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From: Katanjali@verizon.net [<mailto:Katanjali@verizon.net>]
Sent: Sunday, April 25, 2010 4:04 PM
To: EBSA, E-OHPSCA - EBSA
Subject: Comment in support of RIN 1210-AB30

April 25, 2010

As a former licensed Psychotherapist, I had worked in various non-profit social service agencies and for-profit inpatient & outpatient mental health facilities. I also worked at a State sponsored MHMR outpatient clinic which doesn't exist in any State anymore. For 10+ years I have witnessed how mental health problems can negatively impact physical health problems and vice versa. They are interconnected!!! Both are imperative for a truly "healthy society".

There needs to be a holistic approach to treatment that includes greater access to affordable mental health care and mental parity in insurance coverage.

Therefore, I am writing to urge support of the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

Granted, this would be an initial step forward for those who have jobs (companies with more than 50 workers). The bigger challenge that lies ahead is to make mental health coverage a "right" for all rather than for only those who have jobs and who can afford both physical and mental health coverage.

Sincerely,

Catherine Kappel
Leominster, MA

Sincerely,

Catherine Kappel
57 Winter Street
Leominster, MA 01453