



News Release

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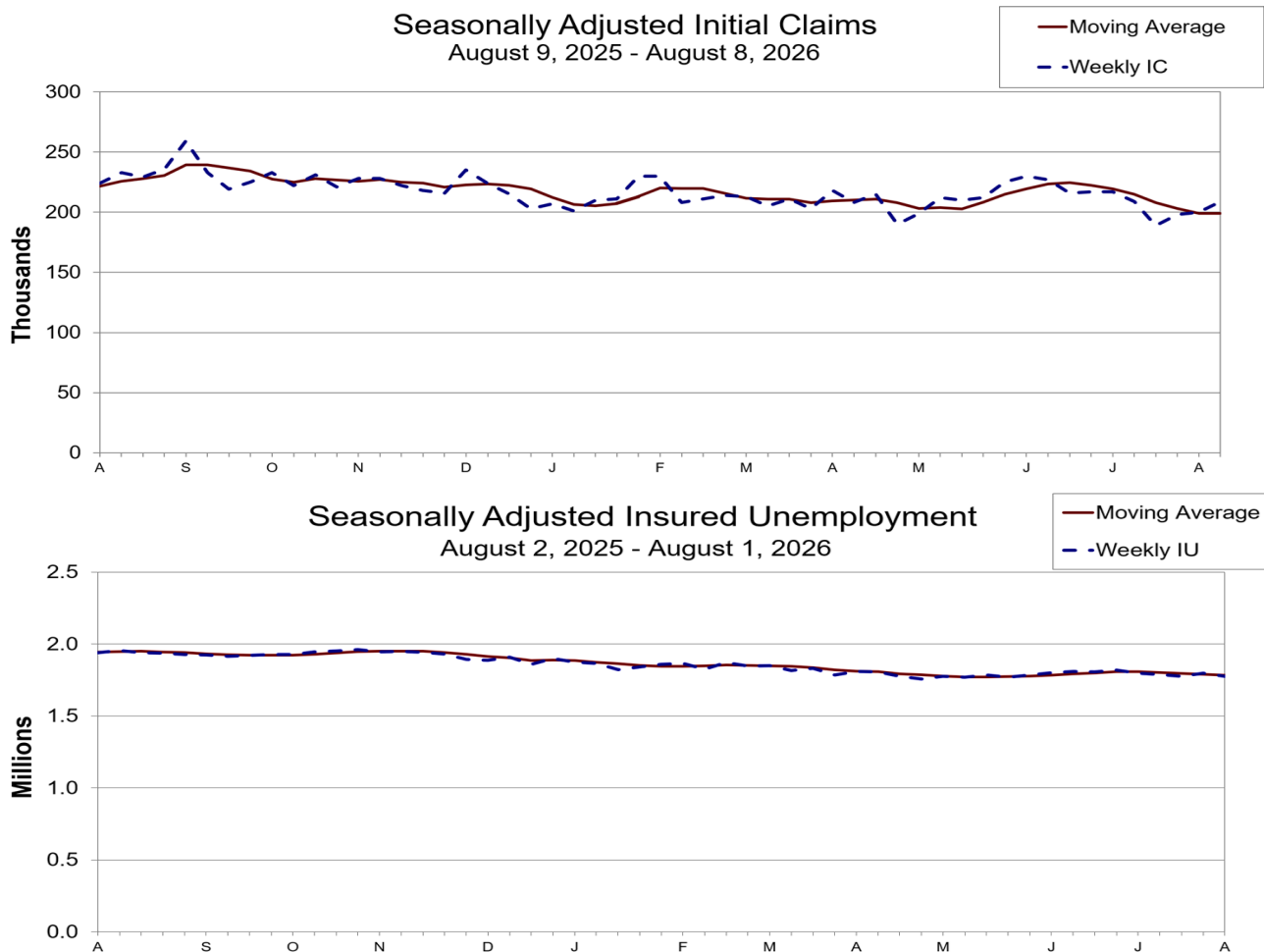
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8:30 A.M. (Eastern) Thursday, August 13, 2026

UNEMPLOYMENT INSURANCE WEEKLY CLAIMS

SEASONALLY ADJUSTED DATA

In the week ending August 8, the advance figure for seasonally adjusted **initial claims** was 209,000, an increase of 9,000 from the previous week's revised level. The previous week's level was revised up by 1,000 from 199,000 to 200,000. The 4-week moving average was 199,000, unchanged from the previous week's revised average. The previous week's average was revised up by 250 from 198,750 to 199,000.

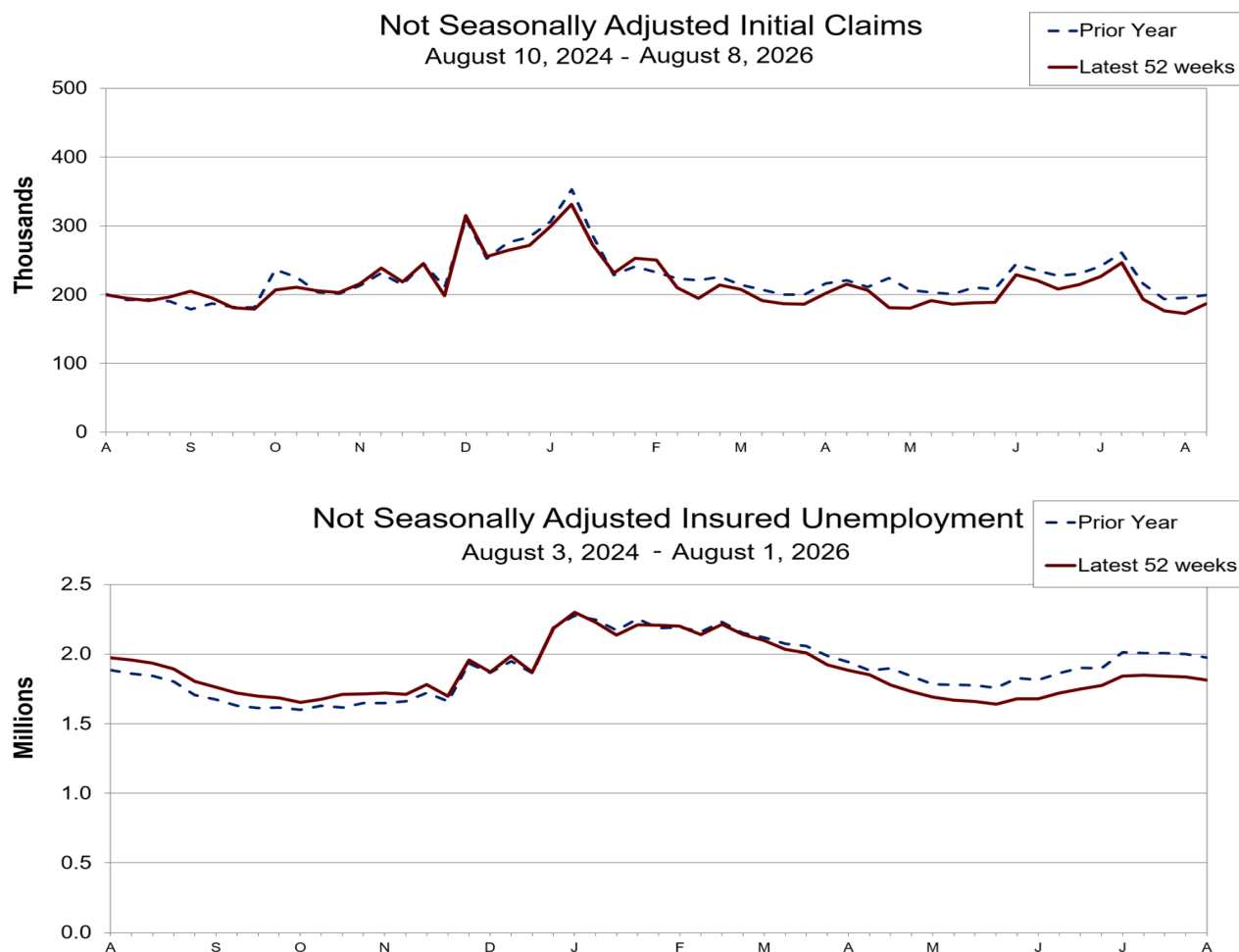
The advance seasonally adjusted **insured unemployment rate** was 1.2 percent for the week ending August 1, unchanged from the previous week's unrevised rate. The advance number for seasonally adjusted **insured unemployment** during the week ending August 1 was 1,777,000, a decrease of 22,000 from the previous week's revised level. The previous week's level was revised down by 2,000 from 1,801,000 to 1,799,000. The 4-week moving average was 1,785,500, a decrease of 5,250 from the previous week's revised average. The previous week's average was revised down by 500 from 1,791,250 to 1,790,750.



UNADJUSTED DATA

The advance number of actual initial claims under state programs, unadjusted, totaled 186,909 in the week ending August 8, an increase of 14,437 (or 8.4 percent) from the previous week. The seasonal factors had expected an increase of 6,410 (or 3.7 percent) from the previous week. There were 199,390 initial claims in the comparable week in 2025.

The advance unadjusted insured unemployment rate was 1.2 percent during the week ending August 1, unchanged from the prior week. The advance unadjusted level of insured unemployment in state programs totaled 1,811,074, a decrease of 23,826 (or -1.3 percent) from the preceding week. The seasonal factors had expected a decrease of 1,799 (or -0.1 percent) from the previous week. A year earlier the rate was 1.3 percent and the volume was 1,973,535.



The total number of continued weeks claimed for benefits in all programs for the week ending July 25 was 1,860,413, a decrease of 7,403 from the previous week. There were 2,032,078 weekly claims filed for benefits in all programs in the comparable week in 2025.

No state was triggered "on" the Extended Benefits program during the week ending July 25.

Initial claims for UI benefits filed by former Federal civilian employees totaled 401 in the week ending August 1, a decrease of 49 from the prior week. There were 408 initial claims filed by newly discharged veterans, a decrease of 3 from the preceding week.

There were 6,505 continued weeks claimed filed by former Federal civilian employees the week ending July 25, an increase of 325 from the previous week. Newly discharged veterans claiming benefits totaled 4,955, an increase of 256 from the prior week.

The highest insured unemployment rates in the week ending July 25 were in New Jersey (2.6), Puerto Rico (2.6), Rhode Island (2.3), Massachusetts (2.1), Minnesota (2.1), Oregon (2.0), California (1.9), Washington (1.9), Connecticut (1.8), Nevada (1.7), New York (1.7), and Pennsylvania (1.7).

The largest increases in initial claims for the week ending August 1 were in New Jersey (+690), Pennsylvania (+688), Connecticut (+352), South Carolina (+220), and Iowa (+175), while the largest decreases were in California (-973), Illinois (-761), North Carolina (-677), Ohio (-636), and Georgia (-506).

UNEMPLOYMENT INSURANCE DATA FOR REGULAR STATE PROGRAMS

WEEK ENDING	August 8	August 1	Change	July 25	Prior Year ¹
Initial Claims (SA)	209,000	200,000	+9,000	198,000	224,000
Initial Claims (NSA)	186,909	172,472	+14,437	176,535	199,390
4-Wk Moving Average (SA)	199,000	199,000	0	203,250	221,750

WEEK ENDING	August 1	July 25	Change	July 18	Prior Year ¹
Insured Unemployment (SA)	1,777,000	1,799,000	-22,000	1,777,000	1,942,000
Insured Unemployment (NSA)	1,811,074	1,834,900	-23,826	1,842,561	1,973,535
4-Wk Moving Average (SA)	1,785,500	1,790,750	-5,250	1,796,250	1,945,500
Insured Unemployment Rate (SA) ²	1.2%	1.2%	0.0	1.2%	1.3%
Insured Unemployment Rate (NSA) ²	1.2%	1.2%	0.0	1.2%	1.3%

INITIAL CLAIMS FILED IN FEDERAL PROGRAMS (UNADJUSTED)

WEEK ENDING	August 1	July 25	Change	Prior Year ¹
Federal Employees (UCFE)	401	450	-49	637
Newly Discharged Veterans (UCX)	408	411	-3	439

CONTINUED WEEKS CLAIMED FILED FOR UI BENEFITS IN ALL PROGRAMS (UNADJUSTED)

WEEK ENDING	July 25	July 18	Change	Prior Year ¹
Regular State	1,830,251	1,837,667	-7,416	1,992,968
Federal Employees	6,505	6,180	+325	8,193
Newly Discharged Veterans	4,955	4,699	+256	4,618
Extended Benefits ³	25	15	+10	61
State Additional Benefits ⁴	2,980	2,969	+11	2,608
STC / Workshare ⁵	15,697	16,286	-589	23,630
TOTAL	1,860,413	1,867,816	-7,403	2,032,078

FOOTNOTES

SA - Seasonally Adjusted Data, NSA - Not Seasonally Adjusted Data Continued weeks claimed represent all weeks of benefits claimed during the week being reported, and do not represent weeks claimed by unique individuals.

1. Prior year is comparable to most recent data.
2. Most recent week used covered employment of 153,732,307 as denominator.
3. Information on the EB program can be found here: [EB Program information](#)
4. Some states maintain additional benefit programs for those claimants who exhaust regular benefits, and when applicable, extended benefits. Information on states that participate, and the extent of benefits paid, can be found starting on page 4-5 of this link: [Extensions and Special Programs PDF](#)
5. Information on STC/Worksharing can be found starting on page 4-11 of the following link: [Extensions and Special Programs PDF](#)

Advance State Claims - Not Seasonally Adjusted

STATE	Initial Claims Filed During Week Ended August 8			Insured Unemployment For Week Ended August 1		
	Advance	Prior Wk	Change	Advance	Prior Wk	Change
Alabama	1,510	1,550	-40	7,583	8,594	-1,011
Alaska	431	341	90	3,262	3,319	-57
Arizona	2,677	2,804	-127	22,754	26,076	-3,322
Arkansas	1,260	1,226	34	5,652	6,281	-629
California	38,006	36,877	1,129	347,452	348,624	-1,172
Colorado	3,173	2,785	388	32,109	31,077	1,032
Connecticut	3,365	3,070	295	30,083	30,251	-168
Delaware	495	501	-6	5,651	5,810	-159
District of Columbia	747	624	123	7,807	7,882	-75
Florida	5,622	5,551	71	31,602	35,619	-4,017
Georgia	4,529	3,761	768	24,944	26,027	-1,083
Hawaii	1,134	978	156	6,146	6,149	-3
Idaho	625	597	28	4,524	4,984	-460
Illinois *	6,459	6,286	173	93,886	93,686	200
Indiana	2,333	1,953	380	18,168	18,092	76
Iowa	1,439	1,571	-132	8,311	8,139	172
Kansas	1,881	1,050	831	8,276	7,587	689
Kentucky *	1,500	1,530	-30	10,166	10,320	-154
Louisiana	1,322	1,510	-188	7,011	8,206	-1,195
Maine	434	351	83	4,922	4,975	-53
Maryland	2,300	2,370	-70	25,658	25,556	102
Massachusetts	4,700	4,199	501	75,563	76,856	-1,293
Michigan	6,414	4,485	1,929	47,551	51,446	-3,895
Minnesota	3,650	3,337	313	61,938	59,674	2,264
Mississippi	921	843	78	7,137	8,421	-1,284
Missouri	2,221	2,266	-45	19,709	20,847	-1,138
Montana	340	363	-23	4,232	4,371	-139
Nebraska *	586	563	23	5,956	6,026	-70
Nevada	2,675	2,606	69	26,760	26,582	178
New Hampshire	342	400	-58	3,642	4,192	-550
New Jersey	9,547	8,682	865	111,796	110,494	1,302
New Mexico	833	808	25	10,028	10,091	-63
New York	14,562	12,942	1,620	166,599	165,048	1,551
North Carolina	3,022	2,342	680	18,591	20,118	-1,527
North Dakota	187	204	-17	2,216	2,186	30
Ohio	4,141	4,425	-284	41,368	42,382	-1,014
Oklahoma	1,262	1,138	124	11,135	11,304	-169
Oregon	4,842	4,271	571	41,127	39,696	1,431
Pennsylvania	9,443	9,222	221	100,104	100,514	-410
Puerto Rico	963	1,260	-297	13,551	24,503	-10,952
Rhode Island	899	641	258	10,921	11,028	-107
South Carolina	3,172	2,016	1,156	16,991	17,916	-925
South Dakota	145	169	-24	1,235	1,297	-62
Tennessee	2,845	2,633	212	17,397	18,042	-645
Texas	15,007	13,730	1,277	152,261	152,451	-190
Utah	1,263	1,250	13	10,748	10,943	-195
Vermont	291	338	-47	2,755	2,966	-211
Virgin Islands	27	39	-12	344	388	-44
Virginia	2,525	2,280	245	22,517	20,603	1,914
Washington	5,281	4,479	802	71,911	68,584	3,327
West Virginia	614	608	6	6,449	6,135	314
Wisconsin	2,759	2,433	326	20,932	20,972	-40
Wyoming	188	214	-26	1,643	1,570	73
US Total	186,909	172,472	14,437	1,811,074	1,834,900	-23,826

Note: Advance claims are not directly comparable to claims reported in prior weeks. Advance claims are reported by the state liable for paying the unemployment compensation, whereas previous weeks reported claims reflect claimants by state of residence. In addition, claims reported as "workshare equivalent" in the previous week are added to the advance claims as a proxy for the current week's "workshare equivalent" activity.

*Denotes OUI estimate.

Seasonally Adjusted US Weekly UI Claims (in thousands)

Week Ending	Change from			Change from			IUR
	Initial Claims	Prior Week	4-Week Average	Insured Unemployment	Prior Week	4-Week Average	
August 2, 2025	226	7	221.00	1,942	-21	1,945.50	1.3
August 9, 2025	224	-2	221.75	1,957	15	1,949.50	1.3
August 16, 2025	233	9	225.50	1,942	-15	1,951.00	1.3
August 23, 2025	229	-4	228.00	1,937	-5	1,944.50	1.3
August 30, 2025	236	7	230.50	1,927	-10	1,940.75	1.3
September 6, 2025	259	23	239.25	1,925	-2	1,932.75	1.3
September 13, 2025	233	-26	239.25	1,916	-9	1,926.25	1.3
September 20, 2025	219	-14	236.75	1,921	5	1,922.25	1.3
September 27, 2025	225	6	234.00	1,929	8	1,922.75	1.3
October 4, 2025	233	8	227.50	1,928	-1	1,923.50	1.3
October 11, 2025	222	-11	224.75	1,947	19	1,931.25	1.3
October 18, 2025	231	9	227.75	1,953	6	1,939.25	1.3
October 25, 2025	221	-10	226.75	1,962	9	1,947.50	1.3
November 1, 2025	228	7	225.50	1,946	-16	1,952.00	1.3
November 8, 2025	228	0	227.00	1,949	3	1,952.50	1.3
November 15, 2025	222	-6	224.75	1,943	-6	1,950.00	1.3
November 22, 2025	218	-4	224.00	1,932	-11	1,942.50	1.3
November 29, 2025	216	-2	221.00	1,894	-38	1,929.50	1.2
December 6, 2025	235	19	222.75	1,887	-7	1,914.00	1.2
December 13, 2025	224	-11	223.25	1,910	23	1,905.75	1.2
December 20, 2025	215	-9	222.50	1,860	-50	1,887.75	1.2
December 27, 2025	203	-12	219.25	1,900	40	1,889.25	1.2
January 3, 2026	207	4	212.25	1,875	-25	1,886.25	1.2
January 10, 2026	201	-6	206.50	1,865	-10	1,875.00	1.2
January 17, 2026	210	9	205.25	1,823	-42	1,865.75	1.2
January 24, 2026	211	1	207.25	1,842	19	1,851.25	1.2
January 31, 2026	230	19	213.00	1,859	17	1,847.25	1.2
February 7, 2026	230	0	220.25	1,865	6	1,847.25	1.2
February 14, 2026	208	-22	219.75	1,827	-38	1,848.25	1.2
February 21, 2026	211	3	219.75	1,871	44	1,855.50	1.2
February 28, 2026	214	3	215.75	1,847	-24	1,852.50	1.2
March 7, 2026	213	-1	211.50	1,851	4	1,849.00	1.2
March 14, 2026	205	-8	210.75	1,816	-35	1,846.25	1.2
March 21, 2026	211	6	210.75	1,832	16	1,836.50	1.2
March 28, 2026	203	-8	208.00	1,787	-45	1,821.50	1.2
April 4, 2026	218	15	209.25	1,809	22	1,811.00	1.2
April 11, 2026	208	-10	210.00	1,808	-1	1,809.00	1.2
April 18, 2026	215	7	211.00	1,776	-32	1,795.00	1.2
April 25, 2026	190	-25	207.75	1,758	-18	1,787.75	1.1
May 2, 2026	199	9	203.00	1,776	18	1,779.50	1.2
May 9, 2026	212	13	204.00	1,771	-5	1,770.25	1.2
May 16, 2026	210	-2	202.75	1,785	14	1,772.50	1.2
May 23, 2026	212	2	208.25	1,771	-14	1,775.75	1.2
May 30, 2026	225	13	214.75	1,786	15	1,778.25	1.2
June 6, 2026	230	5	219.25	1,800	14	1,785.50	1.2
June 13, 2026	227	-3	223.50	1,812	12	1,792.25	1.2
June 20, 2026	216	-11	224.50	1,806	-6	1,801.00	1.2
June 27, 2026	217	1	222.50	1,821	15	1,809.75	1.2
July 4, 2026	217	0	219.25	1,798	-23	1,809.25	1.2
July 11, 2026	209	-8	214.75	1,789	-9	1,803.50	1.2
July 18, 2026	189	-20	208.00	1,777	-12	1,796.25	1.2
July 25, 2026	198	9	203.25	1,799	22	1,790.75	1.2
August 1, 2026	200	2	199.00	1,777	-22	1,785.50	1.2
August 8, 2026	209	9	199.00				

INITIAL CLAIMS FILED DURING WEEK ENDED AUGUST 1						INSURED UNEMPLOYMENT FOR WEEK ENDED JULY 25						
STATE NAME	STATE	CHANGE FROM		UCFE ¹	UCX ¹	STATE	(%) ²	CHANGE FROM		UCFE ¹	UCX ¹	TOTAL INSURED UNEMPLOYMENT
		LAST WEEK	YEAR AGO					LAST WEEK	YEAR AGO			
Alabama	1,550	-74	-580	3	5	8,594	0.4	-62	-1,667	32	22	8,648
Alaska	341	-77	-83	0	0	3,319	1.0	17	-195	22	4	3,345
Arizona	2,804	-255	-719	5	5	26,076	0.8	321	-8,129	145	32	26,253
Arkansas	1,226	-97	-5	1	2	6,281	0.5	7	-2,279	12	2	6,295
California	36,877	-973	-2,787	76	81	348,624	1.9	3,659	-47,519	854	1,374	350,852
Colorado	2,785	57	2	1	14	31,077	1.1	-81	-69	127	211	31,415
Connecticut	3,070	352	-334	4	2	30,251	1.8	2,065	-1,756	87	28	30,366
Delaware	501	-5	239	5	3	5,810	1.2	438	-494	8	5	5,823
District of Columbia	624	-12	-156	36	3	7,882	1.4	0	-3,957	517	7	8,406
Florida	5,551	-452	-701	16	20	35,619	0.4	-83	-2,943	105	73	35,797
Georgia	3,761	-506	-695	20	13	26,027	0.5	-944	-2,334	154	96	26,277
Hawaii	978	0	16	1	6	6,149	1.0	184	303	46	59	6,254
Idaho	597	4	-209	0	1	4,984	0.6	-39	-569	11	12	5,007
Illinois	6,286	-761	-3,702	4	4	93,686	1.6	-2,720	-11,613	328	143	94,157
Indiana	1,953	-56	-597	0	2	18,092	0.6	-609	-2,195	36	12	18,140
Iowa	1,571	175	-710	2	0	8,139	0.5	-217	-1,836	16	5	8,160
Kansas	1,050	51	-38	1	0	7,587	0.5	-105	-1,350	27	29	7,643
Kentucky	1,530	-59	-146	1	0	10,320	0.5	-297	-380	68	54	10,442
Louisiana	1,510	-1	-63	3	5	8,206	0.4	8	-3,658	28	10	8,244
Maine	351	-59	-85	0	0	4,975	0.8	-12	-540	14	5	4,994
Maryland	2,370	88	-168	35	11	25,556	1.0	243	-4,524	363	82	26,001
Massachusetts	4,199	-65	-215	1	3	76,856	2.1	707	-632	195	105	77,156
Michigan	4,485	-435	-1,550	3	1	51,446	1.2	-4,850	584	68	26	51,540
Minnesota	3,337	-190	-215	4	0	59,674	2.1	-128	-2,925	62	45	59,781
Mississippi	843	-87	-77	2	1	8,421	0.7	-249	-430	36	7	8,464
Missouri	2,266	-237	-275	2	0	20,847	0.7	429	-1,747	70	14	20,931
Montana	363	43	15	3	1	4,371	0.9	-116	-117	26	5	4,402
Nebraska	563	34	-60	0	1	6,026	0.6	-17	3	14	5	6,045
Nevada	2,606	-31	-154	0	2	26,582	1.7	-58	19	41	67	26,690
New Hampshire	400	55	-79	1	1	4,192	0.6	-111	-227	5	1	4,198
New Jersey	8,682	690	-1,274	14	18	110,494	2.6	-1,267	-4,762	238	228	110,960
New Mexico	808	-32	52	7	1	10,091	1.2	4	-929	126	26	10,243
New York	12,942	159	38	23	8	165,048	1.7	-905	188	339	229	165,616
North Carolina	2,342	-677	-1,077	1	1	20,118	0.4	39	-2,832	61	92	20,271
North Dakota	204	-16	-19	3	0	2,186	0.5	-280	-641	169	2	2,357
Ohio	4,425	-636	-517	5	8	42,382	0.8	1,030	-7,399	62	63	42,507
Oklahoma	1,138	-11	-212	4	5	11,304	0.7	-230	-788	46	32	11,382
Oregon	4,271	-134	-293	5	2	39,696	2.0	-3	2,595	116	50	39,862
Pennsylvania	9,222	688	-692	15	12	100,514	1.7	-166	-12,167	329	99	100,942
Puerto Rico	1,260	-55	-34	1	9	24,503	2.6	880	319	224	65	24,792
Rhode Island	641	-108	66	5	1	11,028	2.3	-33	-1,159	30	11	11,069
South Carolina	2,016	220	20	5	12	17,916	0.8	-47	611	50	37	18,003
South Dakota	169	-7	16	5	0	1,297	0.3	8	-67	132	1	1,430
Tennessee	2,633	8	-197	4	4	18,042	0.6	-803	-906	45	37	18,124
Texas	13,730	-359	-3,190	48	101	152,451	1.1	-4,092	-23,558	527	887	153,865
Utah	1,250	134	-91	5	2	10,943	0.6	60	-1,036	63	25	11,031
Vermont	338	-319	87	0	0	2,966	1.0	373	103	6	2	2,974
Virgin Islands	39	-3	15	0	0	388	1.1	72	92	2	2	392
Virginia	2,280	-50	-335	13	8	20,603	0.5	278	-885	179	107	20,889
Washington	4,479	-80	-635	4	25	68,584	1.9	-57	-5,536	174	406	69,164
West Virginia	608	-10	-60	2	1	6,135	0.9	2	-819	29	5	6,169
Wisconsin	2,433	94	-511	2	3	20,972	0.7	94	-2,211	34	9	21,015
Wyoming	214	14	-46	0	0	1,570	0.6	2	-110	7	0	1,577
Totals	172,472	-4,063	-23,020	401	408	1,834,900	1.2	-7,661	-165,073	6,505	4,955	1,846,360

Figures appearing in columns showing over-the-week changes reflect all revisions in data for prior week submitted by state agencies.

1. The Unemployment Compensation program for Federal Employees (UCFE) and the Unemployment Compensation for Ex-servicemembers (UCX) exclude claims filed jointly under other programs to avoid duplication.
2. Rate is not seasonally adjusted. The source of U.S. total covered employment is BLS.

UNADJUSTED INITIAL CLAIMS FOR WEEK ENDED AUGUST 1, 2026

STATES WITH AN INCREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
None		

STATES WITH A DECREASE OF MORE THAN 1,000

State	Change	State Supplied Comment
None		

TECHNICAL NOTES

This news release presents the weekly unemployment insurance (UI) claims reported by each state's unemployment insurance program offices. These claims may be used for monitoring workload volume, assessing state program operations and for assessing labor market conditions. States initially report claims directly taken by the state liable for the benefit payments, regardless of where the claimant who filed the claim resided. These are the basis for the advance initial claims and continued claims reported each week. These data come from ETA 538, Advance Weekly Initial and Continued Claims Report. The following week initial claims and continued claims are revised based on a second reporting by states that reflect the claimants by state of residence. These data come from the ETA 539, Weekly Claims and Extended Benefits Trigger Data Report.

A. Initial Claims

An initial claim is a claim filed by an unemployed individual after a separation from an employer. The claimant requests a determination of basic eligibility for the UI program. When an initial claim is filed with a state, certain programmatic activities take place and these result in activity counts including the count of initial claims. The count of U.S. initial claims for unemployment insurance is a leading economic indicator because it is an indication of emerging labor market conditions in the country. However, these are weekly administrative data which are difficult to seasonally adjust, making the series subject to some volatility.

B. Continued Weeks Claimed

A person who has already filed an initial claim and who has experienced a week of unemployment then files a continued claim to claim benefits for that week of unemployment. On a weekly basis, continued claims are also referred to as insured unemployment, as continued claims reflect a good approximation of the current number of insured unemployed workers filing for UI benefits. The count of U.S. continued weeks claimed is also a good indicator of labor market conditions. While continued claims are not a leading indicator (they roughly coincide with economic cycles at their peaks and lag at cycle troughs), they provide confirming evidence of the direction of the U.S. economy.

C. Seasonal Adjustments and Annual Revisions

Over the course of a year, the weekly changes in the levels of initial claims and continued claims undergo regularly occurring fluctuations. These fluctuations may result from seasonal changes in weather, major holidays, the opening and closing of schools, or other similar events. Because these seasonal events follow a more or less regular pattern each year, their influence on the level of a series can be tempered by adjusting for regular seasonal variation. These adjustments make trend and cycle developments easier to spot. At the beginning of each calendar year, the Bureau of Labor Statistics provides the Employment and Training Administration (ETA) with a set of seasonal factors to apply to the unadjusted data during that year. Concurrent with the implementation and release of the new seasonal factors, ETA incorporates revisions to the UI claims historical series caused by updates to the unadjusted data. For further questions on the seasonal adjustment methodology, please see the [official release page for the UI claims seasonal adjustment factors](#) or contact BLS directly through the [Local Area Unemployment Statistics web contact form](#).

[Weekly Claims Archives](#) [Weekly Claims Data](#)

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