

CAREER AND CREDENTIAL EXPLORATION WORKSHEET

Putting the Pieces Together

Section 3: Career Self-Assessments - CareerScope®

What are your 3 highest Interest Areas in CareerScope®?	
1.	
2.	
3.	

(Refer to your answers on PG page 39.)

What are your 3 highest Aptitude Areas in CareerScope®?	
1.	
2.	
3.	

(Refer to your answers on PG page 42.)

What are 3 Work Groups that match your Interests and Aptitude Areas in CareerScope®?	
1.	
2.	
3.	

(Refer to your answers on PG page 45.)

What are 3 careers of interest that you found in your Assessment Profile?	
1.	
2.	
3.	

(Refer to your answers on PG page 52.)

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Section 3: Career Self-Assessments – O*NET® Interest Profiler

What are your RIASEC scores?	
Category	Score
Realistic	
Investigative	
Artistic	
Social	
Enterprising	
Conventional	

(Refer to answers on PG page 57.)

What are your top three Holland Code Personality Types? This is your dominant RIASEC Code.

What 3 careers from O*NET® Interest Profiler match interests you want to explore?	
1.	
2.	
3.	

(Refer to answers on PG page 63.)

Section 3: Career Self-Assessments – CareerOneStop Work Values

What are your 2 highest work values?	
1.	
2.	

(Refer to answers on PG page 68.)

What are 3 careers that match your values that you would like to explore?	
1.	
2.	
3.	

(Refer to answers on PG page 74.)

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Section 3: Career Self-Assessments – Your potential careers suggested by CareerScope® Activity 3.6, CareerOneStop Activity 3.14, and O*NET® Activity 3.10.

CareerScope® Potential Careers (Page 52)

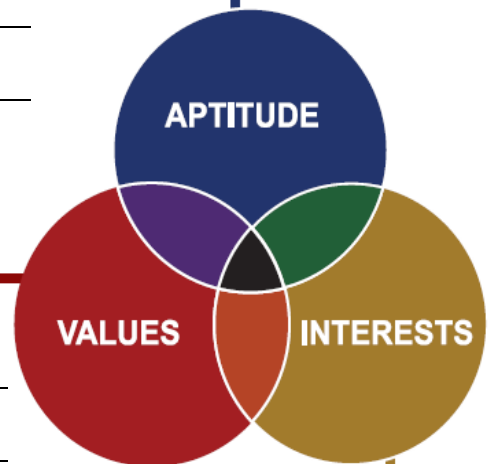
1. _____
2. _____
3. _____

CareerOneStop Potential Careers (Page 74)

1. _____
2. _____
3. _____

O*NET® Potential Careers (Page 63)

1. _____
2. _____
3. _____



(Refer to answers on PG page 75 and/or pages 52, 63, and 74.)

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Section 4: Labor Market Research – O*NET® OnLine

LABOR MARKET RESEARCH Research the labor market for each of your three occupations. Then, select your career goal.			
Job Title	1.	2.	3.
Salary Median			
Salary Range			
Employment			
Projected Growth			
Projected Job Openings			
Education to Get Started			
Interests			
Work Values			
Related Occupations (Bright Outlook)			
Career Goal			

(Refer to answers on PG page 82.)

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Section 4: Labor Market Research – American Job Center (AJC) Information

Hours:

Location:

Contact Information:

(Refer to answers on PG page 87.)

Section 4: Labor Market Research – Informational Interviews

Who would you call? List three possible contacts or if you don't have a name, then list the industry or occupation.

1.	
2.	
3.	

What questions would you ask? Refer to the Eight Questions to Ask table and list the number of which question you would like to ask or write down a new question.

1.	
2.	
3.	

(Refer to answers on PG page 94.)

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Section 5: Exploring Career Credentials and Training Opportunities – Qualifications and Requirements for Credentials

Position:	
Certification(s):	
License(s):	
Degree(s):	
Certificate(s):	
Status Check: Am I ready to apply for the job?	
Status Check: Do I still require training or experience before applying for the job?	

(Refer to answers on PG page 121.)

CAREER AND CREDENTIAL EXPLORATION WORKSHEET

Program Comparison Chart

Section 5: Exploring Career Credentials and Training Opportunities – Study and Learn Program Comparison

Study and Learn Program Details*	Program 1 Information	Program 2 Information
School/Program Name		
Desired Credential		
Accreditation		
Length of Program		
Location		
Program Format		
Application Requirements or Prerequisites		
Application Deadline		
Anticipated Program Start Date and End Date		
Registration Date		
Transfer Credit Policy, If Applicable		
Immunization/Vaccine Requirements		
Required Documentation		

*Not all details are relevant to all programs.
(Refer to answers on PG pages 158-161.)

CAREER AND CREDENTIAL EXPLORATION WORKSHEET

Program Comparison Chart

Section 5: Exploring Career Credentials and Training Opportunities – Study and Learn Program Comparison Continued

Study and Learn Program Details*	Program 1 Information	Program 2 Information
VA Approved		
Estimated Funding: • GI Bill Monthly Housing Allowance		
• GI Bill Books/Supplies Allowance		
• Wages/OJT		
Estimated Expenses: • Tuition		
• Housing		
• Books/Supplies		
Point of Contact (POC):		
• Phone:		
• Email:		
• Website:		
Notes:		

*Not all details are relevant to all programs.
(Refer to answers on PG pages 158-161.)

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Program Comparison Chart

Section 5: Exploring Career Credentials and Training Opportunities – Earn and Learn Program Comparison

Earn and Learn Program Details*	Program 1 Information	Program 2 Information
Job/Program Name		
Job Posted Date		
Desired Credential		
DOL Registered Apprenticeship (RA) Program Y/N?		
Length of Program/ Training		
Location		
Onsite, Remote, or Hybrid		
Requirements or Qualifications		
Application Deadline		
Job Start Date		
Number of Positions Available		
Advanced Standing for Military Experience Apply to this Apprenticeship?		

*Not all details are relevant to all programs.
(Refer to answers on PG pages 158-161.)

CAREER AND CREDENTIAL EXPLORATION WORKSHEET

Program Comparison Chart

Section 5: Exploring Career Credentials and Training Opportunities – Earn and Learn Program Comparison Continued

Earn and Learn Program Details*	Program 1 Information	Program 2 Information
Security Clearance/ Background Check/ Drug Test		
Required Documentation		
Job Summary		
Job Responsibilities		
VA Approved		
Estimated Funding: • GI Bill Monthly Housing Allowance		
• GI Bill Books/Supplies Allowance		
• Wages/OJT		
• Housing		
Point of Contact (POC):		
• Phone:		
• Email:		
• Website:		
Notes:		

*Not all details are relevant to all programs.
(Refer to answers on PG pages 158-161.)

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Career Action Plan

Section 7: Taking Your Next Steps – SMART Goal

SMART Goal	
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(Refer to answers on PG page 199.)

Section 7: Taking Your Next Steps – Action Plan

CAREER OF CHOICE:	
	GOALS
Short-range Goal (<1 year)	
Medium-range Goal (1-5 years)	
Long-range Goal (>5 years)	
	SKILLS AND CREDENTIALS
Current	
Desired/Required	
	TRAINING PROGRAM
Training Program	
(Length/Dates)	
	COST AND FUNDING
Estimated Program Costs	
Potential Funding	
Other Notes	

(Refer to answers on PG pages 202-204.)

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Career Action Plan Continued

	ACTION ITEMS
Whom do I need to call, write, or visit?	
What do I need more information about? What am I unclear about?	
What specific questions do I need to ask to get clarifications?	
What things must I do next?	
Other	

(Refer to answers on PG page 205.)