



**UNITED STATES DEPARTMENT OF LABOR
EMPLOYEE BENEFITS SECURITY ADMINISTRATION
SAVINGS FITNESS AND HEALTH BENEFIT LAWS SPANISH WORKSHOPS**

The Employee Benefits Security Administration wants you to succeed in setting financial and retirement goals, as well as understanding how work and life changes can affect your health coverage. Please join us as we talk about these two important subjects. Below you can let us know if you are interested in attending just one or both of these important Workshops.

Savings Fitness: Planning for a secure retirement can be challenging, but the sooner you start, the easier it will be. Here is one simple way to get you on the road to financial security. We will discuss ways to increase your financial fitness and save for retirement, including making the most of employer-based retirement savings plans. Our Savings Fitness workshop starts you on the way to setting goals and putting your retirement high on the list of personal priorities.

Health Benefit Law: Changes in your life – such as losing your job or starting a new one, getting married, or having a baby – can impact the health coverage you and your family receive from your employer’s health plan. This workshop will help you understanding what rights you and your family have under federal health benefits laws so that you can make timely and informed decision when you need to. We will cover laws such as COBRA, HIPAA, and the Affordable Care Act.

Who should attend? Anyone who wants to make saving for retirement and understanding health benefits a priority!

Pre-registration for the workshops is required by August 28, 2012 and space is limited to the first 15 registrants. We ask that you make every effort to attend the workshop once you register or send an alternate. Late registrations will be accepted based upon availability and seats are allocated on a first-come basis. Attendees must bring a valid picture ID. Please act quickly to reserve your spot! Note: Both workshops will be Spanish only.

WHEN: August 29, 2012

WHERE: 33 Whitehall Street, Suite 1200
New York, New York 10004

COST: The workshops and all materials provided are free!

REGISTRATION: Email this form to Villegas.manuel@dol.gov

FOR MORE INFORMATION: Telephone Manuel Villegas at (212) 607-8606

EBSA benefits advisors will be onsite to address your specific questions. One-on-one assistance will be available after the workshops.

- One-on-one assistance requested.
- Individuals with disabilities who need special accommodations please check here.
- The attendees list will be available on request. Please check here if you do not want your name shared.

WORKSHOP SELECTION AND REGISTRATION FORM

SAVINGS FITNESS 10 – 11:00 AM EDT

HEALTH BENEFIT LAWS 11:30 – 12:30 PM EDT

REGISTRANTS NAME:

TITLE:

COMPANY AND/OR ASSOCIATION:

ADDRESS:

TELEPHONE/FAX NUMBER:

EMAIL ADDRESS:

