

# PUBLIC SUBMISSION

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Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

**Comment On:** EBSA-2009-0010-0001

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

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## General Comment

I believe that Mental Health Care should be equal to other health care benefits. Many illnesses can be caused by mental health conditions and the proper and affordable care of the mental health conditions can reduce or prevent some physical health problems as well. A great example of how denial or lack of care for mental health conditions is the number of post tramautic veterans in or returned home from Irag. Mental Health problems create a far more critical impact on families than physical conditions. Co-payments, exclusions or limits should be fair and as affordable as all heath care coverage. My family has some mental health conditions and I have a son who has struggled for years. I don't know anyone who has not had these problems affect their lives or their families.