

Esther S. Ajarapu, M.B.A, M.D/J J Medical Services PLLC



CURRICULUM VITAE

Licensure:

Board Certified in Family Medicine: 2010-2020

Licensed in Virginia-----VA

Licensed in West Virginia-----WV

Licensed in Kentucky-----KY

Licensed in Tennessee-----TN

DEA License to prescribe schedule 2, 2N, 3, 3N, 4, 5 as well as to prescribe suboxone and Subutex. ---current and active expires in 6-30-2021

Board Certified in Family Medicine -2010 to Present

Certifications/CME

NIOSH Spirometry Certification: John Hopkins Education Research Center March 2015-2020

Continuing Medical Education: Pneumoconiosis, occupational lung disease, COPD, NIOSH spirometry, placement of chest tubes, paracentesis, thoracentesis, teaching as adjunct clinical professor.

Lab Director Course: Moderate Complexity Lab Director Course completed February 01, 2017. Appalachia, VA

ACLS certified exp. 5/2023

Procedures and scope of past and present practice

Insertion of arterial lines for the purpose of stress testing for department of labor exams

Incision and drainage of small and large lesions – office based

Suturing of lacerations and removal of sutures and staples from surgical sites.

Performed-- Removal of skin tags

Performed--I/D of large and small lesions
Performed--Core biopsies of lesions
Trained in chest tube placements, paracentesis and thoracentesis
Performed---Major joint aspirations and Steroid injections and trigger point injections performed over several thousands in the past 5 years.
Evaluation of Spirometry and Diffusion Capacity testing.

Work Experience:

Ballad Health Internal Medicine/Family Medicine Medical Associates, 111 W. Stone Drive, Suite 200, Kingsport, TN: Start date: January 20, 2020 to current.
Specialty: Primary Care/Geriatric practice.

Ballad Health Bristol Regional Hospital, 1 Medical Park Blvd, Bristol, TN.
Hospitalist (PRN): July 1, 2019 to Present.

Pulmonary evaluations/413 B examinations for Department of Labor: June 2018 to current. Boone Memorial Hospital, Madison, WV.

Pulmonary evaluations/413 B examinations for Department of labor -May 2013 to June 2019. Stone Mountain Health Services, Saint Charles, VA and Appalachia, VA

Lab Director – Moderate complexity lab – April 2018 to October 2018. CLIA, COLA lab certified.

Primary Care physician: November 2009 to March 2018- Stone Mountain Health Services, multiple locations, most recent location was at Appalachia, VA.

Supervision of Midlevel Providers: January 2010 to 3/2017---Appalachia, VA

Black Lung Screening physicals: January 2010 through August 2013, Stone Mountain Health Services, Saint Charles, VA.

Adjunct Clinical Professor at LMU: January 2010 to October 2018, Appalachia, VA.

Medical Director of Black Lung Program: Overseeing clinical aspects of St. Charles, Appalachia and Vansant black lung clinics. January 01, 2016 to December 31, 2017.

E. S. Ajarapu, M.D
CV continued

**Inpatient Hospital Care: January 2011-July 2011-Lee Regional Medical Center,
Pennington Gap, VA.**

Presentations:

- Presenter: topic: **Primary Care Perspective on Pneumoconiosis**. National Coalition Black Lung Conference, Kingsport, TN, September 2010.
- Presenter: topic: **How to clinically differentiate upper lobe nodules/lesions**. National Coalition Black Lung Conference, Billings Montana, September 2013.
- WCYB-TV Bristol, VA/TN Three -part segment on **Black Lung Disease**, May 2013.
- Elon University, Elon, NC: Presented to students and local community on **Pneumoconiosis**, 2013.
- Community Voice TV 24, Hindman, KY, **Discussion on Pneumoconiosis**, April 2014.
- **Leadership Seminar**. HRSA Round Table Discussion, Bethesda, MD, March 2015.
- WCYB-TV Bristol, VA/TN Special segment on **Black Lung Disease**, August 2015.
- Presenter: topic: **How to obtain occupational histories**. National Coalition Black Lung Conference in Bristol, VA, September 2015.
- Round Table Discussion: Pneumoconiosis and Health Care, Wise, VA, 2016 which included congressman Scott, Sen. Warner, and others.
- Round Table Discussion on **Pneumoconiosis and its impact on health care**. Congressional Committee on Education and the Workforce, U.S. House of Representatives, Washington, DC, March 2017.

E. S. Ajjarapu, M.D
CV continued

- Presenter: topic: **How to evaluate exercise stress test in coal miners.** National coalition of Black lung conference, Salt Lake City, Utah, September 2017.
- Presenter: topic: **Benefits of Pulmonary Rehabilitation:** Case presentation. National coalition of Black Lung conference, Chicago, IL, September 2018
- Community cable TV. Presented on **Black lung disease,** Norton, VA, August, 2017.
- WCYB-TV Bristol, VA/TN **Discussion on Progressive Massive Fibrosis,** February 07, 2018.
- Health Care Round Table discussion with Senators, Local Community health care providers, directors, and AARP providers – August 25, 2018.
- Benefits of pulmonary rehabilitation. Part of the panel discussion and present at National Coalition of Black lung conference, Northwestern University, IL. Sept 26, 2018.

Education/Residency Training:

Family Medicine-Board Certified 2010 to current.

VCU/MCV St. Francis Family Medicine Residency, Richmond/Midlothian, VA 2008
Trained in both hospital and outpatient/office -based patient care.

Spartan Health Sciences University, St. Lucia---M.D.
Graduated in 4 2004 .Basic Sciences --- St. Lucia

Yale University and Yale affiliate Hospitals, New Haven, CT/Derby, CT
Core Clinical Rotations

Illinois Benedictine University, Lisle, IL---M.B.A
Area of emphasis is in Management/Finance

E. S. Ajarapu, M.D
CV continued

Northern Illinois University, DeKalb, IL--B.A
Major: German Business/Translation.

John Hopkins Education and Research Center, Baltimore, MD March 2015
NIOSH-Approved Spirometry.

Awards/Research

PMF-research---University Illinois, 2017 to current.
Renaissance Award, VCU/Saint Francis Residency, Midlothian, VA-2007.
Colonoscopy Research Project: team member, VCU/Saint Francis Family Medicine
Residency, Midlothian, VA. 2006-2007.
Spanish, German (can speak, not fluent).

Extracurricular Activities:

President/Medical Director: International Christian Ministries, Chicago, IL.

Hobbies:

Enjoy travelling, tennis and hiking