April 24, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. People do not choose to have mental health problems just like they do not choose to have other physical health problems. Adding more financial burdens on top of mental health struggles makes it very difficult to successfully meet the challenge to heal and function well.

We are all helped by people being able to get the help they need with mental health problems because insurance helps cover the expenses well. The strength of our nation rests on the health, mental as well as physical, of our people.

Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

Sincerely,

Martha Hill