



News Release

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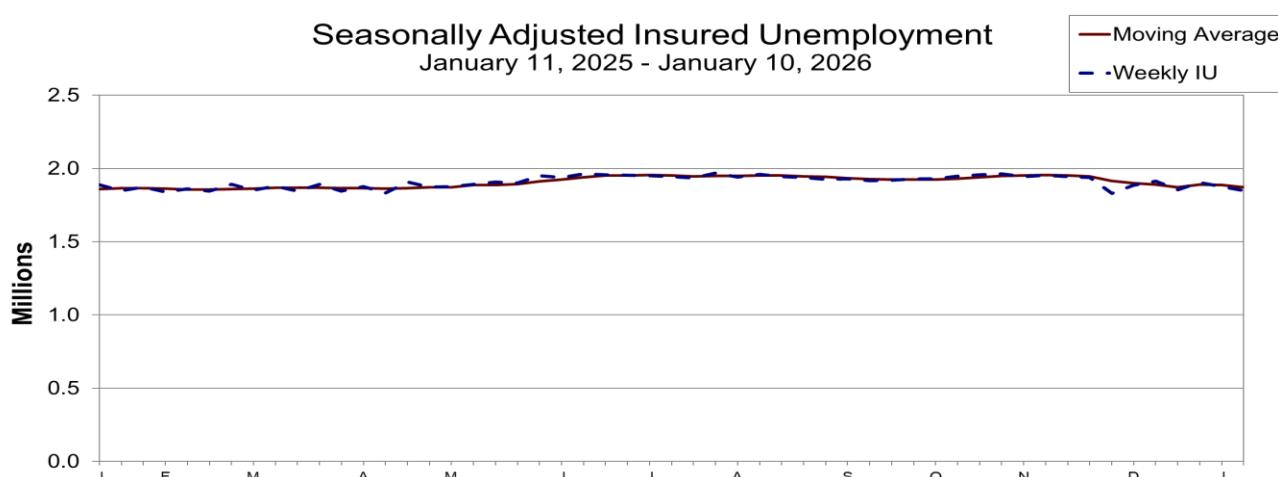
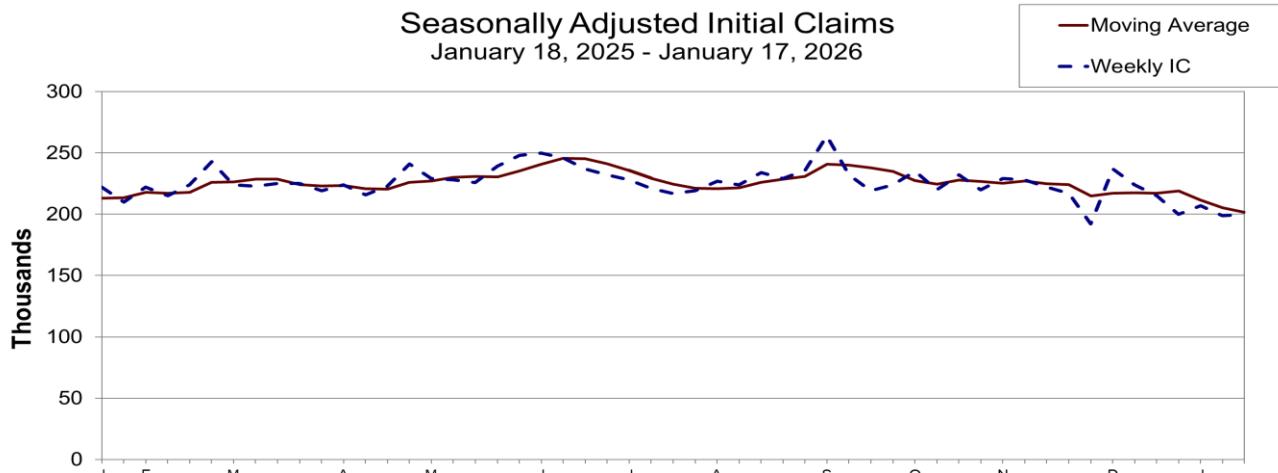
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8:30 A.M. (Eastern) Thursday, January 22, 2026

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending January 17, the advance figure for seasonally adjusted **initial claims** was 200,000, an increase of 1,000 from the previous week's revised level. The previous week's level was revised up by 1,000 from 198,000 to 199,000. The 4-week moving average was 201,500, a decrease of 3,750 from the previous week's revised average. This is the lowest level for this average since January 13, 2024 when it was 200,000. The previous week's average was revised up by 250 from 205,000 to 205,250.

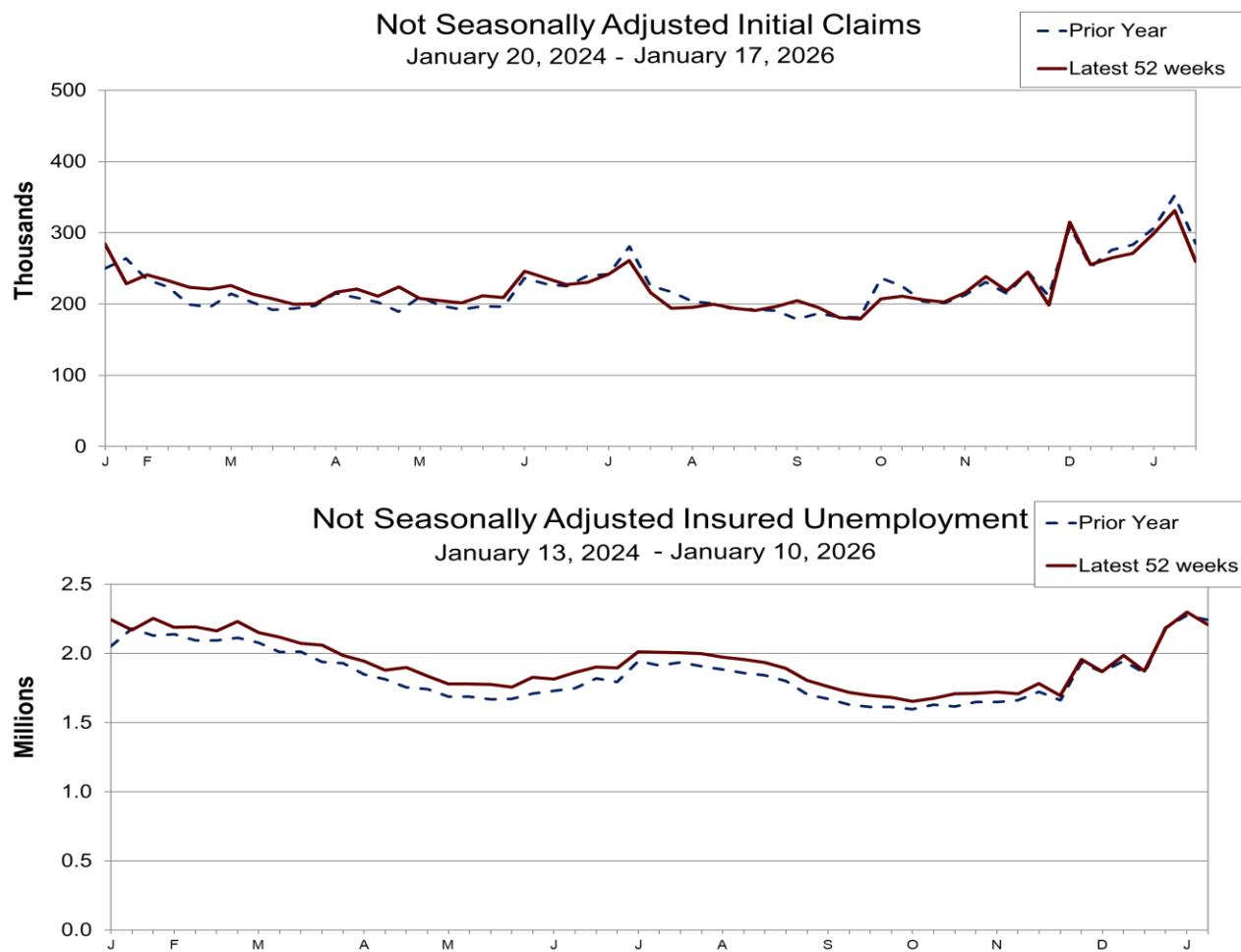
The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending January 10, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending January 10 was 1,849,000, a decrease of 26,000 from the previous week's revised level. The previous week's level was revised down by 9,000 from 1,884,000 to 1,875,000. The 4-week moving average was 1,870,750, a decrease of 16,250 from the previous week's revised average. The previous week's average was revised down by 2,250 from 1,889,250 to 1,887,000.



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 259,552 in the week ending January 17, a decrease of 71,411 (or -21.6 percent) from the previous week. The seasonal factors had expected a decrease of 73,459 (or -22.2 percent) from the previous week. There were 284,325 initial claims in the comparable week in 2025.

The advance unadjusted insured unemployment rate was 0.0 percent during the week ending January 10, a decrease of 1.5 percentage point from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 2,209,473, a decrease of 89,750 (or -3.9 percent) from the preceding week. The seasonal factors had expected a decrease of 58,137 (or -2.5 percent) from the previous week. A year earlier the rate was 1.5 percent and the volume was 2,242,358.



The total number of continued weeks claimed for benefits in all programs for the week ending January 3 was 2,335,637, an increase of 117,116 from the previous week. There were 2,301,359 weekly claims filed for benefits in all programs in the comparable week in 2025.

No state was triggered "on" the Extended Benefits program during the week ending January 3.

Initial claims for UI benefits filed by former Federal civilian employees totaled 1,010 in the week ending January 10, an increase of 364 from the prior week. There were 426 initial claims filed by newly discharged veterans, an increase of 112 from the preceding week.

There were 12,977 continued weeks claimed filed by former Federal civilian employees the week ending January 3, an increase of 174 from the previous week. Newly discharged veterans claiming benefits totaled 4,403, a decrease of 36 from the prior week.

The highest insured unemployment rates in the week ending January 3 were in Rhode Island (3.3), New Jersey (3.2), Washington (2.8), Massachusetts (2.7), Minnesota (2.7), Oregon (2.4), Connecticut (2.3), Montana (2.3), New York (2.3), California (2.2), Illinois (2.2), and Pennsylvania (2.2).

The largest increases in initial claims for the week ending January 10 were in Texas (+8,707), California (+5,193), Michigan (+3,804), Tennessee (+3,541), and Ohio (+3,038), while the largest decreases were in New York (-4,572), Oregon (-3,507), Washington (-3,189), Wisconsin (-2,063), and Kentucky (-1,699).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	January 17	January 10	Change	January 3	Prior Year¹
Initial Claims (SA)	200,000	199,000	+1,000	207,000	222,000
Initial Claims (NSA)	259,552	330,963	-71,411	298,700	284,325
4-Wk Moving Average (SA)	201,500	205,250	-3,750	211,500	213,250
WEEK ENDING	January 10	January 3	Change	December 27	Prior Year¹
Insured Unemployment (SA)	1,849,000	1,875,000	-26,000	1,903,000	1,888,000
Insured Unemployment (NSA)	2,209,473	2,299,223	-89,750	2,183,174	2,242,358
4-Wk Moving Average (SA)	1,870,750	1,887,000	-16,250	1,889,500	1,859,250
Insured Unemployment Rate (SA) ²	1.2%	1.2%	0.0	1.2%	1.2%
Insured Unemployment Rate (NSA) ²	1.4%	1.5%	-0.1	1.4%	1.5%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	January 10	January 3	Change	Prior Year¹
Federal Employees (UCFE)	1,010	646	+364	595
Newly Discharged Veterans (UCX)	426	314	+112	334

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	January 3	December 27	Change	Prior Year¹
Regular State	2,290,473	2,174,626	+115,847	2,265,408
Federal Employees	12,977	12,803	+174	6,861
Newly Discharged Veterans	4,403	4,439	-36	4,479
Extended Benefits ³	66	23	+43	117
State Additional Benefits ⁴	3,147	3,072	+75	2,432
STC / Workshare ⁵	24,571	23,558	+1,013	22,062
TOTAL	2,335,637	2,218,521	+117,116	2,301,359

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 153,398,888 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended January 17			Insured Unemployment For Week Ended January 10		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	2,257	3,096	-839	9,003	10,616	-1,613
Alaska	690	656	34	6,171	6,493	-322
Arizona	2,609	2,869	-260	16,000	17,958	-1,958
Arkansas	1,572	1,786	-214	6,589	8,362	-1,773
California	50,137	50,227	-90	397,343	396,889	454
Colorado	4,046	4,539	-493	36,633	34,627	2,006
Connecticut	4,455	5,829	-1,374	34,820	39,003	-4,183
Delaware	374	553	-179	7,281	7,636	-355
District of Columbia	810	873	-63	9,956	8,847	1,109
Florida	6,331	7,146	-815	24,311	28,675	-4,364
Georgia	6,067	11,988	-5,921	27,335	36,475	-9,140
Hawaii	1,078	1,747	-669	6,256	7,538	-1,282
Idaho	1,569	1,947	-378	10,707	11,845	-1,138
Illinois	10,542	12,733	-2,191	138,797	131,980	6,817
Indiana	3,812	7,494	-3,682	29,820	28,001	1,819
Iowa	2,707	3,871	-1,164	19,031	22,259	-3,228
Kansas	1,461	1,961	-500	10,708	10,573	135
Kentucky *	2,922	3,690	-768	14,892	13,379	1,513
Louisiana	1,486	1,927	-441	6,544	8,076	-1,532
Maine	958	1,131	-173	9,326	8,897	429
Maryland	2,180	3,082	-902	27,039	28,355	-1,316
Massachusetts	8,609	9,285	-676	96,005	98,336	-2,331
Michigan	14,419	19,013	-4,594	88,016	86,333	1,683
Minnesota	5,279	7,574	-2,295	77,286	79,713	-2,427
Mississippi	961	1,210	-249	6,241	7,688	-1,447
Missouri	4,871	7,306	-2,435	24,874	25,467	-593
Montana	1,051	1,386	-335	10,593	11,313	-720
Nebraska	966	1,126	-160	7,449	8,485	-1,036
Nevada	3,022	3,583	-561	28,965	29,877	-912
New Hampshire	423	660	-237	3,697	5,278	-1,581
New Jersey	11,926	16,070	-4,144	118,505	133,761	-15,256
New Mexico	898	1,123	-225	11,298	11,219	79
New York	18,869	28,142	-9,273	199,999	219,921	-19,922
North Carolina	3,609	4,561	-952	19,091	19,394	-303
North Dakota	707	1,161	-454	7,156	6,227	929
Ohio	6,732	11,511	-4,779	65,973	67,429	-1,456
Oklahoma	1,494	1,797	-303	11,134	11,892	-758
Oregon	6,020	6,662	-642	42,759	46,421	-3,662
Pennsylvania	14,248	19,171	-4,923	116,487	132,858	-16,371
Puerto Rico	1,707	1,473	234	11,266	18,261	-6,995
Rhode Island	1,646	2,017	-371	14,214	15,928	-1,714
South Carolina	4,047	3,822	225	17,252	18,487	-1,235
South Dakota	412	511	-99	3,026	2,956	70
Tennessee	3,625	6,643	-3,018	19,425	20,341	-916
Texas	17,817	22,802	-4,985	164,324	158,272	6,052
Utah	2,115	2,288	-173	16,039	15,872	167
Vermont	438	600	-162	4,017	4,215	-198
Virgin Islands	26	11	15	220	232	-12
Virginia	2,917	4,915	-1,998	23,579	19,804	3,775
Washington	5,890	6,810	-920	102,003	100,810	1,193
West Virginia	1,161	1,596	-435	10,590	10,778	-188
Wisconsin	5,146	6,306	-1,160	36,100	42,270	-6,170
Wyoming	438	683	-245	3,328	2,901	427
US Total	259,552	330,963	-71,411	2,209,473	2,299,223	-89,750

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

*Denotes OUI estimate.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from Prior Week			Insured Unemployment	Change from Prior Week			IUR
		Prior Week	4-Week Average	4-Week Average		Prior Week	4-Week Average	4-Week Average	
January 11, 2025	217	12	212.50		1,888	38	1,859.25	1,859.25	1.2
January 18, 2025	222	5	213.25		1,849	-39	1,864.50	1,864.50	1.2
January 25, 2025	210	-12	213.50		1,874	25	1,865.25	1,865.25	1.2
February 1, 2025	222	12	217.75		1,839	-35	1,862.50	1,862.50	1.2
February 8, 2025	215	-7	217.25		1,861	22	1,855.75	1,855.75	1.2
February 15, 2025	224	9	217.75		1,847	-14	1,855.25	1,855.25	1.2
February 22, 2025	243	19	226.00		1,892	45	1,859.75	1,859.75	1.2
March 1, 2025	224	-19	226.50		1,851	-41	1,862.75	1,862.75	1.2
March 8, 2025	223	-1	228.50		1,881	30	1,867.75	1,867.75	1.2
March 15, 2025	225	2	228.75		1,847	-34	1,867.75	1,867.75	1.2
March 22, 2025	225	0	224.25		1,893	46	1,868.00	1,868.00	1.2
March 29, 2025	219	-6	223.00		1,844	-49	1,866.25	1,866.25	1.2
April 5, 2025	224	5	223.25		1,878	34	1,865.50	1,865.50	1.2
April 12, 2025	216	-8	221.00		1,833	-45	1,862.00	1,862.00	1.2
April 19, 2025	223	7	220.50		1,908	75	1,865.75	1,865.75	1.3
April 26, 2025	241	18	226.00		1,872	-36	1,872.75	1,872.75	1.2
May 3, 2025	229	-12	227.25		1,877	5	1,872.50	1,872.50	1.2
May 10, 2025	228	-1	230.25		1,893	16	1,887.50	1,887.50	1.2
May 17, 2025	226	-2	231.00		1,907	14	1,887.25	1,887.25	1.3
May 24, 2025	239	13	230.50		1,902	-5	1,894.75	1,894.75	1.2
May 31, 2025	248	9	235.25		1,951	49	1,913.25	1,913.25	1.3
June 7, 2025	250	2	240.75		1,937	-14	1,924.25	1,924.25	1.3
June 14, 2025	246	-4	245.75		1,964	27	1,938.50	1,938.50	1.3
June 21, 2025	237	-9	245.25		1,956	-8	1,952.00	1,952.00	1.3
June 28, 2025	232	-5	241.25		1,954	-2	1,952.75	1,952.75	1.3
July 5, 2025	228	-4	235.75		1,951	-3	1,956.25	1,956.25	1.3
July 12, 2025	221	-7	229.50		1,946	-5	1,951.75	1,951.75	1.3
July 19, 2025	217	-4	224.50		1,936	-10	1,946.75	1,946.75	1.3
July 26, 2025	219	2	221.25		1,968	32	1,950.25	1,950.25	1.3
August 2, 2025	227	8	221.00		1,942	-26	1,948.00	1,948.00	1.3
August 9, 2025	224	-3	221.75		1,961	19	1,951.75	1,951.75	1.3
August 16, 2025	234	10	226.00		1,944	-17	1,953.75	1,953.75	1.3
August 23, 2025	229	-5	228.50		1,939	-5	1,946.50	1,946.50	1.3
August 30, 2025	236	7	230.75		1,927	-12	1,942.75	1,942.75	1.3
September 6, 2025	264	28	240.75		1,928	1	1,934.50	1,934.50	1.3
September 13, 2025	232	-32	240.25		1,916	-12	1,927.50	1,927.50	1.3
September 20, 2025	219	-13	237.75		1,921	5	1,923.00	1,923.00	1.3
September 27, 2025	224	5	234.75		1,929	8	1,923.50	1,923.50	1.3
October 4, 2025	235	11	227.50		1,928	-1	1,923.50	1,923.50	1.3
October 11, 2025	220	-15	224.50		1,947	19	1,931.25	1,931.25	1.3
October 18, 2025	232	12	227.75		1,957	10	1,940.25	1,940.25	1.3
October 25, 2025	220	-12	226.75		1,964	7	1,949.00	1,949.00	1.3
November 1, 2025	229	9	225.25		1,946	-18	1,953.50	1,953.50	1.3
November 8, 2025	228	-1	227.25		1,953	7	1,955.00	1,955.00	1.3
November 15, 2025	222	-6	224.75		1,944	-9	1,951.75	1,951.75	1.3
November 22, 2025	217	-5	224.00		1,937	-7	1,945.00	1,945.00	1.3
November 29, 2025	192	-25	214.75		1,830	-107	1,916.00	1,916.00	1.2
December 6, 2025	237	45	217.00		1,885	55	1,899.00	1,899.00	1.2
December 13, 2025	224	-13	217.50		1,914	29	1,891.50	1,891.50	1.2
December 20, 2025	215	-9	217.00		1,856	-58	1,871.25	1,871.25	1.2
December 27, 2025	200	-15	219.00		1,903	47	1,889.50	1,889.50	1.2
January 3, 2026	207	7	211.50		1,875	-28	1,887.00	1,887.00	1.2
January 10, 2026	199	-8	205.25		1,849	-26	1,870.75	1,870.75	1.2
January 17, 2026	200	1	201.50						

INITIAL CLAIMS FILED DURING WEEK ENDED
JANUARY 10

INSURED UNEMPLOYMENT FOR WEEK ENDED
JANUARY 3

STATE NAME	CHANGE FROM LAST WEEK AGO					CHANGE FROM LAST WEEK AGO					TOTAL INSURED UNEMPLOYMENT	
	STATE	WEEK	AGO	UCFE ¹	UCX ¹	STATE	(%) ²	WEEK	AGO	UCFE ¹	UCX ¹	
Alabama	3,096	949	120	20	6	10,616	0.5	559	-33	61	10	10,687
Alaska	656	119	-91	5	1	6,493	2.1	-3	-157	85	5	6,583
Arizona	2,869	912	-715	9	3	17,958	0.6	310	-3,925	132	32	18,122
Arkansas	1,786	418	216	2	2	8,362	0.7	181	532	27	12	8,401
California	50,227	5,193	-4,017	206	86	396,889	2.2	15,659	-16,410	1,994	1,107	399,990
Colorado	4,539	1,214	284	6	10	34,627	1.2	1,044	3,661	297	185	35,109
Connecticut	5,829	-782	-948	0	3	39,003	2.3	3,125	2,498	61	30	39,094
Delaware	553	163	54	5	1	7,636	1.6	1,054	826	18	5	7,659
District of Columbia	873	266	-160	36	1	8,847	1.6	144	1,552	1,499	11	10,357
Florida	7,146	2,941	-379	45	30	28,675	0.3	-793	-2,127	219	71	28,965
Georgia	11,988	2,868	504	42	28	36,475	0.8	5,540	-2,923	377	61	36,913
Hawaii	1,747	93	195	2	7	7,538	1.2	803	721	63	38	7,639
Idaho	1,947	388	-307	8	1	11,845	1.4	653	-64	187	8	12,040
Illinois	12,733	1,184	-6,198	6	8	131,980	2.2	2,163	-8,132	431	112	132,523
Indiana	7,494	2,829	1,590	9	5	28,001	0.9	2,587	-2,828	55	24	28,080
Iowa	3,871	-259	-1,203	4	6	22,259	1.4	2,402	-3,658	25	5	22,289
Kansas	1,961	98	-174	1	0	10,573	0.8	616	-731	31	28	10,632
Kentucky	3,690	-1,699	-2,900	8	0	13,379	0.7	2,504	-663	84	28	13,491
Louisiana	1,927	927	-143	8	3	8,076	0.4	30	-4,661	33	7	8,116
Maine	1,131	99	106	1	0	8,897	1.4	506	529	45	1	8,943
Maryland	3,082	107	171	53	11	28,355	1.1	1,708	2,433	832	55	29,242
Massachusetts	9,285	1,721	-623	3	0	98,336	2.7	5,350	11,537	294	93	98,723
Michigan	19,013	3,804	-8,352	3	5	86,333	2.0	6,473	-3,514	155	26	86,514
Minnesota	7,574	-926	733	6	5	79,713	2.7	502	1,377	152	57	79,922
Mississippi	1,210	-323	-143	5	0	7,688	0.7	303	-422	55	7	7,750
Missouri	7,306	2,240	-4,414	5	0	25,467	0.9	1,328	-227	112	27	25,606
Montana	1,386	268	154	68	1	11,313	2.3	550	418	389	8	11,710
Nebraska	1,126	74	-95	0	0	8,485	0.8	322	-132	19	1	8,505
Nevada	3,583	591	209	4	3	29,877	1.9	0	2,097	147	71	30,095
New Hampshire	660	-95	110	1	0	5,278	0.8	417	1,030	2	0	5,280
New Jersey	16,070	-612	486	31	16	133,761	3.2	13,607	5,508	357	230	134,348
New Mexico	1,123	325	101	6	0	11,219	1.3	-67	-3	128	60	11,407
New York	28,142	-4,572	6,240	19	10	219,921	2.3	18,973	24,093	659	230	220,810
North Carolina	4,561	1,440	-70	4	0	19,394	0.4	-324	-8,669	121	63	19,578
North Dakota	1,161	488	-69	3	0	6,227	1.5	198	225	22	5	6,254
Ohio	11,511	3,038	-2,429	12	18	67,429	1.2	3,947	-4,859	153	54	67,636
Oklahoma	1,797	379	346	14	9	11,892	0.7	179	1,120	68	39	11,999
Oregon	6,662	-3,507	784	68	3	46,421	2.4	1,660	7,766	633	83	47,137
Pennsylvania	19,171	-1,036	-243	21	14	132,858	2.2	13,232	862	499	113	133,470
Puerto Rico	1,473	279	-411	5	5	18,261	2.0	358	-475	244	61	18,566
Rhode Island	2,017	-418	62	3	1	15,928	3.3	2,062	480	46	9	15,983
South Carolina	3,822	40	-1,396	6	8	18,487	0.8	873	-1,596	61	46	18,594
South Dakota	511	178	-17	10	1	2,956	0.7	178	-53	29	4	2,989
Tennessee	6,643	3,541	1,163	1	5	20,341	0.7	1,465	2,186	74	40	20,455
Texas	22,802	8,707	-1,436	71	80	158,272	1.1	-8,020	4,187	592	729	159,593
Utah	2,288	692	-48	57	3	15,872	0.9	678	529	295	18	16,185
Vermont	600	69	-15	0	0	4,215	1.4	435	226	0	0	4,215
Virgin Islands	11	-2	-11	0	0	232	0.7	32	-10	2	0	234
Virginia	4,915	2,325	1,508	21	2	19,804	0.5	858	3,265	261	67	20,132
Washington	6,810	-3,189	-42	56	19	100,810	2.8	1,402	12,071	668	398	101,876
West Virginia	1,596	603	179	4	1	10,778	1.6	2,364	435	59	15	10,852
Wisconsin	6,306	-2,063	150	10	5	42,270	1.5	5,753	-630	86	10	42,366
Wyoming	683	176	-83	17	0	2,901	1.1	169	310	39	4	2,944
Totals	330,963	32,263	-21,667	1,010	426	2,299,223	1.5	116,049	25,572	12,977	4,403	2,316,603

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED JANUARY 10, 2026

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
TX	+8,707	Layoffs in manufacturing industry.
CA	+5,193	No comment.
MI	+3,804	Layoffs in manufacturing industry.
TN	+3,541	No comment.
OH	+3,038	Layoffs in manufacturing industry.
FL	+2,941	Layoffs in agriculture, forestry, fishing and hunting; construction; manufacturing; wholesale trade; and in retail trade industries.
GA	+2,868	No comment.
IN	+2,829	Layoffs in manufacturing industry.
VA	+2,325	Layoffs in manufacturing industry.
MO	+2,240	Layoffs in manufacturing, art, entertainment, and recreation, and in retail trade industries.
MA	+1,721	No comment.
NC	+1,440	Layoffs in administrative and support and waste management and remediation services; accommodation and food services; and in professional, scientific, and technical services industries.
CO	+1,214	No comment.
IL	+1,184	Layoffs in construction, administrative and support and waste management and remediation services, wholesale trade, and in retail trade industries.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
NY	-4,527	No comment.
OR	-3,507	No comment.
WA	-3,189	No comment.
WI	-2,063	Fewer layoffs in transportation and warehousing and in construction industries.
KY	-1,699	No comment.
PA	-1,036	Fewer layoffs in transportation and warehousing, accommodations and food services, construction, manufacturing industries.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#)

[Weekly Claims Data](#)

U.S. Department of Labor news materials are accessible at <http://www.dol.gov>. The Department's [Reasonable Accommodation Resource Center](#) converts Departmental information and documents into alternative formats, which include Braille and large print. For alternative format requests, please contact the Department at (202) 693-7828 (voice) or (800) 877-8339 (federal relay).

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