Dear Kathleen Sebelius, Secretary of Health & Human Services,

If this says "Dear [Recipient]," sorry, but it's an internet form letter and I can only modify it so much. Not that I think anyone actually reads these things. Anyway, it's about time that the Department of Health & Human Services required health insurers to cover the full cost of contraception with no co-pay.

This policy places a much-needed importance on women's health that is too-often not a priority in health care policy. Birth control is a critical part of preventive care, and making contraception available to all women, regardless of their insurance or ability to pay for it, will significantly reduce long-term health care costs associated with unplanned pregnancies.

Thank you for prioritizing women's basic health care needs.

Sincerely,

B. Cummings