

From: Esther & Dick [mailto:dboehm@dishmail.net]
Sent: Wednesday, April 29, 2009 2:16 PM
To: EBSA, E-OHPSCA - EBSA
Subject: mental Health Parity

Hello

My daughter's insurance has a lifetime limit for the number of visits to a psychiatrist. She has a chronic mental illness and will use this up this year. She will have to severely limit the number of her visits which is not good for her mental health.

I see a psychiatrist and my insurance limits the number of visits to 5 a year which is enough for me right now. When I first got sick this would not have been enough. Then I was off work with a small disability insurance payment and paying \$1000 a month for cobra insurance. How could I afford to see the psychiatrist as often as I needed to paying out of my pocket.?

We do not limit the number of visits you can make to medical doctors. We should treat psychiatrist as medical doctors which they are.

Thank you for your attention to this matter.

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