I am writing to comment on the the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (Document ID EBSA-2009-0010-0409). As a consumer, a volunteer, and a social worker, I feel that this legislation is important to putting those with mental illnesses at the same level as those with physical illnesses. So many people in this country do not get appropriate mental health services and this act will make it easier for those who are afflicted with a stigmatizing illness to reach out and get the help that they need and deserve.

Thank you for your time,

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