April 24, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible. Illness is illness and all illnesses are physically, chemically caused. The mind does not exist as a separate or in any way a less physical entity. It is completely physical, as completely chemically functioning as the rest of the body. The body doesn't function without the mind and the mind doesn't function without the body. Why should the cost of treatment be higher because a chemical change in a patient causes a brain illness or a toe illness?

Sincerely,

Joan McKenna