April 24, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

Without mental health, physical health just doesn't mean much! The AMA recognizes substance abuse as a disease. It's not a disease that's worse than any other disease so why should it be more expensive to treat? The same is true of other mental diseases. But, not treating them will ultimately cost society more. The mass killings in recent years should be proof that the cost of NOT treating mental illness far outweighs the cost OF treating it!

Sincerely,

Cindy Cure