April 24, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

Mental health issues lead thousands of Americans to joblessness and homelessness, inflicting many burdens on our society that could have been prevented. It makes economic and moral sense to do whatever we can to treat mental health issues before they become critical.

Sincerely,

Josh Shepard