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From: spring1827@aol.com [<mailto:spring1827@aol.com>]

Sent: Wednesday, April 28, 2010 7:27 PM

To: EBSA, E-OHPSCA - EBSA

Subject: Comment in support of RIN 1210-AB30

April 28, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

As a mental health provider, I often work with clients who depend on insurance coverage to treat depression, anxiety, and many other debilitating conditions that interfere with their ability to work, stay in strong marriages, or provide adequate parenting. Mental health coverage is essential to our society's well being.

Sincerely,

Beth Spring, LMFT
Licensed Marriage & Family Therapist
Reston, VA

Sincerely,

Beth Spring
2907 Robin Glen Ct
Herndon, VA 20171