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Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services

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Submitter Information

Name: Chris Coppenbarger

Address:

Columbia, SC,

Email: ccoppen@gmail.com

General Comment

After reading this rule, I realize that there have been rules existing prior to these new rules regarding the coverage of contraceptives for women. However, I also believe that you should use this opportunity to allow for the individual person to be able to submit an opt-out to their health coverage on not covering these services, based on their individual conscience. Otherwise, for a religious person working in a non-religious environment, they are unwittingly paying for items such as abortion and abortion pills. It should be left up to the individual to decide whether or not they would want to pay for such services. If you're going to make decisions about people's healthcare, you need to take into account the individuals, not the collective group. It violates the individual's conscience otherwise, especially on such moral issues as the taking of an infant's life (ie. abortion).