THREE-QUARTERS OF HIGH SCHOOL GRADUATES ARE NOT READY FOR COLLEGE OR THE WORKFORCE.


Over 1,400 Students Drop Out of High School Each Day.


Fast-Growing Occupations Require More Workers With Higher Education.


People with Disabilities Face an Unemployment Rate Twice as High as the National Average.


ARMED WITH SELF-DETERMINATION, YOU CAN USE AN INDIVIDUALIZED LEARNING PLAN (ILP) TO HELP YOU PREPARE FOR LIFE AFTER HIGH SCHOOL.

SELF-EXPLORATION IS ABOUT ASKING YOURSELF THREE THINGS:

WHAT ARE YOU NOT INTERESTED IN DOING AS A CAREER?

WHAT DO YOU LIKE?

WHAT ARE YOU GOOD AT?

Steps of an ILP

1. Self-Exploration
2. Career Exploration
3. Career Planning and Management
CAREER-EXPLORATION

INCLUDES:

LEARNING MORE ABOUT YOUR AREA OF INTEREST.

GAINING REAL-LIFE EXPERIENCE IN YOUR AREA OF INTEREST.

FINDING OUT WHAT KIND OF TRAINING YOU NEED TO ACHIEVE YOUR CAREER GOALS.

WITH AN ILP AND A SUPPORT NETWORK OF FAMILY, EMPLOYERS, TEACHERS, AND FRIENDS, YOU CAN STAY ON TRACK, BE BETTER PREPARED FOR LIFE AFTER HIGH SCHOOL, AND ACHIEVE YOUR GOALS.

STUDENTS WHO MAINTAIN STEADY PART-TIME WORK EXPERIENCE (LESS THAN 20 HOURS A WEEK) WHILE IN HIGH SCHOOL ARE MORE LIKELY TO HAVE BETTER GRADES AND HIGHER EDUCATIONAL ASPIRATIONS.


STUDENTS WHO GAIN VOLUNTEER EXPERIENCE WHILE IN HIGH SCHOOL ARE MORE LIKELY TO ENTER AND GRADUATE FROM POSTSECONDARY EDUCATIONAL INSTITUTIONS.


MORE INFORMATION ON ILPS CAN BE FOUND AT http://www.dol.gov/odep/topics/youth/ or http://www.ncwd-youth.info/ilp