



News Release

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8:30 A.M. (Eastern) Thursday, March 20, 2025

REVISION TO SEASONAL ADJUSTMENT FACTORS

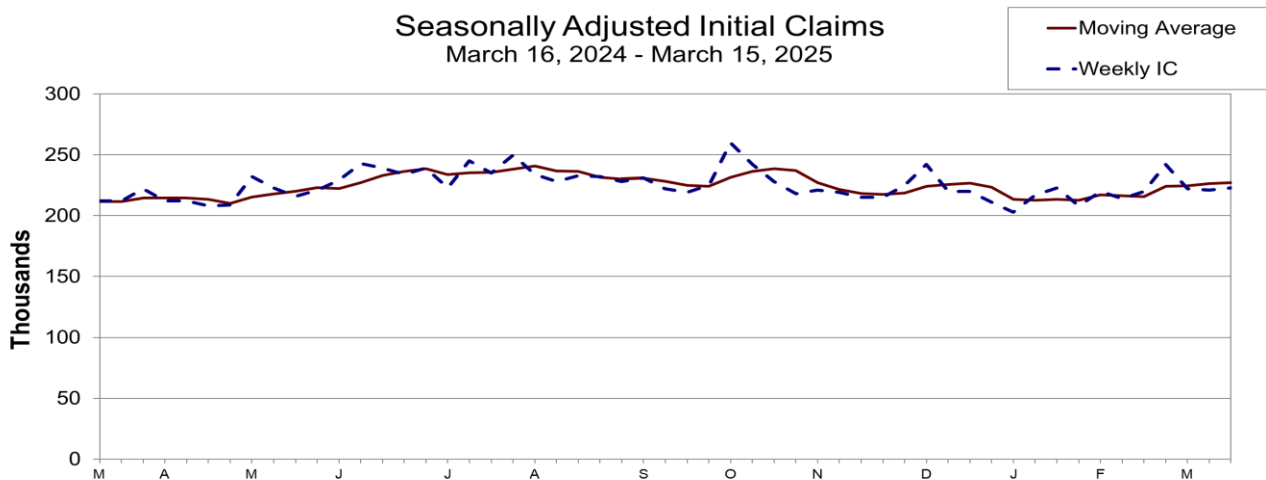
Note: Calendar Year (CY) 2025 seasonal factors and revised seasonal factors for CY 2020-2024 for both initial claims and continued claims will be available at <https://www.bls.gov/lau/seasonal-adjustment-for-weekly-unemployment-insurance-claims.htm> by 12:00 P.M. (Eastern) on Thursday, March 27, 2025. Revisions to the historical series for CY 2020-2024 for both initial claims and continued claims will be published on March 27, 2025, with the release of the Unemployment Insurance Weekly Claims News Release.

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

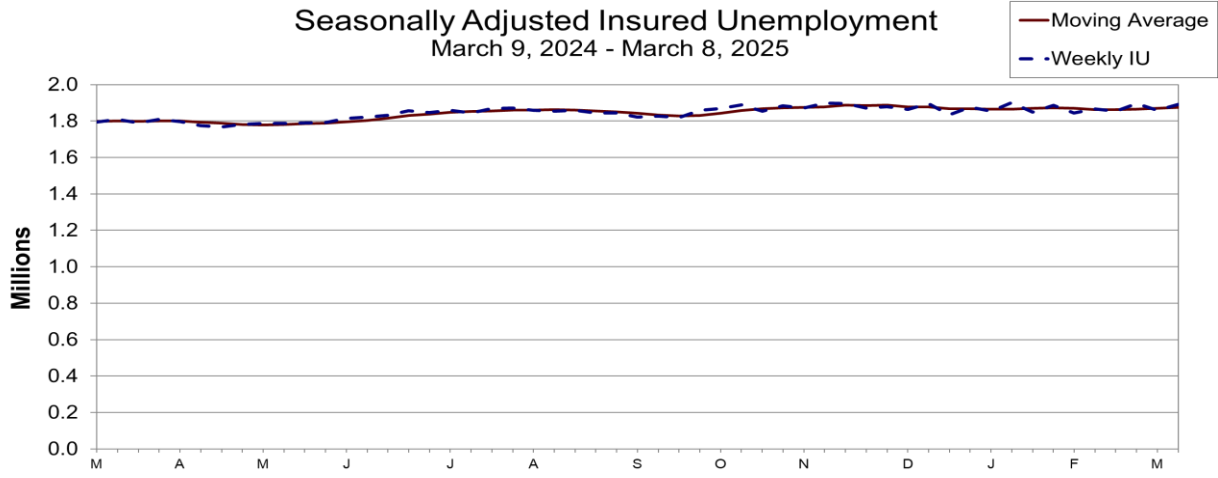
SEASONALLY ADJUSTED DATA

In the week ending March 15, the advance figure for seasonally adjusted **initial claims** was 223,000, an increase of 2,000 from the previous week's revised level. The previous week's level was revised up by 1,000 from 220,000 to 221,000. The 4-week moving average was 227,000, an increase of 750 from the previous week's revised average. The previous week's average was revised up by 250 from 226,000 to 226,250.

The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending March 8, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending March 8 was 1,892,000, an increase of 33,000 from the previous week's revised level. The previous week's level was revised down by 11,000 from 1,870,000 to 1,859,000. The 4-week moving average was 1,875,750, an increase of 6,250 from the previous week's revised average. The previous week's average was revised down by 2,750 from 1,872,250 to 1,869,500.



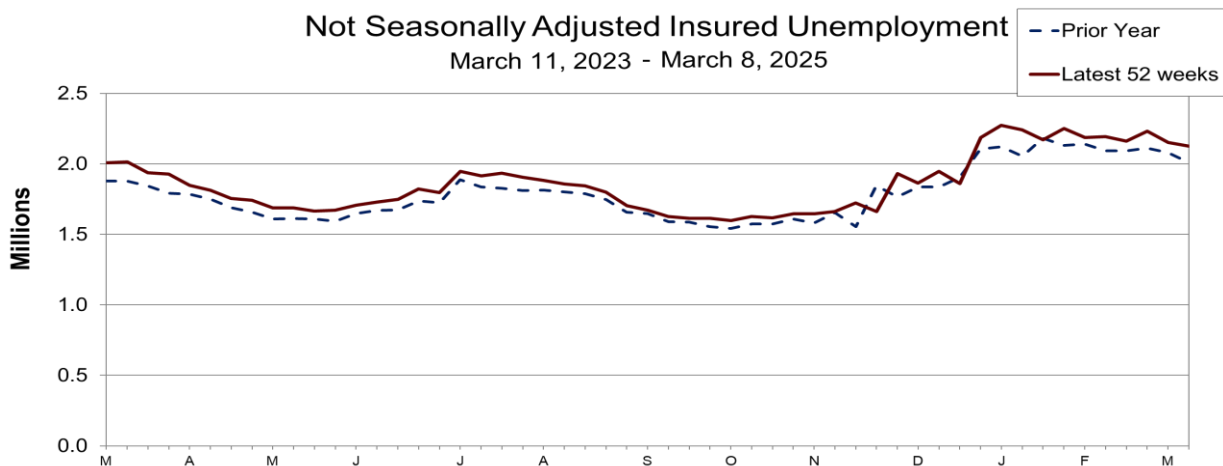
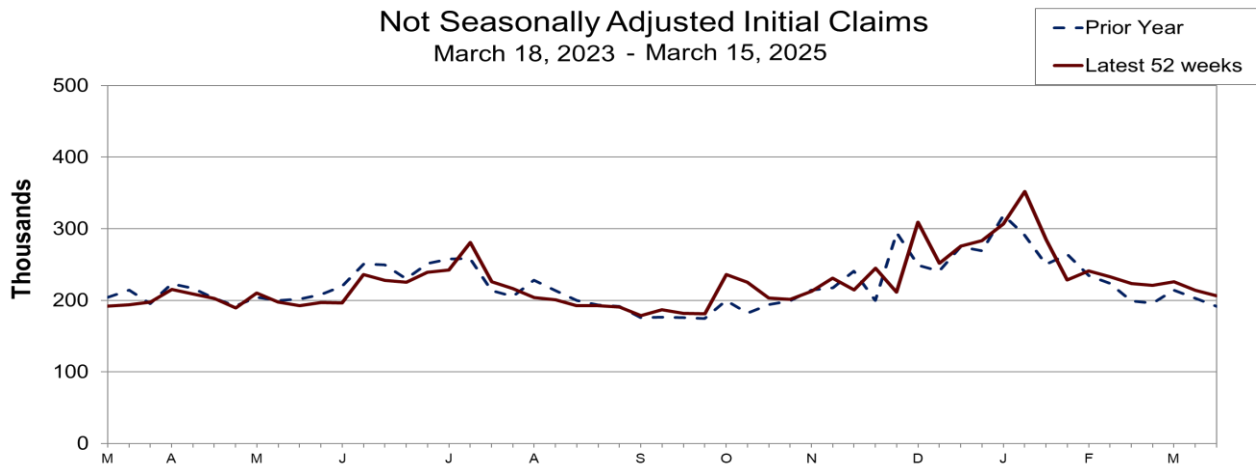
Seasonally Adjusted Insured Unemployment March 9, 2024 - March 8, 2025



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 206,503 in the week ending March 15, a decrease of 7,502 (or -3.5 percent) from the previous week. The seasonal factors had expected a decrease of 9,285 (or -4.3 percent) from the previous week. There were 191,772 initial claims in the comparable week in 2024.

The advance unadjusted insured unemployment rate was 1.4 percent during the week ending March 8, unchanged from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 2,127,131, a decrease of 24,119 (or -1.1 percent) from the preceding week. The seasonal factors had expected a decrease of 61,358 (or -2.9 percent) from the previous week. A year earlier the rate was 1.3 percent and the volume was 2,008,778.



The total number of continued weeks claimed for benefits in all programs for the week ending March 1 was 2,182,246, a decrease of 83,092 from the previous week. There were 2,107,039 weekly claims filed for benefits in all programs in the comparable week in 2024.

No state was triggered "on" the Extended Benefits program during the week ending March 1.

Initial claims for UI benefits filed by former Federal civilian employees totaled 1,066 in the week ending March 8, a decrease of 514 from the prior week. There were 472 initial claims filed by newly discharged veterans, an increase of 108 from the preceding week.

There were 8,648 continued weeks claimed filed by former Federal civilian employees the week ending March 1, an increase of 433 from the previous week. Newly discharged veterans claiming benefits totaled 4,272, a decrease of 104 from the prior week.

The highest insured unemployment rates in the week ending March 1 were in Rhode Island (3.0), New Jersey (2.9), Minnesota (2.5), California (2.4), Massachusetts (2.4), Illinois (2.3), Washington (2.3), Montana (2.2), Pennsylvania (2.0), Connecticut (1.9), District of Columbia (1.9), and New York (1.9).

The largest increases in initial claims for the week ending March 8 were in California (+4,280), Texas (+1,470), Virginia (+1,155), Michigan (+910), and Arizona (+457), while the largest decreases were in New York (-15,113), Wisconsin (-1,766), Missouri (-862), Kentucky (-825), and Ohio (-666).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	March 15	March 8	Change	March 1	Prior Year¹
Initial Claims (SA)	223,000	221,000	+2,000	222,000	212,000
Initial Claims (NSA)	206,503	214,005	-7,502	226,019	191,772
4-Wk Moving Average (SA)	227,000	226,250	+750	224,500	211,750

WEEK ENDING	March 8	March 1	Change	February 22	Prior Year¹
Insured Unemployment (SA)	1,892,000	1,859,000	+33,000	1,897,000	1,795,000
Insured Unemployment (NSA)	2,127,131	2,151,250	-24,119	2,231,014	2,008,778
4-Wk Moving Average (SA)	1,875,750	1,869,500	+6,250	1,866,000	1,799,250
Insured Unemployment Rate (SA) ²	1.2%	1.2%	0.0	1.2%	1.2%
Insured Unemployment Rate (NSA) ²	1.4%	1.4%	0.0	1.5%	1.3%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	March 8	March 1	Change	Prior Year¹
Federal Employees (UCFE)	1,066	1,580	-514	365
Newly Discharged Veterans (UCX)	472	364	+108	419

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	March 1	February 22	Change	Prior Year¹
Regular State	2,144,550	2,222,152	-77,602	2,072,184
Federal Employees	8,648	8,215	+433	6,205
Newly Discharged Veterans	4,272	4,376	-104	4,467
Extended Benefits ³	74	122	-48	297
State Additional Benefits ⁴	2,954	2,851	+103	2,775
STC / Workshare ⁵	21,748	27,622	-5,874	21,111
TOTAL	2,182,246	2,265,338	-83,092	2,107,039

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 152,086,893 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended March 15			Insured Unemployment For Week Ended March 8		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,733	1,873	-140	8,052	8,648	-596
Alaska	655	648	7	5,057	5,391	-334
Arizona	3,646	3,594	52	20,700	22,557	-1,857
Arkansas	1,127	1,204	-77	7,045	7,526	-481
California	43,047	46,342	-3,295	426,985	426,192	793
Colorado	2,976	3,162	-186	33,994	33,837	157
Connecticut	2,989	2,925	64	32,725	32,447	278
Delaware	211	197	14	6,211	6,040	171
District of Columbia	1,290	1,536	-246	11,815	10,662	1,153
Florida	5,484	5,922	-438	28,671	32,810	-4,139
Georgia	4,140	4,915	-775	28,052	29,656	-1,604
Hawaii	929	936	-7	5,452	5,319	133
Idaho	1,149	1,194	-45	9,833	11,177	-1,344
Illinois	8,696	10,013	-1,317	134,893	137,117	-2,224
Indiana	2,393	2,778	-385	26,606	27,737	-1,131
Iowa	1,836	1,556	280	21,821	22,853	-1,032
Kansas	1,138	1,213	-75	11,615	12,132	-517
Kentucky	1,544	2,089	-545	12,903	13,509	-606
Louisiana	1,361	1,419	-58	9,831	11,160	-1,329
Maine	614	554	60	9,380	9,077	303
Maryland	2,300	3,019	-719	26,550	26,061	489
Massachusetts	4,780	5,485	-705	84,533	86,908	-2,375
Michigan	9,369	6,536	2,833	76,989	78,294	-1,305
Minnesota	4,098	3,926	172	74,236	71,767	2,469
Mississippi	2,595	893	1,702	5,930	6,475	-545
Missouri	2,704	2,624	80	20,223	22,916	-2,693
Montana	540	622	-82	10,602	10,812	-210
Nebraska	992	609	383	7,062	7,931	-869
Nevada	2,532	2,578	-46	24,991	25,729	-738
New Hampshire	334	494	-160	3,921	4,646	-725
New Jersey	8,085	9,052	-967	117,588	120,359	-2,771
New Mexico	970	930	40	10,968	10,669	299
New York	14,558	14,938	-380	181,002	183,691	-2,689
North Carolina	3,298	3,790	-492	25,395	26,277	-882
North Dakota	298	266	32	6,262	5,954	308
Ohio	5,430	5,883	-453	63,939	66,599	-2,660
Oklahoma	1,272	1,267	5	9,713	9,898	-185
Oregon	4,684	4,235	449	36,208	33,705	2,503
Pennsylvania	9,874	10,780	-906	110,479	114,941	-4,462
Puerto Rico	967	1,020	-53	13,624	15,284	-1,660
Rhode Island	879	878	1	13,905	14,254	-349
South Carolina	1,784	2,061	-277	13,868	14,361	-493
South Dakota	174	189	-15	3,064	3,029	35
Tennessee	2,604	2,842	-238	16,684	16,888	-204
Texas	19,118	17,785	1,333	144,907	141,664	3,243
Utah	1,485	1,557	-72	14,735	15,070	-335
Vermont	389	395	-6	4,037	3,947	90
Virgin Islands	19	35	-16	262	270	-8
Virginia	3,072	4,036	-964	19,691	17,681	2,010
Washington	5,357	6,121	-764	87,320	82,422	4,898
West Virginia	627	833	-206	9,348	9,342	6
Wisconsin	4,048	3,902	146	34,360	34,744	-384
Wyoming	309	354	-45	3,094	2,815	279
US Total	206,503	214,005	-7,502	2,127,131	2,151,250	-24,119

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from		Insured Unemployment	Change from		IUR
		Prior Week	4-Week Average		Prior Week	4-Week Average	
March 9, 2024	212	2	208.75	1,795	-8	1,799.25	1.2
March 16, 2024	212	0	211.75	1,810	15	1,800.50	1.2
March 23, 2024	212	0	211.50	1,789	-21	1,799.25	1.2
March 30, 2024	222	10	214.50	1,810	21	1,801.00	1.2
April 6, 2024	212	-10	214.50	1,797	-13	1,801.50	1.2
April 13, 2024	212	0	214.50	1,774	-23	1,792.50	1.2
April 20, 2024	208	-4	213.50	1,768	-6	1,787.25	1.2
April 27, 2024	209	1	210.25	1,781	13	1,780.00	1.2
May 4, 2024	232	23	215.25	1,786	5	1,777.25	1.2
May 11, 2024	223	-9	218.00	1,787	1	1,780.50	1.2
May 18, 2024	216	-7	220.00	1,790	3	1,786.00	1.2
May 25, 2024	221	5	223.00	1,791	1	1,788.50	1.2
June 1, 2024	229	8	222.25	1,813	22	1,795.25	1.2
June 8, 2024	243	14	227.25	1,821	8	1,803.75	1.2
June 15, 2024	239	-4	233.00	1,832	11	1,814.25	1.2
June 22, 2024	234	-5	236.25	1,856	24	1,830.50	1.2
June 29, 2024	239	5	238.75	1,847	-9	1,839.00	1.2
July 6, 2024	223	-16	233.75	1,860	13	1,848.75	1.2
July 13, 2024	245	22	235.25	1,844	-16	1,851.75	1.2
July 20, 2024	235	-10	235.50	1,869	25	1,855.00	1.2
July 27, 2024	250	15	238.25	1,871	2	1,861.00	1.2
August 3, 2024	234	-16	241.00	1,859	-12	1,860.75	1.2
August 10, 2024	228	-6	236.75	1,855	-4	1,863.50	1.2
August 17, 2024	233	5	236.25	1,860	5	1,861.25	1.2
August 24, 2024	232	-1	231.75	1,845	-15	1,854.75	1.2
August 31, 2024	228	-4	230.25	1,843	-2	1,850.75	1.2
September 7, 2024	231	3	231.00	1,821	-22	1,842.25	1.2
September 14, 2024	222	-9	228.25	1,827	6	1,834.00	1.2
September 21, 2024	219	-3	225.00	1,819	-8	1,827.50	1.2
September 28, 2024	225	6	224.25	1,858	39	1,831.25	1.2
October 5, 2024	260	35	231.50	1,869	11	1,843.25	1.2
October 12, 2024	242	-18	236.50	1,888	19	1,858.50	1.2
October 19, 2024	228	-14	238.75	1,853	-35	1,867.00	1.2
October 26, 2024	218	-10	237.00	1,884	31	1,873.50	1.2
November 2, 2024	221	3	227.25	1,872	-12	1,874.25	1.2
November 9, 2024	219	-2	221.50	1,898	26	1,876.75	1.3
November 16, 2024	215	-4	218.25	1,897	-1	1,887.75	1.3
November 23, 2024	215	0	217.50	1,871	-26	1,884.50	1.2
November 30, 2024	225	10	218.50	1,879	8	1,886.25	1.2
December 7, 2024	242	17	224.25	1,864	-15	1,877.75	1.2
December 14, 2024	220	-22	225.50	1,897	33	1,877.75	1.3
December 21, 2024	220	0	226.75	1,834	-63	1,868.50	1.2
December 28, 2024	211	-9	223.25	1,877	43	1,868.00	1.2
January 4, 2025	203	-8	213.50	1,853	-24	1,865.25	1.2
January 11, 2025	217	14	212.75	1,900	47	1,866.00	1.2
January 18, 2025	223	6	213.50	1,850	-50	1,870.00	1.2
January 25, 2025	208	-15	212.75	1,886	36	1,872.25	1.2
February 1, 2025	220	12	217.00	1,845	-41	1,870.25	1.2
February 8, 2025	214	-6	216.25	1,867	22	1,862.00	1.2
February 15, 2025	220	6	215.50	1,855	-12	1,863.25	1.2
February 22, 2025	242	22	224.00	1,897	42	1,866.00	1.2
March 1, 2025	222	-20	224.50	1,859	-38	1,869.50	1.2
March 8, 2025	221	-1	226.25	1,892	33	1,875.75	1.2
March 15, 2025	223	2	227.00				

STATE NAME	INITIAL CLAIMS FILED DURING WEEK ENDED MARCH 8					INSURED UNEMPLOYMENT FOR WEEK ENDED MARCH 1						
	STATE	CHANGE FROM		UCFE ¹	UCX ¹	STATE	(%) ²	CHANGE FROM		UCFE ¹	UCX ¹	TOTAL INSURED UNEMPLOYMENT
		LAST WEEK	YEAR AGO					LAST WEEK	YEAR AGO			
Alabama	1,873	49	-108	13	3	8,648	0.4	-362	-248	22	22	8,692
Alaska	648	193	-81	1	1	5,391	1.7	114	-305	98	2	5,491
Arizona	3,594	457	208	2	1	22,557	0.7	107	538	133	31	22,721
Arkansas	1,204	-269	170	0	3	7,526	0.6	-803	-2,011	29	9	7,564
California	46,342	4,280	-880	146	99	426,192	2.4	-4,920	-21,469	1,388	1,107	428,687
Colorado	3,162	159	554	4	12	33,837	1.2	66	1,955	256	170	34,263
Connecticut	2,925	-11	-76	0	0	32,447	1.9	-2,823	585	57	31	32,535
Delaware	197	2	-19	6	2	6,040	1.3	-596	331	11	4	6,055
District of Columbia	1,536	131	972	110	3	10,662	1.9	398	5,003	716	4	11,382
Florida	5,922	356	-22	40	31	32,810	0.3	-538	-2,707	108	50	32,968
Georgia	4,915	140	136	109	15	29,656	0.6	-503	-538	128	105	29,889
Hawaii	936	64	-115	3	8	5,319	0.9	-101	-1,546	47	63	5,429
Idaho	1,194	-75	17	9	2	11,177	1.3	-737	739	222	8	11,407
Illinois	10,013	-2	1,907	9	7	137,117	2.3	-2,664	9,925	322	96	137,535
Indiana	2,778	-185	-100	7	2	27,737	0.9	1,195	1,500	27	19	27,783
Iowa	1,556	-353	-301	8	2	22,853	1.5	-1,848	4,542	18	7	22,878
Kansas	1,213	-277	143	0	1	12,132	0.9	-3,094	6,416	34	11	12,177
Kentucky	2,089	-825	551	5	0	13,509	0.7	-50	3,077	32	43	13,584
Louisiana	1,419	15	-216	5	4	11,160	0.6	-375	-97	28	11	11,199
Maine	554	-62	-34	2	0	9,077	1.4	-235	714	33	13	9,123
Maryland	3,019	434	576	131	14	26,061	1.0	-392	1,371	202	72	26,335
Massachusetts	5,485	114	356	19	9	86,908	2.4	-5,858	1,318	119	69	87,096
Michigan	6,536	910	768	10	6	78,294	1.8	-2,226	9,116	184	36	78,514
Minnesota	3,926	-423	169	4	4	71,767	2.5	-2,123	2,399	115	49	71,931
Mississippi	893	117	-90	4	3	6,475	0.6	-158	243	47	10	6,532
Missouri	2,624	-862	-72	1	5	22,916	0.8	-4,231	1,486	60	26	23,002
Montana	622	-58	19	4	1	10,812	2.2	-886	925	399	7	11,218
Nebraska	609	-637	-62	1	1	7,931	0.8	-137	1,732	13	2	7,946
Nevada	2,578	258	-38	6	0	25,729	1.7	-609	117	129	46	25,904
New Hampshire	494	-479	-26	4	2	4,646	0.7	382	225	10	0	4,656
New Jersey	9,052	-175	-68	23	31	120,359	2.9	-931	1,172	241	197	120,797
New Mexico	930	77	159	2	0	10,669	1.3	-190	559	146	21	10,836
New York	14,938	-15,113	192	52	18	183,691	1.9	-12,577	-2,057	299	172	184,162
North Carolina	3,790	449	758	4	6	26,277	0.5	-574	6,166	57	94	26,428
North Dakota	266	-66	-12	6	3	5,954	1.4	-548	567	27	5	5,986
Ohio	5,883	-666	1,687	13	12	66,599	1.2	-1,881	12,204	111	99	66,809
Oklahoma	1,267	10	143	7	7	9,898	0.6	-449	333	36	35	9,969
Oregon	4,235	134	-781	11	2	33,705	1.7	-911	6,624	537	39	34,281
Pennsylvania	10,780	-409	237	48	8	114,941	2.0	-4,753	-176	247	128	115,316
Puerto Rico	1,020	-105	-128	8	0	15,284	1.7	-1,149	-439	128	41	15,453
Rhode Island	878	-128	140	4	2	14,254	3.0	-1,897	1,574	29	17	14,300
South Carolina	2,061	132	309	7	2	14,361	0.7	-568	638	41	37	14,439
South Dakota	189	-11	12	4	2	3,029	0.7	-191	285	31	3	3,063
Tennessee	2,842	107	264	3	2	16,888	0.5	-628	-642	40	37	16,965
Texas	17,785	1,470	2,159	56	93	141,664	1.0	-10,916	2,244	505	716	142,885
Utah	1,557	15	145	40	4	15,070	0.9	-324	697	294	14	15,378
Vermont	395	-276	82	0	0	3,947	1.3	134	274	1	0	3,948
Virgin Islands	35	-14	-10	0	0	270	0.8	-16	64	6	0	276
Virginia	4,036	1,155	1,807	90	9	17,681	0.5	10	2,052	146	60	17,887
Washington	6,121	131	436	9	26	82,422	2.3	-3,027	15,922	566	386	83,374
West Virginia	833	-137	12	1	1	9,342	1.4	-1,165	44	29	19	9,390
Wisconsin	3,902	-1,766	-551	14	3	34,744	1.2	-3,073	-1,007	86	26	34,856
Wyoming	354	11	-16	1	0	2,815	1.0	-133	213	58	3	2,876
Totals	214,005	-12,014	11,282	1,066	472	2,151,250	1.4	-79,764	72,647	8,648	4,272	2,164,170

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED MARCH 8, 2025

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
CA	+4,280	No comment.
TX	+1,470	Layoffs in administrative and support and waste management and remediation services, accommodation and food services, transportation and warehousing, and public administration industries.
VA	+1,155	Layoffs in the manufacturing industry.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
NY	-15,113	Fewer layoffs in transportation and warehousing, accommodation and food services, and construction industries.
WI	-1,766	Fewer layoffs in construction and in administrative and support and waste management and remediation services industries.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#)
[Weekly Claims Data](#)

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