

**From:** [t.smith](#)  
**To:** [E-OHPSCA2713.EBSA](#)  
**Subject:** Comment on Interim Final Rules for Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services; etc. (Document ID HHS-OS-2010-0018-0001)  
**Date:** Wednesday, September 08, 2010 6:44:43 PM

---

Dear Secretary Sebelius,

Preventive care services are a critical part of health care coverage.

Contraception is ESSENTIAL PREVENTATIVE CARE for women. Common sense should tell you that comprehensive contraceptive care leads to better health for women and children.

Women deserve the same protections for preventative health care as everyone else, without unnecessary and unreasonable delays.

Please- add contraception to the list of preventative health care services to be protected from cost sharing.

Best,  
Tones Smith