



News Release

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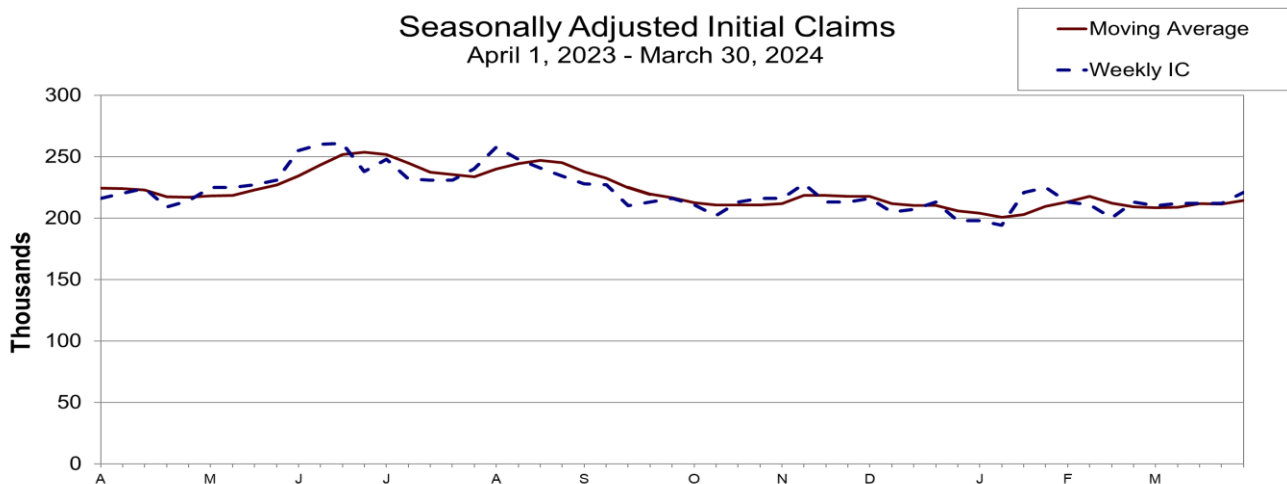
UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

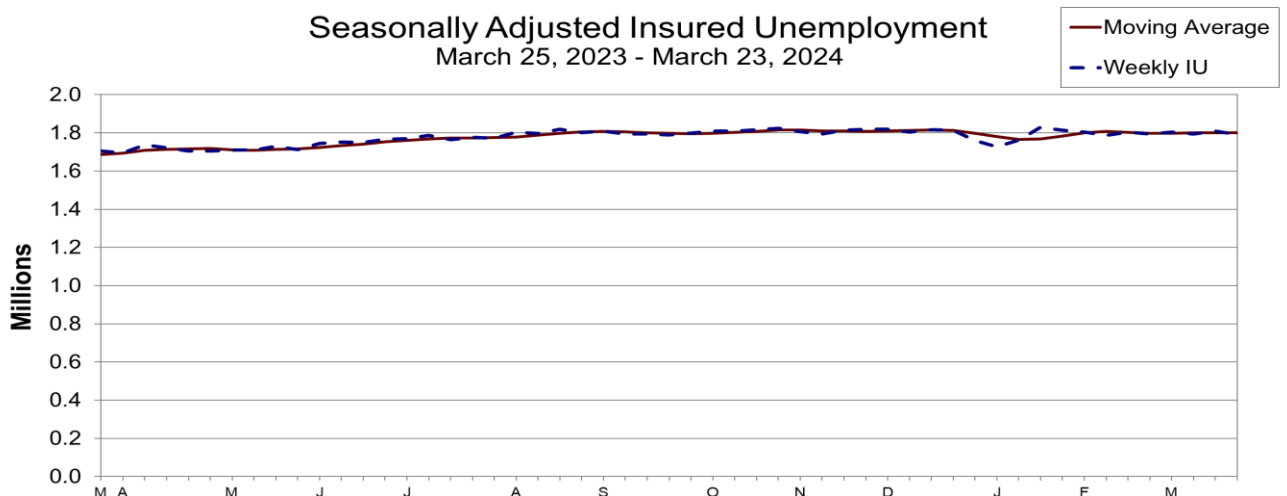
In the week ending March 30, the advance figure for seasonally adjusted **initial claims** was 221,000, an increase of 9,000 from the previous week's revised level. The previous week's level was revised up by 2,000 from 210,000 to 212,000. The 4-week moving average was 214,250, an increase of 2,750 from the previous week's revised average. The previous week's average was revised up by 500 from 211,000 to 211,500.

The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending March 23, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending March 23 was 1,791,000, a decrease of 19,000 from the previous week's revised level. The previous week's level was revised down by 9,000 from 1,819,000 to 1,810,000. The 4-week moving average was 1,799,750, a decrease of 750 from the previous week's revised average. The previous week's average was revised down by 2,250 from 1,802,750 to 1,800,500.

Seasonally Adjusted Initial Claims
April 1, 2023 - March 30, 2024



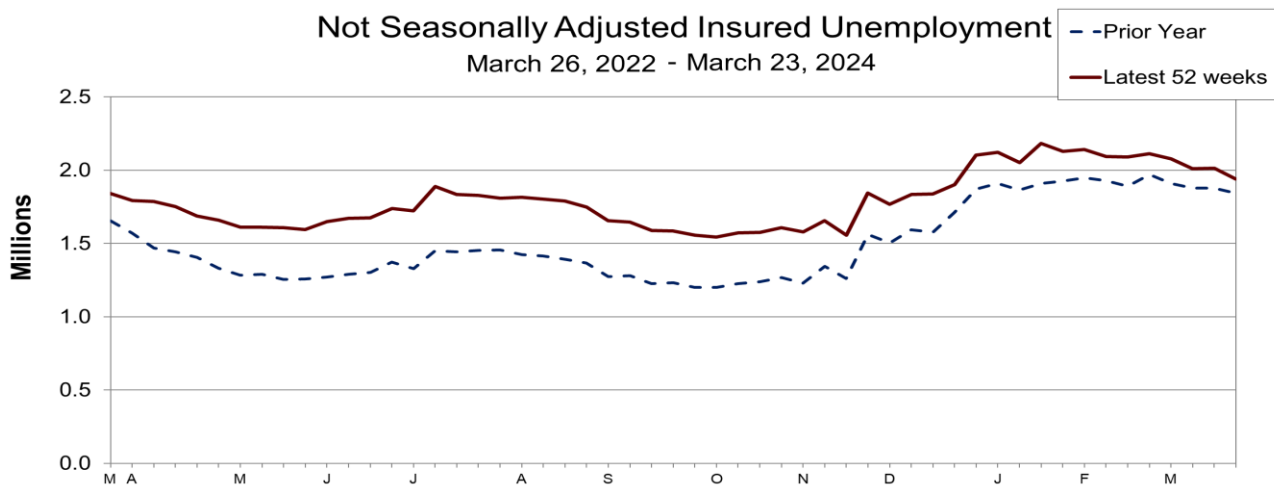
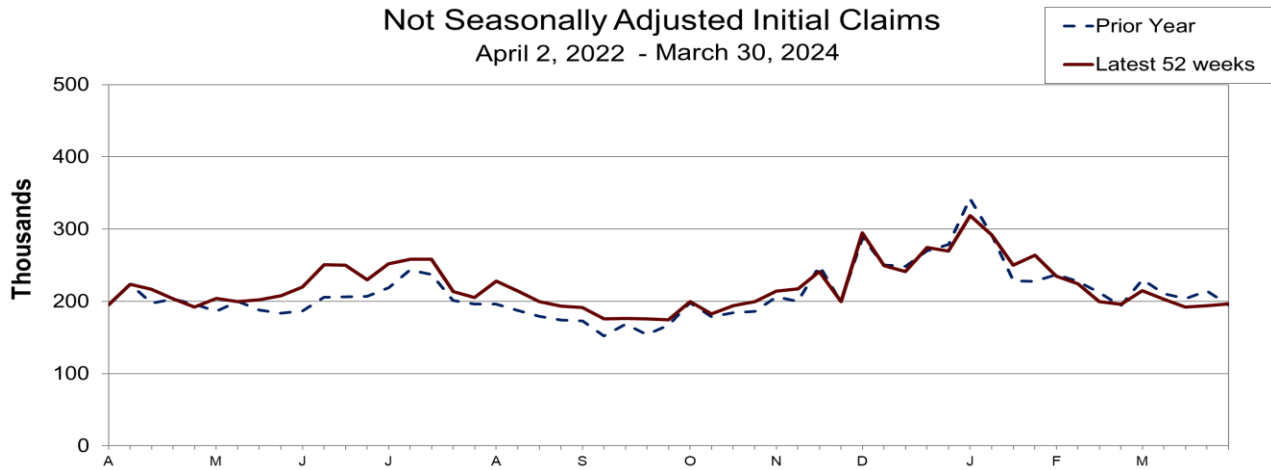
Seasonally Adjusted Insured Unemployment
March 25, 2023 - March 23, 2024



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 196,376 in the week ending March 30, an increase of 2,455 (or 1.3 percent) from the previous week. The seasonal factors had expected a decrease of 5,304 (or -2.7 percent) from the previous week. There were 195,200 initial claims in the comparable week in 2023.

The advance unadjusted insured unemployment rate was 1.3 percent during the week ending March 23, unchanged from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 1,939,150, a decrease of 73,454 (or -3.6 percent) from the preceding week. The seasonal factors had expected a decrease of 52,487 (or -2.6 percent) from the previous week. A year earlier the rate was 1.3 percent and the volume was 1,841,752.



The total number of continued weeks claimed for benefits in all programs for the week ending March 16 was 2,038,116, an increase of 1,035 from the previous week. There were 1,905,338 weekly claims filed for benefits in all programs in the comparable week in 2023.

No state was triggered "on" the Extended Benefits program during the week ending March 16.

Initial claims for UI benefits filed by former Federal civilian employees totaled 371 in the week ending March 23, an increase of 9 from the prior week. There were 368 initial claims filed by newly discharged veterans, a decrease of 11 from the preceding week.

There were 5,891 continued weeks claimed filed by former Federal civilian employees the week ending March 16, a decrease of 350 from the previous week. Newly discharged veterans claiming benefits totaled 4,439, an increase of 34 from the prior week.

The highest insured unemployment rates in the week ending March 16 were in New Jersey (2.8), California (2.5), Rhode Island (2.5), Massachusetts (2.3), Minnesota (2.3), Illinois (2.1), New York (1.9), Alaska (1.8), Connecticut (1.8), Montana (1.8), Pennsylvania (1.8), and Washington (1.8).

The largest increases in initial claims for the week ending March 23 were in Texas (+2,274), Missouri (+1,312), Oregon (+940), Illinois (+788), and Ohio (+785), while the largest decreases were in Michigan (-1,322), California (-538), Mississippi (-443), Connecticut (-440), and Iowa (-423).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	March 30	March 23	Change	March 16	Prior Year¹
Initial Claims (SA)	221,000	212,000	+9,000	212,000	216,000
Initial Claims (NSA)	196,376	193,921	+2,455	191,772	195,200
4-Wk Moving Average (SA)	214,250	211,500	+2,750	211,750	224,250

WEEK ENDING	March 23	March 16	Change	March 9	Prior Year¹
Insured Unemployment (SA)	1,791,000	1,810,000	-19,000	1,795,000	1,704,000
Insured Unemployment (NSA)	1,939,150	2,012,604	-73,454	2,008,778	1,841,752
4-Wk Moving Average (SA)	1,799,750	1,800,500	-750	1,799,250	1,686,500
Insured Unemployment Rate (SA) ²	1.2%	1.2%	0.0	1.2%	1.2%
Insured Unemployment Rate (NSA) ²	1.3%	1.3%	0.0	1.3%	1.3%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	March 23	March 16	Change	Prior Year¹
Federal Employees (UCFE)	371	362	+9	390
Newly Discharged Veterans (UCX)	368	379	-11	328

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	March 16	March 9	Change	Prior Year¹
Regular State	2,007,570	2,002,385	+5,185	1,870,591
Federal Employees	5,891	6,241	-350	6,477
Newly Discharged Veterans	4,439	4,405	+34	4,237
Extended Benefits ³	353	259	+94	1,727
State Additional Benefits ⁴	2,715	2,718	-3	2,023
STC / Workshare ⁵	17,148	21,073	-3,925	20,283
TOTAL	2,038,116	2,037,081	+1,035	1,905,338

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 149,943,945 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended March 30			Insured Unemployment For Week Ended March 23		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,818	1,963	-145	7,968	8,705	-737
Alaska	672	676	-4	5,244	5,563	-319
Arizona	3,314	3,361	-47	20,800	22,091	-1,291
Arkansas	1,031	1,556	-525	8,937	9,012	-75
California*	43,418	40,890	2,528	423,339	445,103	-21,764
Colorado	2,506	2,578	-72	28,904	28,534	370
Connecticut	2,174	2,466	-292	28,677	29,946	-1,269
Delaware	160	164	-4	5,624	5,404	220
District of Columbia	460	498	-38	5,776	5,894	-118
Florida	5,277	5,254	23	32,115	35,286	-3,171
Georgia	3,344	4,447	-1,103	27,133	29,860	-2,727
Hawaii	1,077	994	83	6,254	6,237	17
Idaho	1,148	1,285	-137	7,995	8,989	-994
Illinois	9,510	8,268	1,242	118,071	121,513	-3,442
Indiana	2,788	3,137	-349	23,963	23,862	101
Iowa	3,021	1,527	1,494	13,544	15,620	-2,076
Kansas	1,237	935	302	5,308	5,025	283
Kentucky	1,384	1,254	130	8,658	9,642	-984
Louisiana	1,234	1,512	-278	9,690	11,056	-1,366
Maine	637	635	2	8,152	8,054	98
Maryland	3,003	2,254	749	23,525	23,890	-365
Massachusetts	5,179	4,704	475	78,154	81,321	-3,167
Michigan	5,314	5,650	-336	61,722	66,107	-4,385
Minnesota	3,756	3,459	297	67,575	64,711	2,864
Mississippi	773	893	-120	5,294	6,178	-884
Missouri	2,975	5,451	-2,476	17,886	18,940	-1,054
Montana	478	505	-27	8,207	8,610	-403
Nebraska	558	597	-39	5,083	6,021	-938
Nevada	2,186	2,404	-218	23,496	25,345	-1,849
New Hampshire	311	428	-117	3,510	3,841	-331
New Jersey	9,342	8,387	955	109,987	114,694	-4,707
New Mexico	698	722	-24	10,102	10,258	-156
New York	14,162	13,927	235	178,982	180,186	-1,204
North Carolina	2,590	3,072	-482	19,046	20,051	-1,005
North Dakota	260	238	22	4,841	4,723	118
Ohio	6,107	5,043	1,064	48,789	50,665	-1,876
Oklahoma	1,104	1,394	-290	9,261	9,244	17
Oregon	5,029	4,305	724	30,231	27,378	2,853
Pennsylvania	11,396	9,498	1,898	101,293	107,044	-5,751
Puerto Rico	813	850	-37	12,145	14,217	-2,072
Rhode Island	794	770	24	11,597	11,912	-315
South Carolina	1,535	1,791	-256	12,697	13,264	-567
South Dakota	163	135	28	2,186	2,320	-134
Tennessee	2,625	2,740	-115	17,430	17,861	-431
Texas	13,767	17,044	-3,277	136,323	149,776	-13,453
Utah	1,191	1,266	-75	12,829	13,495	-666
Vermont	239	280	-41	3,353	3,090	263
Virgin Islands	18	36	-18	224	250	-26
Virginia	2,091	2,098	-7	16,418	15,497	921
Washington	5,122	5,100	22	66,494	62,969	3,525
West Virginia	685	733	-48	9,324	8,776	548
Wisconsin	5,609	4,429	1,180	32,409	32,250	159
Wyoming	293	318	-25	2,585	2,324	261
US Total	196,376	193,921	2,455	1,939,150	2,012,604	-73,454

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

* Denotes state estimate.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Initial Claims	Change from		Insured Unemployment	Change from		IUR
		Prior Week	4-Week Average		Prior Week	4-Week Average	
March 25, 2023	232	4	227.00	1,704	7	1,686.50	1.2
April 1, 2023	216	-16	224.25	1,696	-8	1,694.25	1.2
April 8, 2023	220	4	224.00	1,737	41	1,708.50	1.2
April 15, 2023	224	4	223.00	1,722	-15	1,714.75	1.2
April 22, 2023	209	-15	217.25	1,705	-17	1,715.00	1.2
April 29, 2023	214	5	216.75	1,706	1	1,717.50	1.2
May 6, 2023	225	11	218.00	1,710	4	1,710.75	1.2
May 13, 2023	225	0	218.25	1,710	0	1,707.75	1.2
May 20, 2023	227	2	222.75	1,729	19	1,713.75	1.2
May 27, 2023	231	4	227.00	1,712	-17	1,715.25	1.2
June 3, 2023	255	24	234.50	1,744	32	1,723.75	1.2
June 10, 2023	260	5	243.25	1,753	9	1,734.50	1.2
June 17, 2023	261	1	251.75	1,750	-3	1,739.75	1.2
June 24, 2023	238	-23	253.50	1,767	17	1,753.50	1.2
July 1, 2023	248	10	251.75	1,770	3	1,760.00	1.2
July 8, 2023	232	-16	244.75	1,786	16	1,768.25	1.2
July 15, 2023	231	-1	237.25	1,765	-21	1,772.00	1.2
July 22, 2023	231	0	235.50	1,776	11	1,774.25	1.2
July 29, 2023	240	9	233.50	1,773	-3	1,775.00	1.2
August 5, 2023	258	18	240.00	1,803	30	1,779.25	1.2
August 12, 2023	248	-10	244.25	1,797	-6	1,787.25	1.2
August 19, 2023	241	-7	246.75	1,819	22	1,798.00	1.2
August 26, 2023	234	-7	245.25	1,802	-17	1,805.25	1.2
September 2, 2023	228	-6	237.75	1,810	8	1,807.00	1.2
September 9, 2023	227	-1	232.50	1,793	-17	1,806.00	1.2
September 16, 2023	210	-17	224.75	1,795	2	1,800.00	1.2
September 23, 2023	213	3	219.50	1,789	-6	1,796.75	1.2
September 30, 2023	216	3	216.50	1,800	11	1,794.25	1.2
October 7, 2023	211	-5	212.50	1,808	8	1,798.00	1.2
October 14, 2023	202	-9	210.50	1,810	2	1,801.75	1.2
October 21, 2023	213	11	210.50	1,816	6	1,808.50	1.2
October 28, 2023	216	3	210.50	1,823	7	1,814.25	1.2
November 4, 2023	216	0	211.75	1,807	-16	1,814.00	1.2
November 11, 2023	228	12	218.25	1,795	-12	1,810.25	1.2
November 18, 2023	213	-15	218.25	1,813	18	1,809.50	1.2
November 25, 2023	213	0	217.50	1,818	5	1,808.25	1.2
December 2, 2023	216	3	217.50	1,818	0	1,811.00	1.2
December 9, 2023	205	-11	211.75	1,803	-15	1,813.00	1.2
December 16, 2023	207	2	210.25	1,817	14	1,814.00	1.2
December 23, 2023	213	6	210.25	1,815	-2	1,813.25	1.2
December 30, 2023	198	-15	205.75	1,759	-56	1,798.50	1.2
January 6, 2024	198	0	204.00	1,728	-31	1,779.75	1.2
January 13, 2024	194	-4	200.75	1,761	33	1,765.75	1.2
January 20, 2024	221	27	202.75	1,829	68	1,769.25	1.2
January 27, 2024	225	4	209.50	1,813	-16	1,782.75	1.2
February 3, 2024	213	-12	213.25	1,803	-10	1,801.50	1.2
February 10, 2024	211	-2	217.50	1,787	-16	1,808.00	1.2
February 17, 2024	200	-11	212.25	1,805	18	1,802.00	1.2
February 24, 2024	213	13	209.25	1,794	-11	1,797.25	1.2
March 2, 2024	210	-3	208.50	1,803	9	1,797.25	1.2
March 9, 2024	212	2	208.75	1,795	-8	1,799.25	1.2
March 16, 2024	212	0	211.75	1,810	15	1,800.50	1.2
March 23, 2024	212	0	211.50	1,791	-19	1,799.75	1.2
March 30, 2024	221	9	214.25				

INITIAL CLAIMS FILED DURING WEEK ENDED
MARCH 23

INSURED UNEMPLOYMENT FOR WEEK ENDED
MARCH 16

STATE NAME	STATE	CHANGE FROM				STATE (%) ²	CHANGE FROM				ALL PROGRAMS EXCLUDING RAILROAD RETIREMENT	
		LAST WEEK	YEAR AGO	UCFE ¹	UCX ¹		LAST WEEK	YEAR AGO	UCFE ¹	UCX ¹		
Alabama	1,963	-162	-399	7	5	8,705	0.4	-152	-381	35	23	8,763
Alaska	676	-51	-45	4	1	5,563	1.8	85	-52	73	8	5,644
Arizona	3,361	31	299	3	0	22,091	0.7	73	2,147	106	41	22,238
Arkansas	1,556	243	399	2	2	9,012	0.7	-257	1,416	37	7	9,056
California	40,890	-538	-5,893	96	95	445,103	2.5	25,074	31,783	1,132	1,064	447,299
Colorado	2,578	104	154	0	6	28,534	1.0	-115	4,262	134	174	28,842
Connecticut	2,466	-440	42	1	0	29,946	1.8	-913	1,814	38	29	30,013
Delaware	164	-52	-57	5	0	5,404	1.2	-135	1,068	4	6	5,414
District of Columbia	498	-11	-1,594	8	0	5,894	1.0	322	200	105	6	6,005
Florida	5,254	-97	125	6	31	35,286	0.4	-774	-1,574	111	99	35,496
Georgia	4,447	61	-507	24	14	29,860	0.6	-267	2,066	210	89	30,159
Hawaii	994	-80	-143	1	6	6,237	1.0	-390	467	41	50	6,328
Idaho	1,285	253	-8	1	0	8,989	1.1	-1,106	372	92	14	9,095
Illinois	8,268	788	292	10	3	121,513	2.1	-3,327	11,847	273	139	121,925
Indiana	3,137	687	1,858	3	2	23,862	0.8	-537	-875	37	30	23,929
Iowa	1,527	-423	81	3	1	15,620	1.0	-1,225	-2,967	16	4	15,640
Kansas	935	-169	-149	1	0	5,025	0.4	-694	25	20	20	5,065
Kentucky	1,254	-73	-4,063	0	0	9,642	0.5	193	-808	17	47	9,706
Louisiana	1,512	-7	-50	0	4	11,056	0.6	7	-134	33	9	11,098
Maine	635	33	-75	1	2	8,054	1.3	-147	237	19	6	8,079
Maryland	2,254	38	206	13	9	23,890	0.9	-100	2,854	126	51	24,067
Massachusetts	4,704	33	666	7	7	81,321	2.3	-2,197	-2,233	142	65	81,528
Michigan	5,650	-1,322	-3,617	1	3	66,107	1.5	-599	2,652	84	29	66,220
Minnesota	3,459	-140	-56	5	1	64,711	2.3	-1,754	4,958	71	51	64,833
Mississippi	893	-443	-123	1	1	6,178	0.5	235	442	28	16	6,222
Missouri	5,451	1,312	829	2	3	18,940	0.7	-948	1,591	52	21	19,013
Montana	505	-53	-158	6	0	8,610	1.8	-814	373	232	6	8,848
Nebraska	597	-337	73	0	0	6,021	0.6	-54	1,073	13	8	6,042
Nevada	2,404	-84	343	2	3	25,345	1.7	-254	5,850	76	54	25,475
New Hampshire	428	26	58	3	1	3,841	0.6	-165	807	6	1	3,848
New Jersey	8,387	-114	784	19	16	114,694	2.8	-2,279	10,867	233	176	115,103
New Mexico	722	-5	-15	0	2	10,258	1.3	34	611	103	31	10,392
New York	13,927	-422	-1,349	19	14	180,186	1.9	-2,716	9,579	283	208	180,677
North Carolina	3,072	158	-268	1	3	20,051	0.4	-113	1,447	48	84	20,183
North Dakota	238	-8	10	1	0	4,723	1.2	-471	175	10	5	4,738
Ohio	5,043	785	-10,716	5	6	50,665	0.9	-1,765	-6,324	63	58	50,786
Oklahoma	1,394	199	249	4	2	9,244	0.6	-161	-1,242	34	47	9,325
Oregon	4,305	940	384	1	0	27,378	1.4	-330	-4,403	252	31	27,661
Pennsylvania	9,498	-305	570	8	16	107,044	1.8	-4,547	13,165	236	158	107,438
Puerto Rico	850	-99	-146	4	2	14,217	1.6	-1,244	-1,013	131	59	14,407
Rhode Island	770	51	64	3	2	11,912	2.5	-331	1,019	36	26	11,974
South Carolina	1,791	-4	218	4	7	13,264	0.6	-358	669	30	39	13,333
South Dakota	135	-21	-19	0	0	2,320	0.5	-267	-252	23	1	2,344
Tennessee	2,740	-375	610	1	0	17,861	0.5	442	2,923	36	48	17,945
Texas	17,044	2,274	1,280	42	63	149,776	1.1	13,572	24,829	379	870	151,025
Utah	1,266	-61	-238	8	1	13,495	0.8	-546	1,422	109	16	13,620
Vermont	280	-98	-19	0	0	3,090	1.0	-344	-435	1	1	3,092
Virgin Islands	36	1	5	0	0	250	0.7	-18	44	2	2	254
Virginia	2,098	194	222	6	8	15,497	0.4	-115	3,739	89	87	15,673
Washington	5,100	12	64	8	20	62,969	1.8	-1,662	8,490	317	293	63,579
West Virginia	733	10	110	3	3	8,776	1.3	-496	757	34	16	8,826
Wisconsin	4,429	-60	-543	5	2	32,250	1.1	-1,431	-20	46	12	32,308
Wyoming	318	-30	23	13	1	2,324	0.9	-93	-62	33	4	2,361
Totals	193,921	2,149	-20,232	371	368	2,012,604	1.3	3,826	135,265	5,891	4,439	2,022,934

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED March 23, 2024

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
TX	+2,274	Layoffs in the retail trade and manufacturing industries.
MO	+1,312	Layoffs in the manufacturing, transportation and warehousing, and in administrative and support and waste management and remediation services industries.

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
MI	-1,322	Fewer layoffs in the manufacturing industry.

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#) [Weekly Claims Data](#)

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