](http://www.linkedin.com)
- Access tutorials on how to use LinkedIn and other social media platforms: <https://www.linkedin.com/learning/>
- Stay connected with friends, family, and community: [www.facebook.com](http://www.facebook.com)
- Online news and social networking service on which users post and interact with others: [www.twitter.com](http://www.twitter.com)

## Partners

Partners are organizations that provide services potentially useful to veterans and recognize and support veterans. They are commercial enterprises that use various methods to produce a profit. The methods they use can include selling advertising,

charging membership fees, selling services and feature upgrades, or receiving commissions for placements or data they gather, etc.

Many of these organizations use these profit-making mechanisms to pay for the services they provide to veterans for no charge, but it is prudent to remember that there are some organizations that will try to charge you fees for the services they offer.

## **LinkedIn**

<https://www.linkedin.com>

Founded in 2003, LinkedIn connects the world's professionals to make them more productive and successful. With more than 756 million members worldwide, including executives from every Fortune 500 company, LinkedIn is the world's largest professional network.

Course offerings on LinkedIn, through LinkedIn Learning, as mentioned in the course

### **DIGITAL ACCESSIBILITY FOR THE MODERN WORKPLACE**

Common disabilities.

Hector Minto, Microsoft Accessibility Team

2.35 minutes (full course is 50 minutes)

### **NEGOTIATING WITH AGILITY**

Determine your negotiation profile.

Michael Wheeler, Harvard Business School Professor, Author

3.46 m (full course is 1 h, 7 m)

### **BEING YOUR OWN FIERCE SELF-ADVOCATE**

Developing a self-advocacy mindset.

Selena Rezvani (she/her), Leadership Author, Speaker, and Consultant

3.22 m (full course is 1 h, 1 m)

### **MANAGING ANXIETY IN THE WORKPLACE**

Interacting with colleagues when you have an anxiety disorder.

Dr. Srin Pillay, Author, Psychiatrist, Executive Coach, Brain Researcher

### **RECRUITING VETERANS**

Lida Citroën, International Branding Specialist

43 minutes

### **HIRING, MANAGING, AND SEPARATING FROM EMPLOYEES**

The American with Disabilities Act (ADA).

4.34 minutes (full course 1 hour, 40 minutes),

Don Phin, Speaker, Trainer, Coach, and Author

## TRANSLATING YOUR MILITARY SKILLS TO CIVILIAN WORKPLACE

47 minutes

Lida Citroën, International Branding Specialist

## WOMEN HELPING WOMEN SUCCEED IN THE WORKPLACE

Big Think is one of the largest short-form video providers of soft skills knowledge.

24 minutes

Sallie Krawcheck

## Military.com

<https://www.military.com/>

Military.com is a news and resource website for military members, veterans and their families. They provide daily defense news, benefits information, veteran employment resources, spouse and family resources and tools to support to audience throughout the life cycle of their military service and post-service life.

In 2004, Military.com joined forces with Monster Worldwide. Monster, in turn is owned by Randstad North America, a subsidiary of Randstad N.V., a global provider of flexible work and human resources services.

## RecruitMilitary

- <https://recruitmilitary.com/>
- 800-226-0841

RecruitMilitary is a wholly-owned subsidiary of Bradley-Morris, Inc. (BMI), the largest military-focused recruiting company in the U.S. Together, BMI and RecruitMilitary offer employers access to more than one million military job seekers via services that include contingency recruiting, military job fairs, a job board, employer branding, a military base publication, and more.

Services are free of charge to veterans and their spouses during their job search. They host the nation's largest single-source veteran database with over one million members and publish the nation's second-largest veteran hiring publication, **SEARCH & EMPLOY®** magazine.

## Veteran Service Organizations

A Veteran Service Organization (VSO) is an agency which helps service members with disability claims, benefits and entitlements, political work or lobbying, career assistance, employment training, or referrals to qualified counselors. While VSOs may work with VA or other government agencies, they are usually private organizations and often specialize in a specific area.

The VA has a 75-page directory of VSOs at its' official site, <https://www.va.gov/vso/>, which includes both chartered and non-chartered groups alike. A chartered VSO means they are federally chartered and/or recognized or approved by the VA Secretary for purposes of preparation, presentation, and prosecution of claims under laws administered by VA.

## **ADA National Network**

- [www.adata.org](http://www.adata.org)
- 800-949-4232

## **American Legion**

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*Congressionally chartered VSO recognized by Veterans Affairs.*

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<https://www.legion.org/>

- Type: Nonpartisan, not-for-profit organization.
- Focus: Involvement in the legislation process.
- Eligibility: All veterans are eligible for services (honorably discharged or are still serving). No time-limit or restriction.
- Services for Spouses or Caregivers: Managed through auxiliary supports.

## **Computer/Electronic Accommodations Program (CAP)**

- <https://www.cap.mil/>
- Provides free equipment to active-duty Service members. You should start the application while still a service member. CAP also works with employers and assist companies with completing tax forms with these expenses.
- Hours: 8:00 am - 4:30 pm ET by phone at:
- 833-227-3272 or 703-614-8416 or 571-384-5629 (VP)
- Quarterly Newsletters: <https://www.cap.mil/newsevents/marketing/newsletters.aspx>

## **Disabled American Veterans (DAV)**

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*Congressionally chartered VSO recognized by Veterans Affairs.*

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- <https://www.dav.org/>
- Type: Nonprofit charity. Partnered with RecruitMilitary.
- Focus: Direct engagement between the company and the service member.
- Eligibility: Service-disabled veterans and their families. Membership not required. No limitations on use of services.
- Services for Spouses or Caregivers: Yes.

## Paralyzed Veterans of America (PVA)

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*Congressionally chartered VSO recognized by Veterans Affairs.*

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- <https://pva.org/>
- Type: Advocacy and policy.
  - Advocacy – social security, accessible housing, transportation, etc.
  - Policy – Workforce Innovation and Opportunity Act (WIOA) and rehabilitation services program with state agencies.
- Focus: Employment services including resume writing, interviewing skills, etc.
  - Assess veteran to determine their desire or need for employment, education, or volunteer experience.
  - First on the disabled veteran, then the spouse.
- Eligibility:
  - Veterans Career Program that provides lifetime service
  - Services for Spouses or Caregivers: Yes.

## Wounded Warrior Project

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*Congressionally chartered VSO recognized by Veterans Affairs.*

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- <https://www.woundedwarriorproject.org/>
- 888-997-2586 or 904-405-1213
- Wounded Warrior Project Headquarters, 4899 Belfort Rd. Jacksonville, FL 32256

Providing a wide array of support and services to Veterans and service members who incurred a physical or mental injury, illness, or wound while serving in the military on or after September 11, 2001. Services include:

- Caregiver Support
- Disability claims, benefits, and entitlements
- Employment Services (job and career advice) and Employment Placement
- Employment Rights/ Advocacy
- Entrepreneurship
- Financial Education and Emergency Financial Assistance
- Referrals to other organizations, supportive programs, and resources
- Support recovery, rehabilitation, and community reintegration

All services offered free of charge to qualified Veterans.