



News Release

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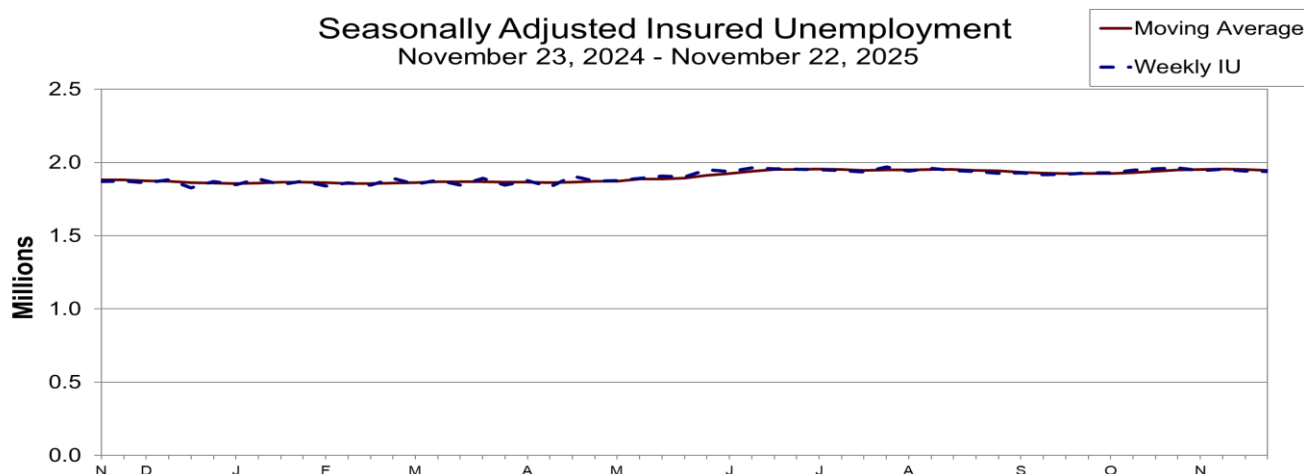
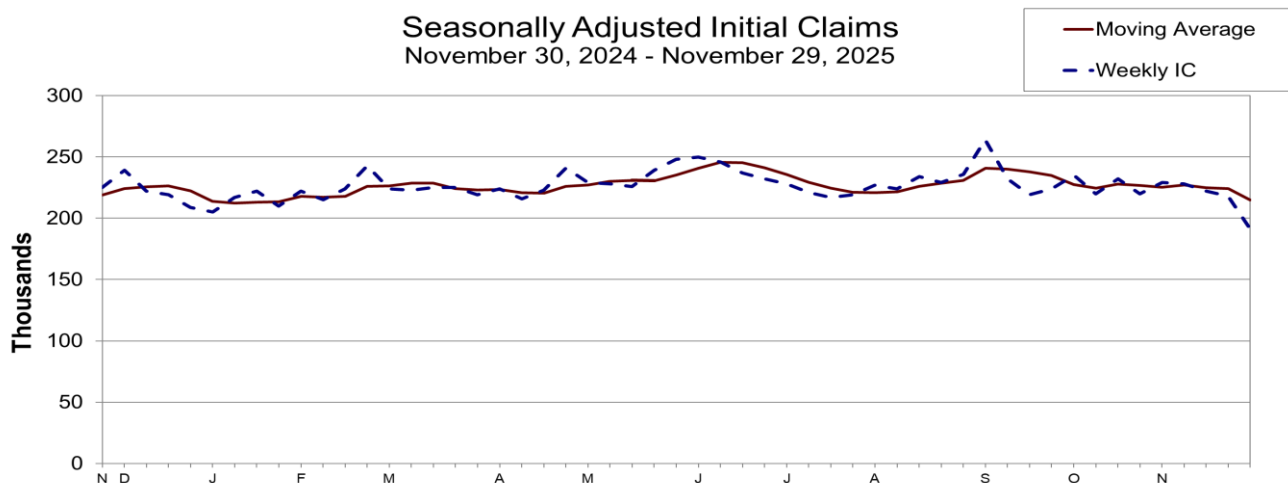
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8:30 A.M. (Eastern) Thursday, December 4, 2025

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending November 29, the advance figure for seasonally adjusted **initial claims** was 191,000, a decrease of 27,000 from the previous week's revised level. This is the lowest level for initial claims since September 24, 2022 when it was 189,000. The previous week's level was revised up by 2,000 from 216,000 to 218,000. The 4-week moving average was 214,750, a decrease of 9,500 from the previous week's revised average. The previous week's average was revised up by 500 from 223,750 to 224,250.

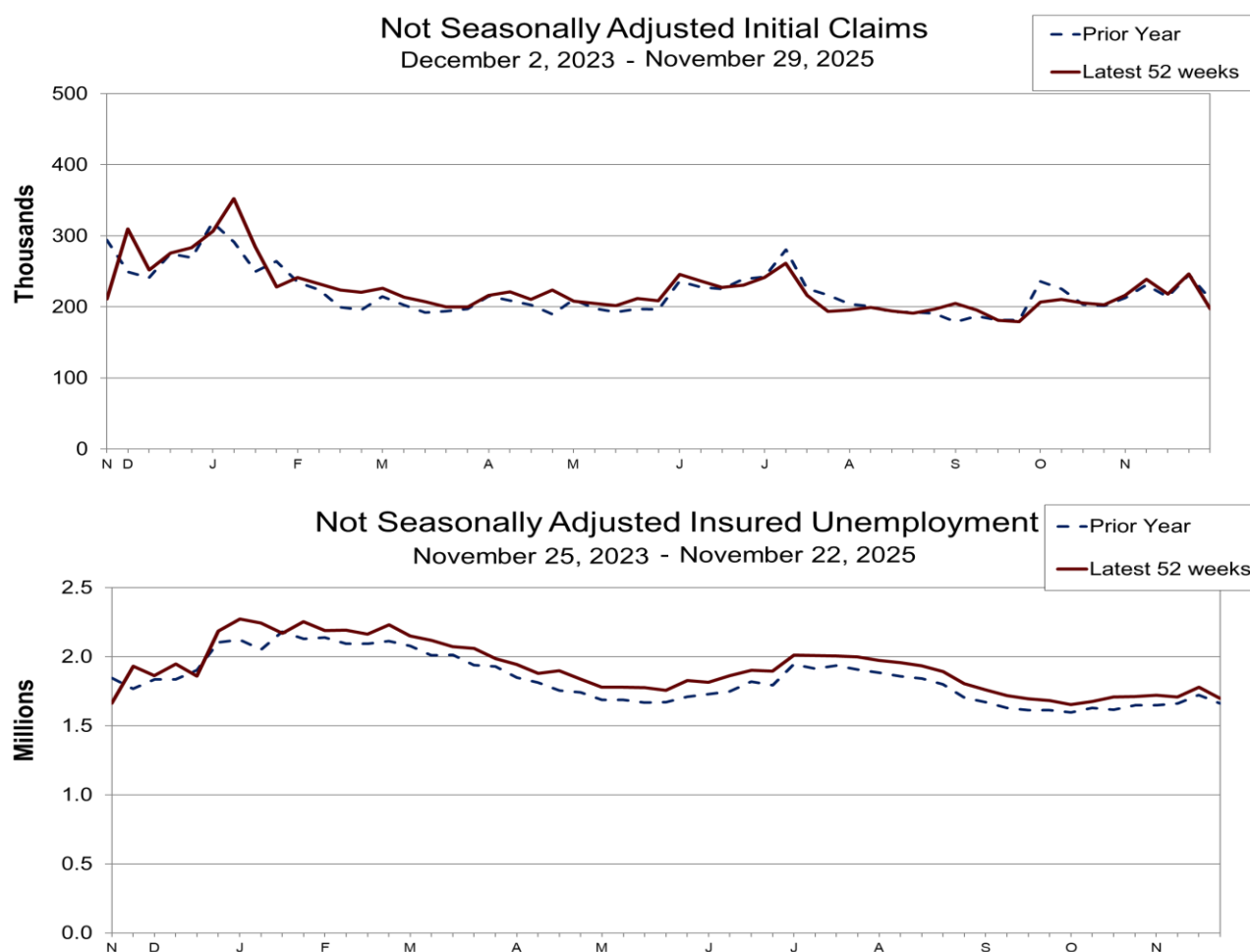
The advance seasonally adjusted **insured unemployment rate** was 1.3 percent for the week ending November 22, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending November 22 was 1,939,000, a decrease of 4,000 from the previous week's revised level. The previous week's level was revised down by 17,000 from 1,960,000 to 1,943,000. The 4-week moving average was 1,945,250, a decrease of 6,250 from the previous week's revised average. The previous week's average was revised down by 4,250 from 1,955,750 to 1,951,500.



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 197,221 in the week ending November 29, a decrease of 49,419 (or -20.0 percent) from the previous week. The seasonal factors had expected a decrease of 21,172 (or -8.6 percent) from the previous week. There were 211,226 initial claims in the comparable week in 2024.

The advance unadjusted insured unemployment rate was 1.1 percent during the week ending November 22, a decrease of 0.1 percentage point from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 1,698,312, a decrease of 81,054 (or -4.6 percent) from the preceding week. The seasonal factors had expected a decrease of 77,702 (or -4.4 percent) from the previous week. A year earlier the rate was 1.1 percent and the volume was 1,661,748.



The total number of continued weeks claimed for benefits in all programs for the week ending November 15 was 1,822,491, an increase of 56,776 from the previous week. There were 1,751,491 weekly claims filed for benefits in all programs in the comparable week in 2024.

No state was triggered "on" the Extended Benefits program during the week ending November 15.

Initial claims for UI benefits filed by former Federal civilian employees totaled 1,125 in the week ending November 22, a decrease of 599 from the prior week. There were 290 initial claims filed by newly discharged veterans, a decrease of 30 from the preceding week.

There were 17,851 continued weeks claimed filed by former Federal civilian employees the week ending November 15, a decrease of 15,234 from the previous week. Newly discharged veterans claiming benefits totaled 4,949, an increase of 325 from the prior week.

The highest insured unemployment rates in the week ending November 15 were in New Jersey (2.3), Washington (2.3), California (2.0), Massachusetts (2.0), Puerto Rico (1.9), District of Columbia (1.8), Nevada (1.8), Rhode Island (1.8), Alaska (1.7), Connecticut (1.7), and Oregon (1.7).

The largest increases in initial claims for the week ending November 22 were in California (+7,897), Illinois (+2,845), Pennsylvania (+2,472), Washington (+2,283), and New York (+2,235), while the largest decreases were in Kentucky (-1,107), New Jersey (-385), Kansas (-226), District of Columbia (-77), and Louisiana (-53).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	November 29	November 22	Change	November 15	Prior Year ¹
Initial Claims (SA)	191,000	218,000	-27,000	222,000	225,000
Initial Claims (NSA)	197,221	246,640	-49,419	218,228	211,226
4-Wk Moving Average (SA)	214,750	224,250	-9,500	224,750	219,000

WEEK ENDING	November 22	November 15	Change	November 8	Prior Year ¹
Insured Unemployment (SA)	1,939,000	1,943,000	-4,000	1,953,000	1,871,000
Insured Unemployment (NSA)	1,698,312	1,779,366	-81,054	1,708,934	1,661,748
4-Wk Moving Average (SA)	1,945,250	1,951,500	-6,250	1,955,000	1,881,750
Insured Unemployment Rate (SA) ²	1.3%	1.3%	0.0	1.3%	1.2%
Insured Unemployment Rate (NSA) ²	1.1%	1.2%	-0.1	1.1%	1.1%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	November 22	November 15	Change	Prior Year ¹
Federal Employees (UCFE)	1,125	1,724	-599	752
Newly Discharged Veterans (UCX)	290	320	-30	390

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	November 15	November 8	Change	Prior Year ¹
Regular State	1,772,256	1,702,408	+69,848	1,715,317
Federal Employees	17,851	33,085	-15,234	5,027
Newly Discharged Veterans	4,949	4,624	+325	4,522
Extended Benefits ³	25	22	+3	155
State Additional Benefits ⁴	2,738	2,759	-21	2,633
STC / Workshare ⁵	24,672	22,817	+1,855	23,837
TOTAL	1,822,491	1,765,715	+56,776	1,751,491

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 153,186,715 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended November 29			Insured Unemployment For Week Ended November 22		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,088	2,201	-1,113	8,086	8,488	-402
Alaska	700	710	-10	5,597	5,507	90
Arizona	1,533	2,368	-835	16,942	17,959	-1,017
Arkansas	1,195	2,001	-806	5,532	6,581	-1,049
California	33,835	53,386	-19,551	316,857	360,419	-43,562
Colorado	2,813	3,769	-956	32,387	31,580	807
Connecticut	3,277	3,125	152	30,701	29,451	1,250
Delaware	472	672	-200	5,093	4,872	221
District of Columbia	488	761	-273	10,300	9,919	381
Florida	3,547	5,946	-2,399	21,954	31,462	-9,508
Georgia	2,679	4,793	-2,114	21,934	26,268	-4,334
Hawaii	804	1,020	-216	5,494	5,584	-90
Idaho	1,422	1,344	78	5,799	5,883	-84
Illinois	10,583	12,721	-2,138	87,446	91,355	-3,909
Indiana	2,259	2,758	-499	18,905	19,240	-335
Iowa	2,814	2,255	559	7,634	7,574	60
Kansas	1,109	1,161	-52	8,658	7,644	1,014
Kentucky	1,856	1,920	-64	10,523	11,665	-1,142
Louisiana	987	1,520	-533	6,501	6,527	-26
Maine	862	894	-32	6,042	5,719	323
Maryland	1,760	2,410	-650	25,774	27,549	-1,775
Massachusetts	5,231	6,191	-960	69,252	70,981	-1,729
Michigan	7,242	7,757	-515	51,951	61,534	-9,583
Minnesota	7,570	7,693	-123	50,243	44,535	5,708
Mississippi	912	1,066	-154	5,253	6,137	-884
Missouri	2,591	2,937	-346	16,153	20,080	-3,927
Montana	1,173	1,158	15	6,723	6,166	557
Nebraska	1,677	845	832	4,583	4,651	-68
Nevada	2,174	3,478	-1,304	27,342	26,602	740
New Hampshire	298	441	-143	3,057	3,881	-824
New Jersey	9,740	10,214	-474	93,119	95,317	-2,198
New Mexico	822	885	-63	10,299	10,474	-175
New York	14,716	17,941	-3,225	157,779	158,192	-413
North Carolina	2,015	3,448	-1,433	17,850	19,728	-1,878
North Dakota	1,012	645	367	2,807	2,158	649
Ohio	7,206	6,765	441	42,722	43,469	-747
Oklahoma	1,059	1,581	-522	10,629	11,063	-434
Oregon	5,880	5,024	856	35,749	33,254	2,495
Pennsylvania	15,198	13,068	2,130	85,529	86,036	-507
Puerto Rico	710	1,169	-459	14,924	17,689	-2,765
Rhode Island	1,183	1,125	58	9,044	8,866	178
South Carolina	1,431	2,186	-755	13,581	14,236	-655
South Dakota	406	369	37	1,472	1,413	59
Tennessee	2,891	2,940	-49	14,168	14,328	-160
Texas	11,134	19,483	-8,349	146,719	154,144	-7,425
Utah	1,514	2,060	-546	12,446	12,355	91
Vermont	591	484	107	2,521	2,606	-85
Virgin Islands	5	12	-7	278	312	-34
Virginia	1,804	2,627	-823	19,491	18,516	975
Washington	6,491	9,589	-3,098	84,177	79,933	4,244
West Virginia	649	883	-234	6,268	6,131	137
Wisconsin	5,468	4,322	1,146	21,375	21,241	134
Wyoming	345	519	-174	2,649	2,092	557
US Total	197,221	246,640	-49,419	1,698,312	1,779,366	-81,054

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Change from			Insured Unemployment	Change from		IUR
	Initial Claims	Prior Week	4-Week Average		Prior Week	4-Week Average	
November 23, 2024	216	0	218.00	1,871	-21	1,881.75	1.2
November 30, 2024	225	9	219.00	1,873	2	1,882.00	1.2
December 7, 2024	239	14	224.00	1,862	-11	1,874.50	1.2
December 14, 2024	222	-17	225.50	1,882	20	1,872.00	1.2
December 21, 2024	219	-3	226.25	1,828	-54	1,861.25	1.2
December 28, 2024	209	-10	222.25	1,871	43	1,860.75	1.2
January 4, 2025	205	-4	213.75	1,850	-21	1,857.75	1.2
January 11, 2025	217	12	212.50	1,888	38	1,859.25	1.2
January 18, 2025	222	5	213.25	1,849	-39	1,864.50	1.2
January 25, 2025	210	-12	213.50	1,874	25	1,865.25	1.2
February 1, 2025	222	12	217.75	1,839	-35	1,862.50	1.2
February 8, 2025	215	-7	217.25	1,861	22	1,855.75	1.2
February 15, 2025	224	9	217.75	1,847	-14	1,855.25	1.2
February 22, 2025	243	19	226.00	1,892	45	1,859.75	1.2
March 1, 2025	224	-19	226.50	1,851	-41	1,862.75	1.2
March 8, 2025	223	-1	228.50	1,881	30	1,867.75	1.2
March 15, 2025	225	2	228.75	1,847	-34	1,867.75	1.2
March 22, 2025	225	0	224.25	1,893	46	1,868.00	1.2
March 29, 2025	219	-6	223.00	1,844	-49	1,866.25	1.2
April 5, 2025	224	5	223.25	1,878	34	1,865.50	1.2
April 12, 2025	216	-8	221.00	1,833	-45	1,862.00	1.2
April 19, 2025	223	7	220.50	1,908	75	1,865.75	1.3
April 26, 2025	241	18	226.00	1,872	-36	1,872.75	1.2
May 3, 2025	229	-12	227.25	1,877	5	1,872.50	1.2
May 10, 2025	228	-1	230.25	1,893	16	1,887.50	1.2
May 17, 2025	226	-2	231.00	1,907	14	1,887.25	1.3
May 24, 2025	239	13	230.50	1,902	-5	1,894.75	1.2
May 31, 2025	248	9	235.25	1,951	49	1,913.25	1.3
June 7, 2025	250	2	240.75	1,937	-14	1,924.25	1.3
June 14, 2025	246	-4	245.75	1,964	27	1,938.50	1.3
June 21, 2025	237	-9	245.25	1,956	-8	1,952.00	1.3
June 28, 2025	232	-5	241.25	1,954	-2	1,952.75	1.3
July 5, 2025	228	-4	235.75	1,951	-3	1,956.25	1.3
July 12, 2025	221	-7	229.50	1,946	-5	1,951.75	1.3
July 19, 2025	217	-4	224.50	1,936	-10	1,946.75	1.3
July 26, 2025	219	2	221.25	1,968	32	1,950.25	1.3
August 2, 2025	227	8	221.00	1,942	-26	1,948.00	1.3
August 9, 2025	224	-3	221.75	1,961	19	1,951.75	1.3
August 16, 2025	234	10	226.00	1,944	-17	1,953.75	1.3
August 23, 2025	229	-5	228.50	1,939	-5	1,946.50	1.3
August 30, 2025	236	7	230.75	1,927	-12	1,942.75	1.3
September 6, 2025	264	28	240.75	1,928	1	1,934.50	1.3
September 13, 2025	232	-32	240.25	1,916	-12	1,927.50	1.3
September 20, 2025	219	-13	237.75	1,921	5	1,923.00	1.3
September 27, 2025	224	5	234.75	1,929	8	1,923.50	1.3
October 4, 2025	235	11	227.50	1,928	-1	1,923.50	1.3
October 11, 2025	220	-15	224.50	1,947	19	1,931.25	1.3
October 18, 2025	232	12	227.75	1,957	10	1,940.25	1.3
October 25, 2025	220	-12	226.75	1,964	7	1,949.00	1.3
November 1, 2025	229	9	225.25	1,946	-18	1,953.50	1.3
November 8, 2025	228	-1	227.25	1,953	7	1,955.00	1.3
November 15, 2025	222	-6	224.75	1,943	-10	1,951.50	1.3
November 22, 2025	218	-4	224.25	1,939	-4	1,945.25	1.3
November 29, 2025	191	-27	214.75				

INITIAL CLAIMS FILED DURING WEEK ENDED NOVEMBER 22						INSURED UNEMPLOYMENT FOR WEEK ENDED NOVEMBER 15						
STATE NAME	STATE	CHANGE FROM		UCFE ¹	UCX ¹	STATE	(%) ²	CHANGE FROM		UCFE ¹	UCX ¹	TOTAL INSURED UNEMPLOYMENT
		LAST WEEK	YEAR AGO					LAST WEEK	YEAR AGO			
Alabama	2,201	231	43	3	6	8,488	0.4	-848	-138	115	16	8,619
Alaska	710	22	-62	8	0	5,507	1.7	289	-369	95	4	5,606
Arizona	2,368	-50	-707	6	9	17,959	0.6	-2,568	-5,585	89	31	18,079
Arkansas	2,001	1,051	161	0	0	6,581	0.5	658	-688	56	11	6,648
California	53,386	7,897	5,316	207	49	360,419	2.0	36,965	-2,953	2,483	1,268	364,170
Colorado	3,769	455	111	8	5	31,580	1.1	75	3,050	468	210	32,258
Connecticut	3,125	379	105	12	3	29,451	1.7	681	7,381	69	28	29,548
Delaware	672	87	433	1	2	4,872	1.0	104	43	26	7	4,905
District of Columbia	761	-77	50	43	1	9,919	1.8	-718	3,104	1,697	9	11,625
Florida	5,946	662	-414	27	22	31,462	0.3	1,232	-3,361	360	81	31,903
Georgia	4,793	341	-1,044	51	13	26,268	0.6	32	-3,101	489	90	26,847
Hawaii	1,020	130	103	1	4	5,584	0.9	0	-17	106	72	5,762
Idaho	1,344	284	-557	33	1	5,883	0.7	193	513	89	6	5,978
Illinois	12,721	2,845	-324	27	2	91,355	1.5	3,251	170	858	119	92,332
Indiana	2,758	163	-477	5	2	19,240	0.6	471	-1,683	88	35	19,363
Iowa	2,255	573	-881	6	2	7,574	0.5	118	-2,026	30	6	7,610
Kansas	1,161	-226	48	1	0	7,644	0.5	189	373	91	24	7,759
Kentucky	1,920	-1,107	-119	3	1	11,665	0.6	1,336	3,014	309	30	12,004
Louisiana	1,520	-53	-602	2	2	6,527	0.3	-1,331	-4,860	49	10	6,586
Maine	894	49	-74	0	0	5,719	0.9	418	542	59	4	5,782
Maryland	2,410	7	-114	55	5	27,549	1.1	-272	5,091	1,362	73	28,984
Massachusetts	6,191	380	-435	1	2	70,981	2.0	2,936	14,920	439	95	71,515
Michigan	7,757	401	-1,936	5	4	61,534	1.4	2,388	9,816	225	26	61,785
Minnesota	7,693	1,538	-349	3	2	44,535	1.5	4,613	-63	184	41	44,760
Mississippi	1,066	22	-70	1	0	6,137	0.5	434	68	110	9	6,256
Missouri	2,937	424	-511	3	1	20,080	0.7	-23	3,297	191	19	20,290
Montana	1,158	214	-129	81	1	6,166	1.2	452	-110	224	6	6,396
Nebraska	845	205	-48	1	1	4,651	0.5	107	80	24	4	4,679
Nevada	3,478	490	134	15	1	26,602	1.8	668	1,404	144	66	26,812
New Hampshire	441	87	-1	2	1	3,881	0.6	77	780	13	0	3,894
New Jersey	10,214	-385	387	35	13	95,317	2.3	-479	-735	436	248	96,001
New Mexico	885	29	5	5	2	10,474	1.2	258	39	304	34	10,812
New York	17,941	2,235	1,533	40	7	158,192	1.6	6,074	10,696	1,142	219	159,553
North Carolina	3,448	122	-381	8	0	19,728	0.4	289	-10,933	180	74	19,982
North Dakota	645	229	-214	0	0	2,158	0.5	129	-76	43	5	2,206
Ohio	6,765	571	-1,388	12	5	43,469	0.8	928	-1,104	319	62	43,850
Oklahoma	1,581	260	182	5	4	11,063	0.7	-145	1,677	95	34	11,192
Oregon	5,024	198	-199	110	8	33,254	1.7	95	4,371	483	72	33,809
Pennsylvania	13,068	2,472	-1,371	29	7	86,036	1.5	1,789	350	622	138	86,796
Puerto Rico	1,169	115	42	2	3	17,689	1.9	1,144	-260	302	53	18,044
Rhode Island	1,125	244	-195	5	0	8,866	1.8	594	631	59	22	8,947
South Carolina	2,186	64	633	2	6	14,236	0.6	-20	361	129	47	14,412
South Dakota	369	75	-62	5	0	1,413	0.3	127	-18	26	2	1,441
Tennessee	2,940	110	166	2	4	14,328	0.5	-739	-584	247	46	14,621
Texas	19,483	754	2,547	87	60	154,144	1.1	4,776	10,384	1,156	938	156,238
Utah	2,060	264	-63	44	0	12,355	0.7	273	807	422	27	12,804
Vermont	484	66	49	0	1	2,606	0.9	190	447	3	0	2,609
Virgin Islands	12	-6	-34	0	0	312	0.9	52	30	6	4	322
Virginia	2,627	206	383	34	2	18,516	0.5	-302	2,962	301	79	18,896
Washington	9,589	2,283	2,052	62	23	79,933	2.3	3,060	10,745	852	419	81,204
West Virginia	883	146	-30	4	2	6,131	0.9	342	-385	65	8	6,204
Wisconsin	4,322	853	-325	8	1	21,241	0.7	18	-4	79	15	21,335
Wyoming	519	83	3	15	0	2,092	0.8	52	119	38	3	2,133
Totals	246,640	28,412	1,370	1,125	290	1,779,366	1.2	70,432	58,212	17,851	4,949	1,802,166

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED NOVEMBER 22, 2025

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
CA	+7,897	No comment.
IL	+2,845	Layoffs in construction, administrative and support and waste management and remediation services, wholesale trade, and retail trade industries.
PA	+2,472	Layoff in transportation and warehousing, and in construction industries.
WA	+2,283	No comment.
NY	+2,235	Layoffs in construction; professional, scientific, and technical services; and in manufacturing industries.
MN	+1,538	Layoffs in construction industry.
AR	+1,051	No comment.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
KY	-1,107	No comment.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#) [Weekly Claims Data](#)

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