PUBLIC SUBMISSION

Docket: IRS-2009-0008
Request for Information for Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

Comment On: IRS-2009-0008-0001
Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

Document: IRS-2009-0008-0029
Comment on FR Doc # E9-09629

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General Comment

I have been a practitioner of Biofeedback for more than 20 years. I am also a Ph.D. Clinical Psychologist. The most effective treatment I have used in working with clients who have anxiety and panic attacks has been peripheral biofeedback. I strongly urge congress to include peripheral and neurofeedback in the parity bill. People who suffer from anxiety and panic attacks experience being out of control of their physical, emotional, and mental selves. With biofeedback, they quickly acquire the knowledge that they can control physiological correlates of the above and hence regain the sense of control over their minds and bodies.