

Sent: Saturday, April 24, 2010 12:51 PM  
To: EBSA, E-OHPSCA - EBSA  
Subject: Comment in support of RIN 1210-AB30

April 24, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

The policy of requiring policy holders to pay a larger portion of their mental health care than for their physical healthcare is not only unfair, but extremely short sighted. It discourages those who would otherwise seek help improving their quality of life - and therefore their quality of health. It also encourages long term use of expensive pharmaceuticals to address issues that might be better managed with shorter term techniques to promote personal control and responsibility for personal life issues. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

Sincerely, Bonnie Shetler  
649 Remington  
Fort Collins, CO 80524  
blwolfe@mobileme.com

Sincerely,

Bonnie Shetler