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Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services under

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## **General Comment**

To HHS Secretary Kathleen Sebelius:

Religion ideology has no place in women's health issues or reproductive freedom or a choice when to have children. Planning for children will result in better family life and economic benefits for those families when they are ready for children. Giving low cost or free tools such as contraception gives us that choice. Preventive healthcare tools will be a better cost savings to government and families instead of abstinence programs or not being protected from diseases and unwanted pregnancy. That is just a formula for the possibility of a dire decision such as abortion.

There should be an understanding that women do not make such a decision lightly and at the same time reality is not abstinence. Women's reproductive freedom, puts women on an equal footing in the workplace and providing for their households.

Please do not let ideology dictate personal freedom. Religion as no place in Government. It suggests that government and businesses dictate to their female employs how to live their lives. Ethics should be what dictates law. Stifling women by not allowing them choice or prevention of disease is not just unethical it is immoral.

That said I am a female who is infertile. I take birthcontrol pills to keep my body functioning normally. Without this type of medication, I would have increased chance of uterine cancer. Which in 2001 I had a stage 4 hyperplasia, the lining was removed though a D&C. This type of diagnosis at 31 was frightening. At 50 the suggestion would have been hysterectomy. I have been issue free since 2001, with the freedom to choose fertility options if I wanted. I would not have had that choice without the preventative help of the hormones prescribed in these pills.

Thank you for your attention and opportunity to express my opinion on this matter. Sincerely, Regina Provenza