-----Original Message-----From: noreen.lingham@rcmt.com [mailto:noreen.lingham@rcmt.com] Sent: Tuesday, April 27, 2010 9:05 AM To: EBSA, E-OHPSCA - EBSA Subject: Comment in support of RIN 1210-AB30

April 27, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

As a school nurse in NYC, I see kids everyday who could benefit from having a professional to talk to about what is going on in their lives. We have children losing family members including refugees from Haiti's horrific earthquake, kids being bullied on a daily basis, single parent families where the parent is working two jobs to keep a roof over their heads so these kids are raising themselves. These are some of teh very kids that end up self medicating with drugs or alcohol to numb their pain. I can only do so much in the course of a day, but if these kids had the option to speak with someone on a regular basis I can't help but believe things might be very different.

Please support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Act of 2008. (RIN 1210-AB30)

Sincerely,

Noreen Lingham RN 74 Kuhl Avenue Hicksville, NY 11801