

**From:** [Sriwongtong, Michelle](#)  
**To:** [E-OHPSCA2713.EBSA](#)  
**Subject:** Comment on Interim Final Rules for Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services; etc. (Document ID HHS-OS-2010-0018-0001)  
**Date:** Wednesday, September 15, 2010 1:34:31 PM

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Dear Kathleen Sebelius,

I hope this email finds you well.

I am writing to express my opinion on the recent health reform law that excludes contraception from the umbrella term “preventative health services.” Without doubt, I firmly believe that contraception is a preventative health service for both women and men, and this must be covered under the new reforms. Having lived around the world, I have marveled at how different social health care systems have openly provided free and easy access to family planning services, and I have also noted the low prevalence of unintended and teen pregnancy in these areas.

Contraception is not only a necessary right for men & women, it has also proven to be cost-effective and an important factor in reducing health disparities.

Thank you for your time.

Cheers,  
Michelle