



News Release

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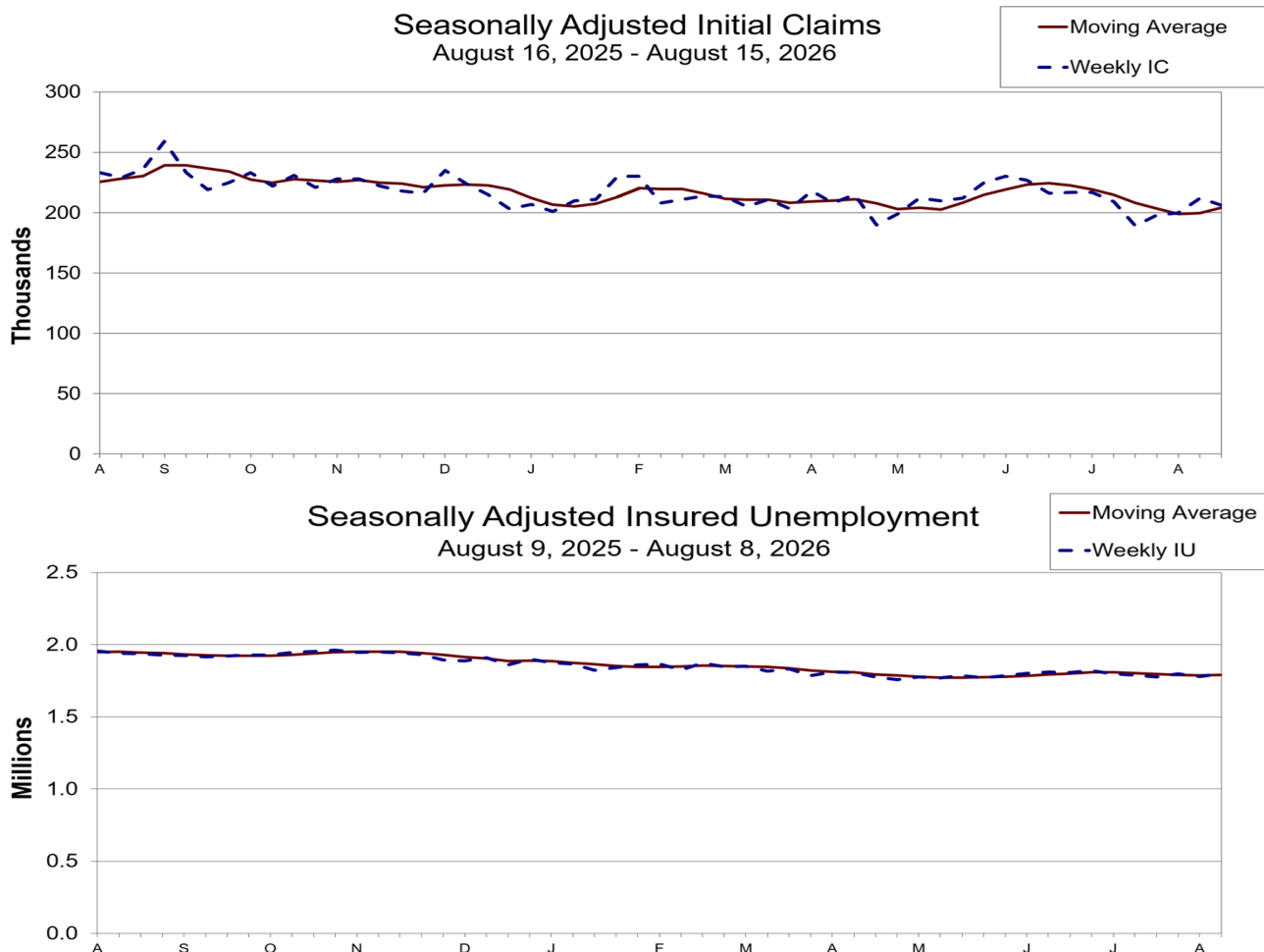
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8:30 A.M. (Eastern) Thursday, August 20, 2026

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending August 15, the advance figure for seasonally adjusted **initial claims** was 206,000, a decrease of 6,000 from the previous week's revised level. The previous week's level was revised up by 3,000 from 209,000 to 212,000. The 4-week moving average was 204,000, an increase of 4,250 from the previous week's revised average. The previous week's average was revised up by 750 from 199,000 to 199,750.

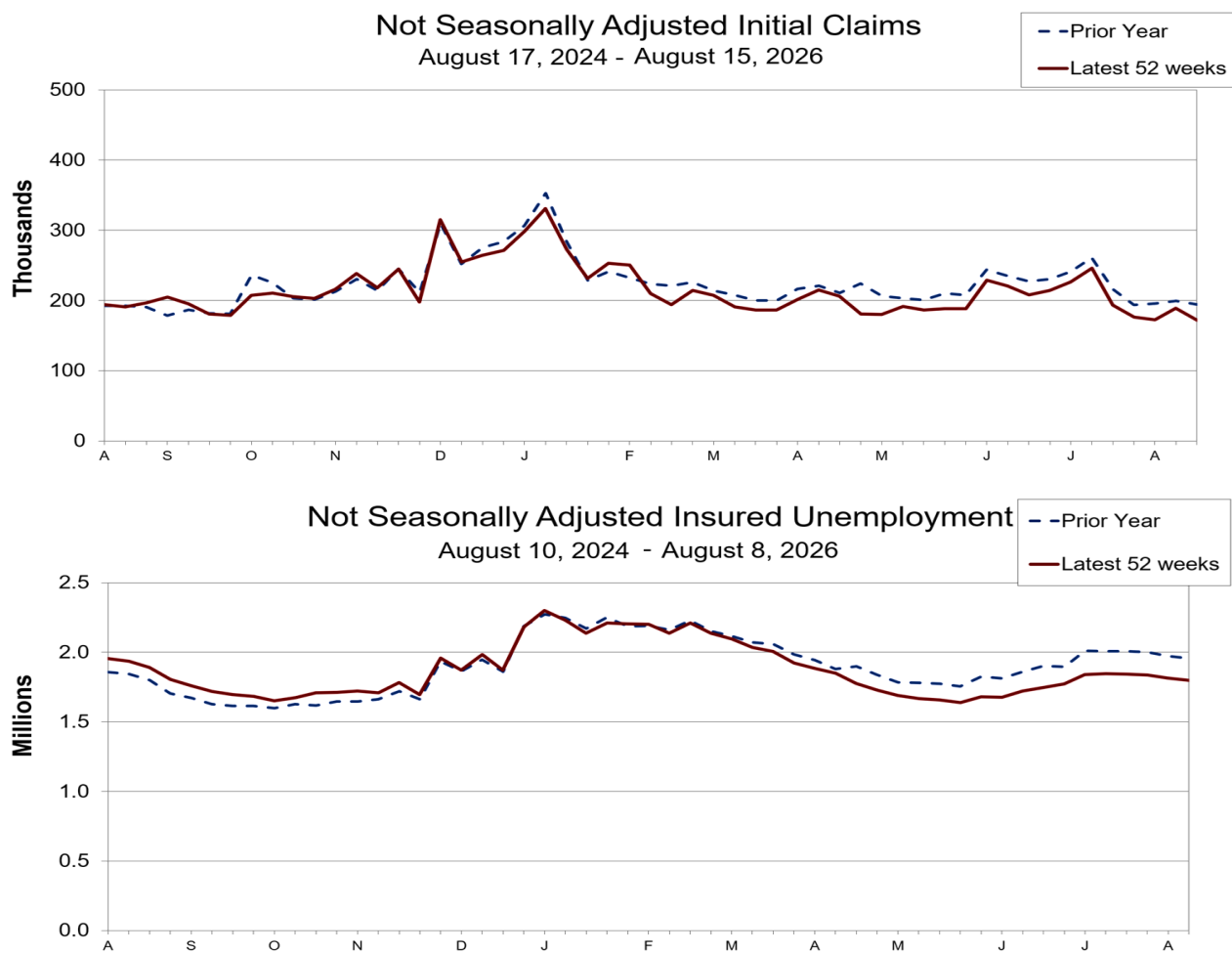
The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending August 8, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending August 8 was 1,799,000, an increase of 18,000 from the previous week's revised level. The previous week's level was revised up 4,000 from 1,777,000 to 1,781,000. The 4-week moving average was 1,789,000, an increase of 2,500 from the previous week's revised average. The previous week's average was revised up by 1,000 from 1,785,500 to 1,786,500.



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 172,080 in the week ending August 15, a decrease of 17,123 (or -9.1 percent) from the previous week. The seasonal factors had expected a decrease of 12,077 (or -6.4 percent) from the previous week. There were 194,217 initial claims in the comparable week in 2025.

The advance unadjusted insured unemployment rate was 1.2 percent during the week ending August 8, unchanged from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 1,797,050, a decrease of 17,509 (or -1.0 percent) from the preceding week. The seasonal factors had expected a decrease of 35,615 (or -2.0 percent) from the previous week. A year earlier the rate was 1.3 percent and the volume was 1,955,067.



The total number of continued weeks claimed for benefits in all programs for the week ending August 1 was 1,839,126, a decrease of 21,302 from the previous week. There were 2,005,772 weekly claims filed for benefits in all programs in the comparable week in 2025.

No state was triggered "on" the Extended Benefits program during the week ending August 1.

Initial claims for UI benefits filed by former Federal civilian employees totaled 449 in the week ending August 8, an increase of 48 from the prior week. There were 489 initial claims filed by newly discharged veterans, an increase of 81 from the preceding week.

There were 6,015 continued weeks claimed filed by former Federal civilian employees the week ending August 1, a decrease of 490 from the previous week. Newly discharged veterans claiming benefits totaled 4,610, a decrease of 345 from the prior week.

The highest insured unemployment rates in the week ending August 1 were in New Jersey (2.6), Puerto Rico (2.6), Rhode Island (2.2), Massachusetts (2.1), Minnesota (2.1), Oregon (2.0), California (1.9), Washington (1.9), Connecticut (1.7), Nevada (1.7), New York (1.7), and Pennsylvania (1.7).

The largest increases in initial claims for the week ending August 8 were in Michigan (+1,931), New York (+1,379), Texas (+1,324), South Carolina (+1,268), and Illinois (+994), while the largest decreases were in Ohio (-252), Iowa (-103), Kentucky (-87), Louisiana (-41), and North Dakota (-33).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	August 15	August 8	Change	August 1	Prior Year¹
Initial Claims (SA)	206,000	212,000	-6,000	200,000	233,000
Initial Claims (NSA)	172,080	189,203	-17,123	172,472	194,217
4-Wk Moving Average (SA)	204,000	199,750	+4,250	199,000	225,500

WEEK ENDING	August 8	August 1	Change	July 25	Prior Year¹
Insured Unemployment (SA)	1,799,000	1,781,000	+18,000	1,799,000	1,957,000
Insured Unemployment (NSA)	1,797,050	1,814,559	-17,509	1,834,915	1,955,067
4-Wk Moving Average (SA)	1,789,000	1,786,500	+2,500	1,790,750	1,949,500
Insured Unemployment Rate (SA) ²	1.2%	1.2%	0.0	1.2%	1.3%
Insured Unemployment Rate (NSA) ²	1.2%	1.2%	0.0	1.2%	1.3%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	August 8	August 1	Change	Prior Year¹
Federal Employees (UCFE)	449	401	+48	635
Newly Discharged Veterans (UCX)	489	408	+81	462

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	August 1	July 25	Change	Prior Year¹
Regular State	1,809,988	1,830,266	-20,278	1,966,715
Federal Employees	6,015	6,505	-490	8,237
Newly Discharged Veterans	4,610	4,955	-345	6,416
Extended Benefits ³	44	25	+19	34
State Additional Benefits ⁴	2,936	2,980	-44	2,470
STC / Workshare ⁵	15,533	15,697	-164	21,900
TOTAL	1,839,126	1,860,428	-21,302	2,005,772

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 153,732,307 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended August 15			Insured Unemployment For Week Ended August 8		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,415	1,612	-197	7,252	8,312	-1,060
Alaska	463	337	126	3,147	3,334	-187
Arizona	2,558	2,854	-296	22,500	25,620	-3,120
Arkansas	1,048	1,337	-289	5,039	6,140	-1,101
California	36,520	37,722	-1,202	344,640	342,445	2,195
Colorado	2,745	3,090	-345	32,103	30,959	1,144
Connecticut	3,047	3,344	-297	30,779	28,696	2,083
Delaware	518	511	7	5,598	5,308	290
District of Columbia	643	736	-93	7,864	7,853	11
Florida	5,470	5,797	-327	31,508	34,806	-3,298
Georgia	3,759	4,737	-978	23,476	26,148	-2,672
Hawaii	960	1,105	-145	5,974	5,869	105
Idaho	537	631	-94	4,434	4,814	-380
Illinois	6,565	7,280	-715	93,404	93,689	-285
Indiana	2,227	2,319	-92	18,030	18,164	-134
Iowa	1,111	1,468	-357	8,270	8,572	-302
Kansas	897	1,911	-1,014	8,578	7,655	923
Kentucky	1,970	1,443	527	9,992	10,110	-118
Louisiana	1,179	1,469	-290	6,411	8,136	-1,725
Maine	423	432	-9	4,836	4,853	-17
Maryland	1,764	2,700	-936	25,915	25,624	291
Massachusetts	4,199	4,618	-419	75,412	75,774	-362
Michigan	4,008	6,416	-2,408	47,199	48,889	-1,690
Minnesota	3,208	3,635	-427	61,724	60,640	1,084
Mississippi	857	990	-133	6,577	7,593	-1,016
Missouri	2,164	2,334	-170	19,453	20,557	-1,104
Montana	358	357	1	4,129	4,280	-151
Nebraska	457	532	-75	5,290	5,716	-426
Nevada	2,554	2,756	-202	26,047	26,643	-596
New Hampshire	313	411	-98	3,754	4,206	-452
New Jersey	8,949	9,652	-703	110,915	110,947	-32
New Mexico	788	839	-51	9,681	9,836	-155
New York	13,553	14,321	-768	167,324	164,750	2,574
North Carolina	2,897	3,120	-223	18,279	19,575	-1,296
North Dakota	192	171	21	2,225	2,080	145
Ohio	4,497	4,173	324	39,385	41,654	-2,269
Oklahoma	1,045	1,316	-271	10,754	11,224	-470
Oregon	4,366	4,520	-154	41,161	39,181	1,980
Pennsylvania	8,384	9,534	-1,150	100,925	100,945	-20
Puerto Rico	1,203	1,281	-78	19,859	23,735	-3,876
Rhode Island	617	898	-281	10,811	10,711	100
South Carolina	2,057	3,284	-1,227	15,812	17,310	-1,498
South Dakota	127	144	-17	1,200	1,220	-20
Tennessee	2,610	2,841	-231	16,240	17,299	-1,059
Texas	14,973	15,054	-81	145,600	151,676	-6,076
Utah	1,338	1,263	75	10,795	10,778	17
Vermont	286	309	-23	2,715	2,521	194
Virgin Islands	32	29	3	430	344	86
Virginia	2,412	2,663	-251	22,462	20,613	1,849
Washington	4,728	5,307	-579	71,930	68,466	3,464
West Virginia	550	639	-89	6,548	5,874	674
Wisconsin	2,376	2,747	-371	21,075	20,831	244
Wyoming	163	214	-51	1,589	1,584	5
US Total	172,080	189,203	-17,123	1,797,050	1,814,559	-17,509

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Change from			Insured Unemployment	Change from		IUR
	Initial Claims	Prior Week	4-Week Average		Prior Week	4-Week Average	
August 9, 2025	224	-2	221.75	1,957	15	1,949.50	1.3
August 16, 2025	233	9	225.50	1,942	-15	1,951.00	1.3
August 23, 2025	229	-4	228.00	1,937	-5	1,944.50	1.3
August 30, 2025	236	7	230.50	1,927	-10	1,940.75	1.3
September 6, 2025	259	23	239.25	1,925	-2	1,932.75	1.3
September 13, 2025	233	-26	239.25	1,916	-9	1,926.25	1.3
September 20, 2025	219	-14	236.75	1,921	5	1,922.25	1.3
September 27, 2025	225	6	234.00	1,929	8	1,922.75	1.3
October 4, 2025	233	8	227.50	1,928	-1	1,923.50	1.3
October 11, 2025	222	-11	224.75	1,947	19	1,931.25	1.3
October 18, 2025	231	9	227.75	1,953	6	1,939.25	1.3
October 25, 2025	221	-10	226.75	1,962	9	1,947.50	1.3
November 1, 2025	228	7	225.50	1,946	-16	1,952.00	1.3
November 8, 2025	228	0	227.00	1,949	3	1,952.50	1.3
November 15, 2025	222	-6	224.75	1,943	-6	1,950.00	1.3
November 22, 2025	218	-4	224.00	1,932	-11	1,942.50	1.3
November 29, 2025	216	-2	221.00	1,894	-38	1,929.50	1.2
December 6, 2025	235	19	222.75	1,887	-7	1,914.00	1.2
December 13, 2025	224	-11	223.25	1,910	23	1,905.75	1.2
December 20, 2025	215	-9	222.50	1,860	-50	1,887.75	1.2
December 27, 2025	203	-12	219.25	1,900	40	1,889.25	1.2
January 3, 2026	207	4	212.25	1,875	-25	1,886.25	1.2
January 10, 2026	201	-6	206.50	1,865	-10	1,875.00	1.2
January 17, 2026	210	9	205.25	1,823	-42	1,865.75	1.2
January 24, 2026	211	1	207.25	1,842	19	1,851.25	1.2
January 31, 2026	230	19	213.00	1,859	17	1,847.25	1.2
February 7, 2026	230	0	220.25	1,865	6	1,847.25	1.2
February 14, 2026	208	-22	219.75	1,827	-38	1,848.25	1.2
February 21, 2026	211	3	219.75	1,871	44	1,855.50	1.2
February 28, 2026	214	3	215.75	1,847	-24	1,852.50	1.2
March 7, 2026	213	-1	211.50	1,851	4	1,849.00	1.2
March 14, 2026	205	-8	210.75	1,816	-35	1,846.25	1.2
March 21, 2026	211	6	210.75	1,832	16	1,836.50	1.2
March 28, 2026	203	-8	208.00	1,787	-45	1,821.50	1.2
April 4, 2026	218	15	209.25	1,809	22	1,811.00	1.2
April 11, 2026	208	-10	210.00	1,808	-1	1,809.00	1.2
April 18, 2026	215	7	211.00	1,776	-32	1,795.00	1.2
April 25, 2026	190	-25	207.75	1,758	-18	1,787.75	1.1
May 2, 2026	199	9	203.00	1,776	18	1,779.50	1.2
May 9, 2026	212	13	204.00	1,771	-5	1,770.25	1.2
May 16, 2026	210	-2	202.75	1,785	14	1,772.50	1.2
May 23, 2026	212	2	208.25	1,771	-14	1,775.75	1.2
May 30, 2026	225	13	214.75	1,786	15	1,778.25	1.2
June 6, 2026	230	5	219.25	1,800	14	1,785.50	1.2
June 13, 2026	227	-3	223.50	1,812	12	1,792.25	1.2
June 20, 2026	216	-11	224.50	1,806	-6	1,801.00	1.2
June 27, 2026	217	1	222.50	1,821	15	1,809.75	1.2
July 4, 2026	217	0	219.25	1,798	-23	1,809.25	1.2
July 11, 2026	209	-8	214.75	1,789	-9	1,803.50	1.2
July 18, 2026	189	-20	208.00	1,777	-12	1,796.25	1.2
July 25, 2026	198	9	203.25	1,799	22	1,790.75	1.2
August 1, 2026	200	2	199.00	1,781	-18	1,786.50	1.2
August 8, 2026	212	12	199.75	1,799	18	1,789.00	1.2
August 15, 2026	206	-6	204.00				

STATE NAME	INITIAL CLAIMS FILED DURING WEEK ENDED AUGUST 8					INSURED UNEMPLOYMENT FOR WEEK ENDED AUGUST 1						
	STATE	CHANGE FROM		UCFE ¹	UCX ¹	STATE	(%) ²	CHANGE FROM		UCFE ¹	UCX ¹	TOTAL INSURED UNEMPLOYMENT
		LAST WEEK	YEAR AGO					LAST WEEK	YEAR AGO			
Alabama	1,612	62	-387	7	1	8,312	0.4	-282	-1,565	30	17	8,359
Alaska	337	-4	-103	0	0	3,334	1.0	15	-216	23	3	3,360
Arizona	2,854	50	-724	7	7	25,620	0.8	-456	-8,439	81	24	25,725
Arkansas	1,337	111	35	2	1	6,140	0.5	-141	-2,353	8	3	6,151
California	37,722	845	-2,683	104	124	342,445	1.9	-6,179	-42,422	764	1,124	344,333
Colorado	3,090	305	367	1	14	30,959	1.1	-118	-1,605	114	202	31,275
Connecticut	3,344	274	-333	1	1	28,696	1.7	-1,555	-2,118	51	23	28,770
Delaware	511	10	226	4	3	5,308	1.1	-502	-570	8	2	5,318
District of Columbia	736	112	7	32	1	7,853	1.4	-29	-3,936	497	4	8,354
Florida	5,797	246	-651	19	25	34,806	0.4	-813	-2,014	93	80	34,979
Georgia	4,737	976	-34	23	22	26,148	0.5	121	-1,951	134	97	26,379
Hawaii	1,105	127	55	3	10	5,869	1.0	-295	-97	41	50	5,960
Idaho	631	34	-235	1	2	4,814	0.6	-170	-712	12	10	4,836
Illinois	7,280	994	-2,374	8	8	93,689	1.6	3	-8,723	281	96	94,066
Indiana	2,319	366	-288	2	2	18,164	0.6	72	-2,614	32	15	18,211
Iowa	1,468	-103	-109	2	1	8,572	0.6	433	-2,045	10	7	8,589
Kansas	1,911	861	736	0	0	7,655	0.5	68	-406	24	27	7,706
Kentucky	1,443	-87	-196	0	0	10,110	0.5	-210	-100	48	46	10,204
Louisiana	1,469	-41	-189	4	4	8,136	0.4	-70	-3,304	28	11	8,175
Maine	432	81	20	0	0	4,853	0.8	-122	-609	12	8	4,873
Maryland	2,700	330	-181	37	8	25,624	1.0	68	-4,650	334	76	26,034
Massachusetts	4,618	419	53	0	6	75,774	2.1	-1,082	-1,499	161	106	76,041
Michigan	6,416	1,931	-146	0	6	48,889	1.1	-2,557	-1,781	73	37	48,999
Minnesota	3,635	298	-232	1	4	60,640	2.1	966	-2,799	65	42	60,747
Mississippi	990	147	1	4	1	7,593	0.7	-828	-637	40	5	7,638
Missouri	2,334	68	-219	2	1	20,557	0.7	-290	-1,114	69	11	20,637
Montana	357	-6	-23	4	2	4,280	0.9	-91	-179	32	6	4,318
Nebraska	532	-31	-119	0	3	5,716	0.6	-310	-228	16	4	5,736
Nevada	2,756	150	-41	0	4	26,643	1.7	61	89	44	73	26,760
New Hampshire	411	11	-128	0	1	4,206	0.6	14	-324	3	1	4,210
New Jersey	9,652	970	-53	20	23	110,947	2.6	453	-4,395	219	241	111,407
New Mexico	839	31	48	4	4	9,836	1.2	-255	-730	91	19	9,946
New York	14,321	1,379	787	21	20	164,750	1.7	-298	342	349	231	165,330
North Carolina	3,120	778	-338	2	0	19,575	0.4	-543	-2,959	64	102	19,741
North Dakota	171	-33	-71	1	2	2,080	0.5	-106	-379	173	1	2,254
Ohio	4,173	-252	-833	4	10	41,654	0.8	-728	-7,129	76	60	41,790
Oklahoma	1,316	178	-22	3	4	11,224	0.7	-80	-819	44	35	11,303
Oregon	4,520	249	109	2	9	39,181	2.0	-515	2,055	119	50	39,350
Pennsylvania	9,534	312	-222	22	12	100,945	1.7	431	-11,581	324	102	101,371
Puerto Rico	1,281	21	-302	6	2	23,735	2.6	-768	-496	192	43	23,970
Rhode Island	898	257	-247	2	3	10,711	2.2	-317	-1,476	34	11	10,756
South Carolina	3,284	1,268	1,227	4	4	17,310	0.8	-606	236	47	35	17,392
South Dakota	144	-25	-9	4	0	1,220	0.3	-77	29	130	1	1,351
Tennessee	2,841	208	-94	1	2	17,299	0.5	-743	-1,117	50	35	17,384
Texas	15,054	1,324	-1,807	52	93	151,676	1.1	-775	-20,686	486	859	153,021
Utah	1,263	13	-130	6	2	10,778	0.6	-165	-1,217	58	29	10,865
Vermont	309	-29	31	1	0	2,521	0.8	-445	-103	8	3	2,532
Virgin Islands	29	-10	-8	1	0	344	1.0	-44	100	6	0	350
Virginia	2,663	383	39	13	4	20,613	0.5	10	-850	170	115	20,898
Washington	5,307	828	34	8	27	68,466	1.9	-118	-5,560	174	414	69,054
West Virginia	639	31	-71	1	1	5,874	0.9	-261	-809	28	4	5,906
Wisconsin	2,747	314	-255	2	4	20,831	0.7	-141	-2,402	37	10	20,878
Wyoming	214	0	-105	1	1	1,584	0.6	14	-109	8	0	1,592
Totals	189,203	16,731	-10,187	449	489	1,814,559	1.2	-20,356	-158,976	6,015	4,610	1,825,184

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED AUGUST 8, 2026

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
MI	+1,931	No comment.
NY	+1,379	Layoffs in professional, scientific, and technical services; construction; and health care and social assistance industries.
TX	+1,324	No comment.
SC	+1,268	No comment.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
None		

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#) [Weekly Claims Data](#)

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