

**From:** [Sarah Skilling](#)  
**To:** [E-OHPSCA2713.EBSA](#)  
**Subject:** Thank you  
**Date:** Tuesday, August 02, 2011 7:36:47 PM

---

Dear Kathleen Sebelius, Secretary of Health & Human Services,

I commend the Department of Health & Human Services' landmark decision requiring health insurers to cover the full cost of contraception, with no co-pay, beginning in August 2012.

This policy places a much-needed importance on women's health that is too-often not a priority in health care policy. Birth control is a critical part of preventive care, and making contraception available to all women, regardless of their insurance or ability to pay for it, will significantly reduce long-term health care costs associated with unplanned pregnancies.

Thank you for prioritizing women's basic health care needs.

Sincerely,

Sarah Skilling

805 Marion St #108  
Seattle, wa 98104